



Annual Day 04

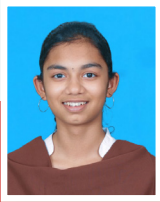


Students' Corner 05



Teachers' Corner 07

## Gratitude Note of the Class XII Toppers (AY-2022-23)



497/500  
State 1<sup>st</sup>  
Place

*Rhevaa Sudarsan Raj*

Expressing gratitude brings happiness. The warmth one could spread through it has no boundaries. I, *S Rhevaa*, feel extremely privileged and honored to express my heartfelt thanks to the school and the teachers who have moulded me into who I am right now, through the columns of our very own Shrishti Heralds. No matter how much I thank, I would always stay indebted to the teachers for their immense support and guidance. From unravelling our talents, to helping us realise our potential, you have always pushed us to give our best. Thank you teachers for encouraging us to strive hard and excel in the paths we choose. There is no way I can forget the motivation and encouragement that our Principal had given us. Thank you sir, for adding humour to real life incidents so that we understand the true depths of life and at the same time accept it with joy. A big thank you, to our Headmistress for heeding to our requests and grievances and sorting it out in no time. Thank you mam, for patiently listening to us, no matter how many times we've pestered you for something or the other. I'd also like to express my gratitude to our Vice Principal for guiding us through the years. Once again, on behalf of all the students of Batch 2022-23, a huge thank you to all the teachers, coordinators and the non-teaching staff for making us feel at home. Thank you Shrishti for giving us a string of memories to cherish for the rest of our lives.



486/500  
District 3<sup>rd</sup>  
Place

*Vigit*

I would like to thank the entire authority of shrishti schools and the outstanding teachers who helped and guided me during the high school. I would like to thank the teachers who give their very best everyday for the betterment of all the students, and for always being ready to share their knowledge with everyone, which enhances the student's mindset and enable them to shine in the future. Shrishti school has always been the best for their students and helped them in all possible ways for their academic, cultural and overall character development. The excellent teaching and adoption of new teaching methods helped us gain immense knowledge on the content during the high school. I want to thank and express my gratitude to everyone who has been a part of my life and this journey. Every drop in the ocean counts, and I will never forget those who helped me in sailing through difficulties.  
Thank You



486/500  
District 3<sup>rd</sup>  
Place

*S.N. Adhithya*

I am indebted to the outstanding teachers who go above and beyond, relentlessly striving for the betterment of all students. Their unwavering commitment to sharing their wisdom has elevated our mindsets, paving the way for a radiant future. Shrishti School has consistently proved itself to be the epitome of excellence, leaving no stone unturned in fostering academic brilliance, cultural enrichment, and holistic character development.

The sheer brilliance of their teaching methodologies has empowered us to amass an abundance of knowledge during our high school years. My deepest gratitude goes out to all those who have played a role in shaping my life and accompanying me on this incredible expedition. Each contribution, no matter how small, has made a monumental difference, and I will forever cherish the memories of those who aided me in navigating through the storms of challenges.  
Thank you

485/500  
School 3<sup>rd</sup>  
Place



*Rakshana.R.R*

potential have been invaluable. I am forever grateful for the impact you have had on my life. With heartfelt appreciation,

Dear teachers and Shrishti,

I'm immensely grateful for your support and guidance in my grade 11-12 journey. Your teaching and expertise helped me score 97%. My teachers, have moulded me into a well-rounded individual, not just academically, but also in character.

Your patience, dedication, and belief in my

# Gratitude Note of the Class X Toppers (AY-2022-23)



**495/500**  
**District 1<sup>st</sup>**  
**Place**

*Vibha Nethra.M.A*

In our daily life, we forget to be grateful for many things. The comfort of our lives, the care of our parents, the beauty of the nature around us, or for simply being alive. In my case, one of the things I feel the most grateful for, is my school, Shrishti. My school has crafted me into who I am. When I look back, I don't think I would've turned out to be the person I am today, without Shrishti.

I've been studying here since my kindergarten days, so it suffices to say that it is pretty much my second home. One thing that caught my eye the first time, and still amazes me to this day, is the gorgeous, lush greenery. However, it was the teachers that made me stay. My teachers are the architects of my achievements. They were gentle but subtly firm, they knew how to make us laugh but also how to make us obedient. It was our dedicated principal, vice-principal and the hardworking team of coordinators who captained this ship and kept it running smoothly.

The greatest gift this school has given me, are the friends I made here. They were with me through the happiest of times and well as the most despairing of ones. Their silent support and strength has motivated me to do things that I wouldn't have dared to dream about. I am deeply grateful for the friends I have been blessed with.

Every single moment I've spent in Shrishti is deserving of gratitude.

Certain places and times like our bustling canteen, our glorious utsav, even more cherished than others. My school has been the source of some of my most beloved memories. To Shrishti, I am eternally grateful.



**492/500**  
**District 3<sup>rd</sup>**  
**Place**

*E.Vaishnavi*

Greetings to all! I would like to thank our respected principal, teachers and all the other staff for another yet wonderful year at Shrishti schools. I am *E.Vaishnavi* of class XI. I joined Shrishti Vidyashram in my sixth grade and it has been nothing but a delightful experience since then. The teachers have always helped us and guided us toward our dreams and ultimate success. One of the most important reasons for my achieving the district IIIrd place in my tenth boards was the unwavering support from the teachers to work for the best. I will forever be grateful to the principal and the teachers for having faith and always believing in me. To the teachers, thank you for sharing your time, talent and knowledge with us. We are always thankful for your timely help and advice which helped us through the year. To the principal and the office staff, thank you for making the school and the students as good as possible. We are also grateful to the non-teaching staff for keeping things running smoothly. It is only through your efforts that the school campus is as beautiful as it is. Once again, I would like to thank the school management for a wonderful academic year on behalf of all the students.

THANK YOU!



**491/500**  
**School 3<sup>rd</sup>**  
**Place**

*Jyoshika Vijayan*

Shrishti is not just a word, it's an emotion...

It's an honor to be called a 'Shrishtian'. This school for me is like my first home as I have spent most of the hours of my day here. Firstly, the atmosphere of our school captivates each and everyone of our hearts. The courage and confidence that's built in me today is because of the school and my teachers who have been a great part of my journey. I still remember the day I entered Shrishti as a toddler, exhilarated to experience the new world. Needless to say, they have worked on me even more to prepare me for the outside world from scratch. My teachers have guided me like my parents and supported me like friends. Because of which, they today hold such a special place in my heart. They were ready to clear our doubts at any time.

Our mentors were indeed a great support. They ensured that we were preparing well throughout. Their constant support and help made me score very well in the Boards. Most noteworthy, our teachers not only educate us, but they teach us about the lesson of life. I thank the Teachers for their immense hard work in making me a better human. Words can never do justice to the immense contribution you have made in my life. You taught us to be persistent and chase the dream without compromising on small issues; that was



**491/500**  
**School 3<sup>rd</sup>**  
**Place**

*Sarvesh Anand*

Every child deserves a champion; an adult who will never give up on them, who understands the power of connection and

insists that they become the best they can possibly be. My emotional bonding and moulding began with Shrishti since early 2010. In my 12 years of Shrishti life, I realized that I had more than just 'champions'. They helped me study well, encouraged me, made me realise what I am. I wish to thank and extend my gratitude to each and every one, our respected Principal sir, beloved and most

friendly class teacher, George Babu sir, respected teachers, workers, transport staff who all helped me in my journey. A lot to say more but words not enough. Wherever I go, whatever place I stand in life, Shrishti shall remain in the sweetest part of my memories. Love you ever Shrishti.

Thank you all again.



one of several lessons I have learnt from all of you. Coordinators - they are the best that I could ask for. They keep me on my toes and challenge me to do my best. They prove to us every time that we are capable of so much more. I feel so grateful in thanking my Principal, for being such a great and exceptional leader for managing the entire school and us distinctively. You are so humble and make yourself accessible to all. Thank you sir, for every time you made us a priority and made efforts to improve our educational quality. I want to express my deep gratitude to the entire school for the dedicated work you do day after day. This makes me realize that, being a Shrishtian, I have something special that many don't have. Whenever I feel very down with stress and want to give up, my parents have always been there, encouraging me to push through and continue to give my best. Friends at Shrishti are the perfect ones who share all the laughs, advice and sweet memories throughout time. Thank You everyone! I'm thankful to the janitors, gardeners, bus drivers and conductors, security personnel and other non-teaching staff of my school as well. I truly appreciate the effort they have made for us. I will always remain grateful for everything that Shrishti did for me in any way. Thank you Shrishti, for being an indispensable part of my life!



## Shrishti Vidyashram Sr. Sec. School

Near VIT, Brammapuram, Vellore - 632014, Tamil Nadu

### Congratulations JEE TOPPERS

#### JEE MAIN - 2023 Phase - II ACHIEVEMENTS



VIGIT G S

99.77 Percentile



S B SANJEEV  
SUBRAMANIYAN

99.76 Percentile



SANTHOSH KUMAR S

98.35 Percentile



RHEEVA SUDARSAN  
RAJ

98.32 Percentile



MOHAMED AMRUSHIZ

97.86 Percentile



S.A.SASIKUMARAN

97.00 Percentile



SANJAY  
KARUNAKARAN

96.91 Percentile



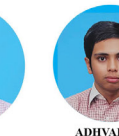
SAMUEL GEORGE

96.66 Percentile



SANJAY S

96.25 Percentile



ADHVAITH R  
MOORITHY

95.42 Percentile



RISHI M S

95.31 Percentile



A.R.SAI SATHYA  
KRISHNA

95.00 Percentile



POOVANNA RAJAN EP

94.63 Percentile



YAALINI ARILARASU

93.82 Percentile



SRINDHI KANGO  
GOPINATH

93.01 Percentile



AMIRTHAA  
VARSHINI S

92.93 Percentile



MOHIT CHOWDHARY

91.80 Percentile



PRITHIKAR

90.24 Percentile

Scan For  
KG - Grade X



# 2023-24

Admissions Open  
For Classes KG to IX & XI



Scan For  
Grade XI

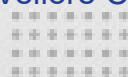


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www.shrishti.org



We are delighted to share that **Mr. Manoharan R., PGT Chemistry**, has been honoured with the prestigious **“Best Teacher Award”** presented by the ARAM Foundation in Chennai. This distinguished accolade is in recognition of his outstanding accomplishments in the education field and his dedicated service to the underprivileged children in Vellore City.





Shirшти Schools, Vellore celebrated its Annual Day on 13<sup>th</sup> April 2023 in the school premises with all its magnificence and splendour.

The event was inaugurated with the lighting of the lamp led by the Guest of Honour Dr. Murugavel R, Controller of Examinations, VIT-Vellore, Mr. M. S. Saravanan, Head of Shirшти Schools and Mr. Mahadevan Venkatesh, Trustee, Makhija Foundation.

Followed by the prayer song, Mrs. Hephzibah Paul-Sr. Vice Principal, Shirшти Vidyashram, welcomed the gathering and introduced the Chief Guest.

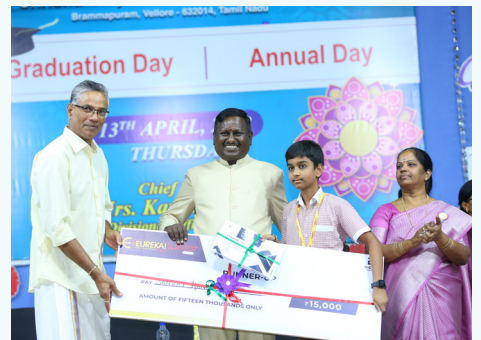
The Annual Report for the academic year 2022 - 23 was presented by the Head of schools. Trustee, Mr. Mahadevan Venkatesh shared the innovative practices to be implemented in Shirшти in the upcoming academic year.

Speaking on the occasion, of

Dr. Murugavel R applauded the achievements of the schools and delivered an inspiring speech to the students emphasizing on the importance of developing the 21<sup>st</sup> century skills.

Then, a few of the parents of the outgoing students expressed their gratitude and were delighted to share their wards' journey in Shirшти. Followed by the parents' responses, the student representatives were overwhelmed with joy to share their experience in Shirшти. Subsequently, the much-awaited prize distribution ceremony was led by the coordinators of each category. Class toppers, subject toppers, board toppers and other special category awards were given to the students. Naramada House bagged the overall trophy for the year 2022-23.

The event culminated with the vote of thanks proposed by Head Boy of Shirшти Vidyashram Sr. Sec. School, Sanjeev Subramaniam. The programme came to an end with the national anthem.





### SAFE USAGE OF ONLINE PAYMENTS



*"Lack of money is the source of all evil"*  
- George Bernard Shaw.

Gone are the days when people used to carry money to buy things. Online payments have become the norm since technology, computerization, and information technology have grown rapidly.

The growth has been so rapid that people from all walks of life, from the city to the village, are used to it. Online payments are the exchange of monetary funds between buyers and sellers via the internet.

They can use different types of online payment methods, including debit/credit cards, wire transfers, net banking, and digital wallets. Online payments can be done at the discretion of consumers. Online payments have innumerable benefits, but we should not ignore "the dangers that lurk in the connected world".

For a safe online payment experience, follow these prudent steps.

**Passwords :** All online payments involve the "password" system. So, it should be handled with utmost care to ensure safety. Use a hard-to-guess password that contains upper and lower case letters, numbers and symbols.

Change passwords as often as possible, but at least every three months.

Search the Internet carefully: to avoid trapping in malware sites.

**Type, don't click:** Type the URL in the address bar instead of clicking a link to go to your chosen retailer's website. Ensure that the link starts with 'https'. The 's' symbolises a secure site.

**Get a temporary credit card:** Some credit card companies issue temporary credit card numbers for their customers.

**Use a dedicated computer:** You can keep a computer solely for financial transactions.

**Use a dedicated email address:** Create an email address only for online shopping.

**Use a password manager:** A password manager can help you deal with multiple accounts. A manager encrypts passwords which would otherwise be in plain text.

**Avoid public Wi-Fi/computers:** Never do financial transactions on a public Wi-Fi. Hackers can intrude easily into a public Wi-Fi network.

**Avoid apps that you can't trust:** Often, smartphone apps carry malware. If you are not sure of an app, don't download it instantly.

**Buy from a reputed merchant:** Before making payments online, make sure your merchant is reputed and trusted.

Every convenient feature in today's digital world comes with a certain amount of risk.

By taking proper precautions, it can be effectively managed and work for us.

- R. NANDITA, IX-E

கண்கவர் பூங்கா

சிறுவர் சிறுமியர் விளையாட  
ஆடி ஓடி நடைபோட  
மகிழ்ச்சி வெள்ளம் அலையோட  
கனிப்பு பொங்கி வழிந்தோட

மரங்கள் அசைந்து இசையூட்ட  
பாட்டியின் கதைகள் அறிவூட்ட  
வண்டியை சிறுமி விரைந்தோட்ட  
நாய்க்குட்டி பயந்து அதை  
விரட்ட

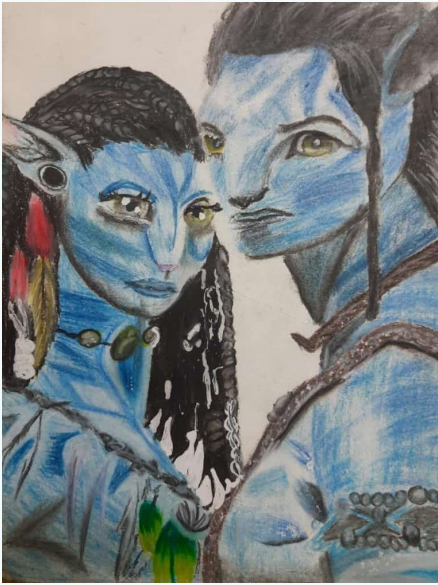
நீண்ட கிளைகள் தலைநீட்ட  
அதில் குழந்தைகள் சாகசம்  
திகைப்பூட்ட  
ரம்மிய சூழல் இனிப்பூட்ட  
வியந்து ரசிப்பேன் கண்கொட்ட

விலை மில்லா இதுவல்லோ !  
பூங்கா பயம் கனிப்பள்ளோ!!

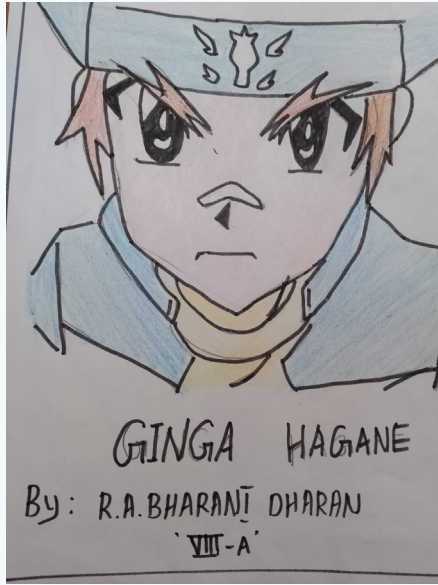
நீர் பாதுகாப்பு  
நீரின்றி அமையாது உலகு -  
இது வள்ளுவர் வாக்கு  
அந்நீரை பாதுகாக்க  
வேண்டியது நம் பொதுப்பங்கு  
அதற்கான முக்கிய குறிப்புகள்  
சில இங்கு  
குளியலுக்கு வானியை  
பயன்படுத்தத் தொடங்கு  
சொட்டும் குழாய்களை  
விரைந்து சரிசெய்யப் பழகு  
துணிகளை கைகளால் கசக்கு  
மழைநீர் சேகரிப்பில் தயக்கம்  
ஏன் உனக்கு  
நீரை மறுகழற்சி செய்ய போடு  
கணக்கு  
வீட்டுக்கு ஒரு மரம் வைக்க,  
நீர்வளம் பெருகும் பலமடங்கு  
இவையாவும் நீர்ப்பாதுகாப்பில்  
நம் பெரும்பங்கு!

- S. Abishek, X - B

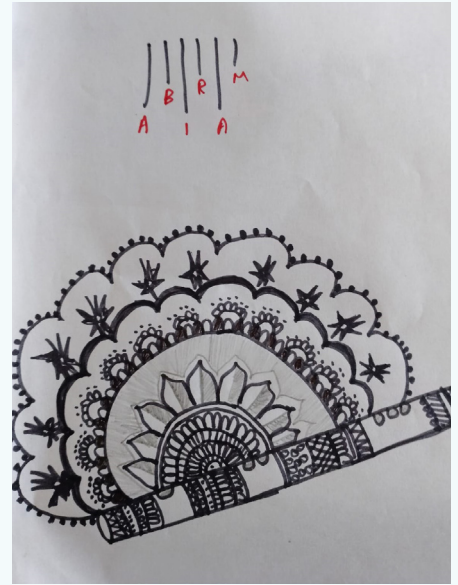




AARADHANA - VII A



R.A. BHARANI DHARAN - VIII A



ABIRAM - VIII A



ANVITHA SHREE - IX C



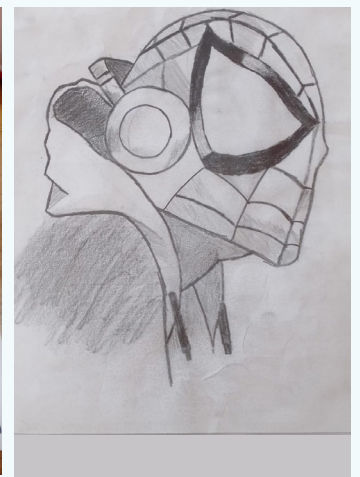
B. GAYATHRI - VII D



DHARINI T - VII D



KRISHANTH R - VIII A



S. TANUJ - VII D



An orientation programme on "AI in Education: Exploring the Impact, Perspectives, and Practical Applications of ChatGPT for Teachers," was organized by the Skill Development and Innovation Cell of Shrishti Schools for the teachers of Shrishti Vidyashram, Shrishti Matric. and Padasala, on 26th and 27th April 2023.

# Ai

The objective of the orientation programme is to equip teachers with the knowledge and skills necessary to leverage the benefits of Artificial Intelligence (AI) tools in the teaching-learning process. The discussion was centered on the changing perspectives towards education due to the advent of AI tools, as well as the perspectives of AI by the pioneers in the field like Elon Musk and Bill Gates.

Teachers were familiarised with the use of ChatGPT as a tool to enhance teaching efficacy, such as preparing lesson plans, worksheets, cloze tests, brainstorming activities, and more. The limitations of ChatGPT, including the potential hindrance to students' creativity were also discussed.



This orientation programme was facilitated by Mr. Agni Bharathi, M, Head - Training and Innovation Cell.

## THE ANT STORY

One Sunday morning, a wealthy man was sitting in his balcony enjoying the sunshine with his coffee when a little ant caught his attention. The ant was moving across the balcony carrying a big leaf several times than its size. (Believe yourself, you have all the potential within you.)

The man watched it for more than an hour. He saw that the ant faced many obstacles during its journey, paused, took

a diversion and then continued towards its destination. (Patience and perseverance are keys to success)

At one point the tiny creature came across a crack in the floor. It paused for a little while, analysed and then laid the huge leaf over the crack, walked over the leaf, picked the leaf on the other side then continued on its journey. (Calm and composed mind can find the better solution for any problem. Learn to be cool and happy)

The man was captivated by the cleverness of the ant. The incident left the man in awe and forced him to contemplate over the miracle of creation.

In front of his eyes there was this tiny creature, lacking in size yet equipped with a brain to analyse, contemplate, reason, explore, discover and overcome.

A while later the man saw that the creature had reached its destination – a tiny hole in the floor which was the entrance to its underground dwelling.

And it was at this point that the ant's shortcoming was revealed. (Don't jump to the conclusions)

How could the ant carry into the tiny hole the large leaf that it had managed to carefully bring to the destination? It simply couldn't! So the tiny creature, after all the painstaking and hard work and exercising great skills, overcoming all the difficulties along the way, just left behind the large leaf and went home empty-handed.

The ant had not thought about the end before it began its challenging journey and in the end the large leaf was nothing more than a burden to it.

The man learned a great lesson that day. This is the truth about our lives too. (Spiritual lesson)

We worry about our family, we worry about our job, we worry about how to earn more money, we worry about where we should live, what kind of vehicle to buy, what dress to wear, what gadgets to upgrade, only to abandon all these things when we reach our final destination.

We don't realize in our life's journey that these are just burdens that we are carrying with utmost care and fear of losing them, only to find at the end, they are useless and we can't take them with us....

Continuing with the story...you'll enjoy this... (Climax of the story with few more lessons to learn)

That wealthy man was a bit impatient. Had he waited a while more, he would

have observed something else.....

The ant vanished inside the hole leaving the large leaf outside.

Only to return with 20 more ants who all broke up the leaf into tiny pieces and took them all inside.

### Moral-1

Effort doesn't go waste unless you give up!

### Moral -2

Together as a team, Nothing is Impossible and Strength is needed to achieve possible and Faith is needed to achieve impossible.

### Moral -3

Share the spoils with your brethren. Sharing is caring.

### Moral -4

If you carry more than what you can use or need, it will be enjoyed by others after you. So decide for whom are you putting in the efforts?

Isn't it amazing how much we can learn from even such a tiny creature like an ant?



- Mrs. Swati Ghanekar  
Department of Mathematics

## SHRISHTI HERALDS THE NEWSLETTER

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Mr. M.Kabilan

“When you share your misery, it does not reduce.  
When you do not share your joy, it reduces.”

- Gurudev Sri Sri Ravi Shankar



# SHRISHTI HERALDS

SHRISHTI  
LEARN TO LEAD



Volume 02

Issue 02

(Managed by Makhija Foundation)

June 2023

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Students' Corner

## Blessings of Gurudev!



On June 19th, 2023, Mr. M. S Saravanan, the Head of Schools, and Mrs. Geetha, the Headmistress, together with a group of teachers who had taught Rheva, the State Topper in Class XII and District Topper in NEET- 2023, paid a visit to the Ashram to seek the divine blessings of the revered Guruji, Sri Sri Ravi Shankar.

They were honoured to receive Guruji's divine blessings, as he graciously bestowed his positive energy upon each one of them individually. It was truly a profound and enlightening experience that will forever be etched in our memories.

To acknowledge Rheva's remarkable achievement, her parents were extended an invitation to join in the commemorative event. Commodore H G Harsha, the Chairman-SSRVM Trust, Trustee - Makhija Foundation, and Mr. Mahadevan Venkatesh, Trustee - Makhija Foundation, were also present on this significant day. As a token of appreciation for her exceptional accomplishment, **Rheva was honoured with a cash reward of Rs. One Lakh.**

## STATE TOPPER IN CBSE XII - BOARD EXAM DISTRICT TOPPER IN NEET - 2023



### Shrishti Vidyashram's pupil is NEET dist topper

EXPRESS NEWS SERVICE @ Vellore

SHRISHTI Vidyashram Sr Sec School's student Rheva Sudarshan Raj topped the district in the National Eligibility and Entrance Test (NEET) Exam with a score of 692 out of the total of 700. In recognition of her achievement, CMDE H G Harsha, Chairman of SSRVM Trust and Trustee of Makhija Foundation, felicitated Rheva with ₹1 lakh. The ceremony was at-



tended by M S Saravanan, Head of Shrishti Schools, and Mahadevan Venkatesh, Trustee of Makhija Foundation.

Rheva is also one among the top scorers of Class 12 CBSE board examinations this year, having secured 497 out of 500. She is also one of the 59 Shrishti Vidyashram students (out of 71 candidates) who qualified NEET. This is a hallmark of the school's commitment to academic excellence.



Rheva Sudarshan Raj received a cash prize of ₹1lakh from H G Harsha, chairman of the SSRVM Trust and Trustee of Makhija Foundation | EXPRESS

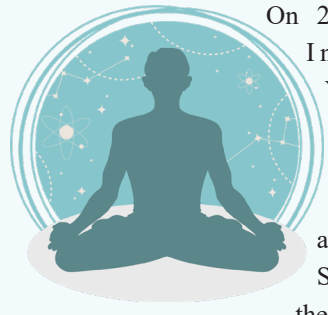
RHEVA SUDARSHAN RAJ



“He who asks a question is a fool for five minutes; he who does not ask a question remains a fool forever.”

—Chinese proverb

## International Yoga Day Celebration



On 21st June 2023, International Yoga Day was celebrated with great zeal and enthusiasm at Shrishti Schools with the theme “Yoga for Vasudhaiva Kutumbakam - One Earth, One Family, One Future”.

General (Dr). V. K. Singh (Retd.), Honourable Union Minister of State for Civil Aviation and Road Transport & Highways presided the celebration as the Chief Guest.

CMDE. H. G. Harsha, Chairman of the SSRVM Trust and Trustee- Makhija Foundation, and Shri. Mahadevan Venkatesh, Trustee- Makhija Foundation, Air Commodore Rabindra Merani, former first woman mayor of the Vellore

City -Ms. Karthiyayini and several other dignitaries graced the occasion.

The programme commenced with an opening address by Ms. Usha Paulson, Co-Scholastic Coordinator- Shrishti Vidyashram, who emphasized the significance of the occasion. Following this, M. S. Saravanan, Head of Shrishti Schools, delivered the welcome address, highlighting the words of Gurudev Sri Sri Ravishankar regarding the importance of practicing yoga.

The distinguished Chief Guest was then introduced by Ms. Hepzibah Paul, Senior Vice Principal- Shrishti Vidyashram. The event proceeded with a captivating yoga dance performance that enthralled the audience. Following the yoga dance, the students showcased their skills in various asanas, displaying the versatility and benefits of yoga. Each asana was performed with precision and elegance, demonstrating

the students’ dedication to the practice and their commitment to a healthy lifestyle.

Speaking on the occasion, the chief guest General (Dr). V. K. Singh (Retd.), expressed his appreciation for the efforts put in by Shrishti Schools in promoting yoga and its significance in today’s fast-paced world. He emphasized the role of yoga in maintaining physical and mental health, fostering harmony within oneself and with others.

CMDE.H.G.Harsha, Chairman of the SSRVM Trust and Trustee of the Makhija Foundation also shared his thoughts, highlighting the power of yoga in bringing people together and nurturing a sense of belongingness.

The event concluded with the vote of thanks proposed by Ms. Thingal Johnson- Principal, Shrishti Matric followed by the National Anthem.





“The man who does not read books has no advantage over the one who cannot read them.”

—Mark Twain

## Shraddha Programme - Learning to Learn



Shraddha Programme ‘**Learning to Learn**’ a four day training programme for the teachers commenced on 1st June with a yoga session at 7.00am in the school campus. Yoga is incredibly beneficial for teachers, offering a range of physical, mental and emotional advantages. Yoga trainers from the ‘Art of Living’ Foundation, Vellore had come to teach us about pranayama, sudharsan kriya, meditation and yogasanas to enhance the overall well being.

Dr Reshma Ganesh is the Founder Principal and Campus Director of Sri Sri Ravishankar Vidya Mandir (SSRVM), Bangalore East, and has been with this institution right from its inception in 2001. Contributions of Dr Reshma Ganesh to the student and teacher community and as a whole to the society are countless. She was honoured with appreciation

letter from Smriti Irani- HRD, awarded with Vishalakshi Award for 2007, for rendering valiant service to society in the field of value-based education, Awarded with a certificate of Excellence for Inspiring Best Educationist Award 2017 by Global Leaders Foundation, awarded with ‘Excellence in School Education CBSE’ – for the contribution and achievement as the principal of institution” by Venus International Foundation (2019) and much more! Led by the esteemed mentor, Dr. Reshma Ganesh, Principal of SSRVM Bangalore, East, the ‘Shraddha’ programme for the academic year 2023-24 unfolded its vibrant tapestry within the walls of Shrishti Vidyashram. This four day event radiated a profound significance, shaping the teachers’ approach towards their noble vocation. Shrishti Vidyashram was glad to have such an eminent personality and was duly welcomed by the Head of Schools, Mr. M.S. Saravanan.

At the heart of the “Shraddha” program lies a transformative vision. Teachers, stepping into this training embrace a holistic path towards personal growth and professional experience. They delve into the depth of their own being, discovering newfound confidence through the amalgamation of yoga, pranayama, sudharsan kriya and meditations. The essence of the program me lies in unwavering faith - faith in oneself, faith in the Master, faith in the Divine and faith in the infinite order of things. The “Shraddha” programme serves s a reminder that education is not confined to textbooks alone, but rather an all-encompassing journey of self discovery, compassion and service. With this profound foundation, teachers embark on their sacred mission, ready to nurture the minds and hearts of their students, fostering a generation of enlightened souls.

### Day 1



Dr. Reshma Ganesh spoke on the SSRVM Trust’s vision - ‘Broaden the Vision and Deepen the Roots.’ It is an attempt to bridge the gap between modern education and old values. In order to achieve it, the students should be taught the latest aspects of modern education and also inculcate the strength of our culture and values. She also emphasized on the development of 21st century skills as it equips the students to master every aspect of life, from life skills to digital skills to face the challenges of uncertain probabilities the future holds. The indispensability of SMART

learning objectives because it’s more important than ever to equip students with future-ready skills they can leverage later in their personal and professional lives. The significance of word choice was discussed as words have the power to make or break. The success of a teacher depends on a great extent upon the skill of questioning on the subject matter being taught. Dr. Reshma Ganesh insisted on asking the right questions to spark insightful dialogue, uncover new perspectives, stimulate creativity, and inspire meaningful growth in students.



“Education is the passport to the future, for tomorrow belongs to those who prepare for it today.”

—Malcolm X

## Day 2

Day 2 was about the power of observation and experiential learning. Sensory learning is a form of experiential learning. As children experience repeated exposure to sensory inputs in relation to everyday activities, they grow more familiar with those inputs and are able to decode them in more complex ways. The Patanjali yoga sutras were elaborated. The five types of thought patterns are Pramana (Correct Knowledge), Viparyaya (Incorrect Knowledge), Vikalpa (Fantasy or Imagination), Nidra (the voidness, that is deep sleep) Smritayah (Recollection or Memory)

STEAM education is a holistic, interdisciplinary approach to learning that combines science, technology, engineering, arts and mathematics. It harnesses the natural symbiosis between these disciplines to foster creative problem-solving, collaboration and critical thinking. Integrating art forms into our school curriculum can help students learn the core school subjects more experientially and holistically.



## Day 3

Day 3 was about Lesson Plan and its components. She gave an insight into the Bloom's Taxonomy, Multiple Intelligences, plethora of teaching strategies catering to the differential learning styles of students. It is important to 'Know your Students', 'Know the content' and 'Know the Learning Materials'. The strategies for teaching different types of learners was discussed in a detailed manner.

## Day 4

On 4th June, the topic for discussion was offer in value based/joyful education by incorporating different strategies and activities. The day came to an end with tokens of gratitude offered to Dr. Reshma Ganesh by the various departments of the three schools of Shrishti Vidyashram. A heartfelt ode was dedicated to Dr. Reshma Ganesh. The day came to an end with a thanks giving ceremony.

### Shrishti Cricket Boys Team Excels in CM Trophy, Securing Runner-Up Position!



We are happy to announce that our Shrishti Cricket Boys Team showcased exceptional talent and secured the prestigious Runner-Up position in the CM Trophy. The tournament was held at the SDAT Stadium on February 17, 2023. Out of the 32 schools participated, our school emerged as the second-best team, displaying outstanding sportsmanship and skills. Each member of our cricket team was given a cash prize of Rs. 2000. We are proud to share that the following students have been selected to represent our state in the upcoming CM Trophy matches, which will be held in Chennai next week.

1. Thiru Moorthy G - Class XII
2. Nandheesh S - Class XII
3. Prakash Simon G - Class XII
4. Dinesh VR - Class XII
5. Alwin Ezhilarasu - Class XII
6. Logith S - Class XII

### First Milestone in Shrishti

Deepti Dhinesh Selected for TNCA Round Robin Matches!

Deepti Dhinesh, a student of Class VIII C, will be participating in the Round Robin Matches to be organized by the Tamil Nadu Cricket Association in Chennai. **Congratulations Deepti!**







## Confusing words in English

### Complement VS Compliment

A **complement** is something that completes something else. It's often used to describe things that go well together

Example : Ice cream is the perfect complement to this dessert.

A **compliment** is an expression of esteem, respect, affection, or admiration. Especially an admiring remark.

Example : People often pay her compliments on her piano playing.



## Idioms

**Crash a Party**  
To attend a party without being invited

**Hit the Books**  
To go to bed

**In Touch**  
In contact

**On a Roll**  
Having a consistent run of success

**Have a Tough Row to Hoe**  
Be faced with a task that is difficult because of unfavorable conditions

## DO YOU KNOW ?

### Peanuts can treat insomnia

If you're desperate to sleep and need a nutritional nudge to help, then you may want to try having a handful of peanuts before bed. Eating

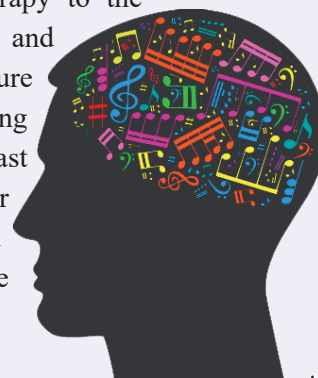


peanuts on a regular basis can strengthen brainwaves frequencies and is associated with good sleep. Peanuts are a top source of niacin which helps to increase the release of serotonin into the system. Serotonin is a feel-good hormone that helps reduce stress and calm your mind. When you eat peanuts, you provide your body with a direct source of tryptophan. Peanuts are digested and turned into tryptophan which is used to make melatonin, a natural hormone that helps control your sleep cycle.

### Music has the ability to repair brain damage as well as return lost memories

While the notion that music has healing powers over mind and body has ancient origins, its formal use as therapy emerged in the middle of the 20th century. Biomedical researchers have found that music is a highly structured auditory language involving complex perception, cognition, and motor control in the brain, and thus it can effectively be used to retrain and reeducate the injured brain.

Clinical research studies in the past 10 years have extended the use of music from motor therapy to the rehabilitation of speech, language, and cognitive functions. Music can conjure up vivid memories by triggering intense recollections from years past — for many, more strongly than other senses such as taste and smell — and provoke strong emotions from those earlier experiences.



- Ms. Punitha, Dept. of English



### A Sophisticated Habitat

*"We are the first generation to feel the effect of climate change and the last generation who can do something about it"*  
- Barack Obama

This year, World Environment Day was celebrated on the 5th of June. The theme for this year was #BeatPlasticPollution, And it was such an honour to be able to contribute towards it. As normal as this random Monday may seem to some of us, a day made to celebrate Mother Nature shouldn't be turned down. We're all simply on a floating rock moving endlessly through outer space and most of the time we tend to forget that it is our duty to conserve and protect Nature. This world needs many more young positive-minded people who are willing to take a minute to breathe the fresh air, jump in muddy puddles, soak in all the warmth the world has to offer and be able to confide in Mother Nature. This was precisely what I



was able to do this World Environment Day. I had the opportunity to go to Yelagiri Hills with a Nature Club to help preserve forests. Though it was a small group of about 50 members accompanied by forest guards and officials, we sure did make a tiny difference, and as said the small daily differences we make over time, add up to big differences in the future. We started off the beautiful day with an early 7-kilometre morning trek, it was truly eye-opening as we got to learn so much from Kotteswaran Sir, who's a wildlife correspondent and city editor. Like who knew fungi have chemicals in their cell walls shared with lobsters and crabs? The trek was truly magical as we got to walk through so many colourful butterflies and chirping birds. We also got to see so much more of nature, like

Cicadas and Pill Bugs. During the trek we made sure to do a thorough clean drive of the forest, we were able to pick up every last bit of the plastic lying there and left no rock unturned. Which wouldn't have been necessary if we all could just take the initiative of using a dustbin or try recycling. Walking that 7-kilometre distance was so worth it in the end as it was truly mesmerising at the top of the hill. We were really taken aback by its scenic beauty. It made us realise how much we take Nature for granted and how much we don't appreciate it. At the summit of the hill was also an old human-made Temple, which the locals believed the forest goddess would save them from natural calamities. It gave us an insight into how much our ancestors worshipped and were connected with nature.

Next on the agenda was planting trees and throwing seed balls, we donated a bunch of plants to the locals there and were able to throw about 6000 seed balls at a reserved forest, a quick fun fact about seed balls have 80% more growth success



rate in comparison to regular seedlings. The forest also had a natural spring filled with little fish, crabs and frogs and was surrounded by clovers and giant trees. In the end, we got to visit a 100-year-old guest house in the middle of the forest which when you really think about it, is so bewitching. This was truly a one-of-a-kind trip where we got to really connect with Nature, which one cannot do so easily living in polluted cities. I hope to do the same every now and then since in the end when the last tree is cut down, the last fish eaten and the last stream poisoned, you will realize that you cannot eat money.

- C. N. NAIVEDYA (XI BI)

### அன்புள்ள ஆசிரியர்களுக்கு

பத்து மாதத்தில், ஒரு குழந்தையை மட்டுமே பிரசவிக்கிறாள் தாய்..

நீயோ ஒரு வகுப்பறையையே பிரசவிக்கிறாய்..

பெற்றோரின் கை விடுத்து உந்தன் கை பிடித்து,

அரை மனதுடன் வகுப்பறை நோக்கி நடந்த தருணம்..

கல்விப் பயணம்.

அன்றிலிருந்து எங்கள் ஒவ்வோர் அசைவிலும் நீ ...

குடும்பம் தாண்டிய குழந்தையின் முதல் சமூக உறவு நீ.

முதல் பாராட்டு, முதல் அவமானம்

முதல் பரிசு, முதல் தோல்வி

அனைத்திலும் ஏதோ ஒருவிதத்தில் நீ..

சில நேரங்களில் மழலை மனதின் முதல் காதலும் நீ..

தாமத வருகைக்கு சைக்கிள் பஞ்சர்,

பள்ளி வராமலே பாட்டியின் சாவு,

பாடம் எழுதாமலே மின் வெட்டு,

வகுப்புகள் மாறலாம் காரணங்கள்

மாறியதில்லை..

ஆசிரியர் மாறலாம் அடிகள்

மாறியதில்லை...

எத்தனை நாள் நின்றுருப்போம்,

தவறு செய்ததால் வகுப்புக்கு

வெளியில் நானும்

தண்டனை பெறாமலே வகுப்புக்கு

உள்ளே நீயும்...

குறும்புகள் ரசித்து.

குழப்பங்கள் தீர்த்து

தவறுகள் திருத்தி

திறமைகள் உணர்த்தி

வெற்றிக்கு வழி வகுத்து

தோல்விக்கு தோள் கொடுத்து

வருடங்கள் பன்னிரண்டு

வகுப்பறைக்குள் சுமந்து

வாழ்த்தி வழியனுப்பு

வாடகைத் தாயோ நீ..

.இப்படிக்கு

க.ஆல்வின் எழிலரசு(XII A5)

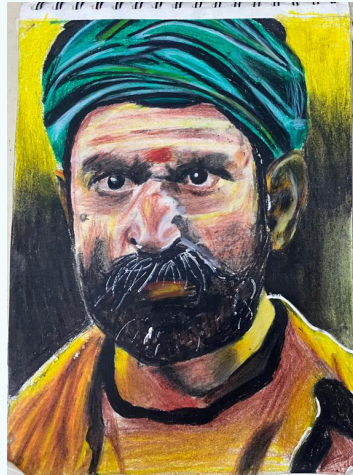




“Teachers can open the door, but you must enter it yourself.”



M.P.KESHIKA SRI - VI A



AARADHANA - VII A



DHIYANA S S - VI B



J GAYATHRI - VI A



P LIKKHITHA - VI A



TANVI MARIA NIRMAL - VI A



S.HARSHITHA BHARAVI - VI D



SMITA - VI A



ADARSH.P - VI B



**GET IT PUBLISHED**

Dear Teachers and Students,

Send your achievements/articles/stories/art work/poems/other creative work to [shn122@shrishti.org](mailto:shn122@shrishti.org)





## FATHERS' DAY



The first vehicle that a child must have climbed is his/ her father's shoulders.

The first and foremost hero in every child's life is his/her father only.

Every father lives thinking as his children are his world.

Children's aspirations are his ambitions

Children's achievements are his property and pleasure.

He fills breath of life for his children

He brings up with tenderly care and love

He corrects and rectifies all the short comings of his children.

He lays a strong foundation for his children

He shows a blissful destination to his children.

"Father is your courage  
Father is your security  
Father is your guarantee  
Father is your accountability "

Above all a father is a person for "Sacrifice".

Every moment his thoughts are for his family growth.

He toils to fulfill all the requirements of the family.

He is always busy in earning to satisfy his family and children.

The day we recognise all his sacrifices is remembered as "FATHERS' DAY".



- Mr. GEORGE BABU  
Department of Social Science

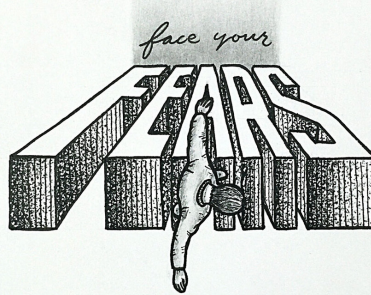
## FACE YOUR FEAR

"Courage is Resistance to Fear, Mastery of Fear, not Absence of Fear."

- Mark Twain.

Fear is nothing but the most common sense that each faces in one's life. Fear strikes humans from the beginning of time. It is a natural human emotion that is often triggered by the perception of danger

or threat. It can manifest in a variety of ways, including physical symptoms such as sweating and increased heart rate, as well as psychological symptoms such as anxiety and panic. Some people bottle up completely and become catatonic. Fear can be helpful though, in keeping us safe from harm. In other words, fear is the path to the dark side. At times it can also hold us back from reaching our full potential. To overcome fear it's important to first acknowledge and accept it, rather than trying to ignore or suppress it. Once we understand the source of our fear, we can begin to take steps to face it and surpass it. Here is a simple story about fear, I'm certain that, this story will aid you to boost towards overcoming fear.



The story goes in such a way about a young warrior who was filled with fear at the thought of going into battle. Despite all the training and preparation he had undergone, he was still consumed with anxiety and doubt. One day he sought the counsel of his wise old teacher. The teacher listened to his fears and then offered him a simple solution. He told the warrior to take a small bag of salt and sprinkle it along the path that would lead to the battlefield. The young warrior was puzzled but followed his teacher's instructions nonetheless. As he walked along the path, he noticed that the salt had been blown away by the wind, leaving him with an unobstructed path. The teacher then explained the meaning of the lesson. The salt represented fear and the path represented the warrior's journey. Just as the wind had blown away the salt, the warrior could overcome his fear by taking action and facing his fears head-on. The young warrior realized that fear was just an obstacle that could be overcome and with this newfound perspective, he

went on to fight bravely. From that day onwards, he never forgot the lesson he had learned and used it to overcome his fears in every aspect of life.

This doesn't mean that we should face combat, but we should treat our everyday life similarly to going into battle. If fear empowers us, we will go dejected and will never accomplish our goals. When there is something that we fear along our way, then just face fears head-on. It's a crazy rollercoaster, but eventually gets through emotions and will make us realise that it was just in our minds. And every time we overcome fear, it will make us stronger and more courageous.

Feel  
Excited to  
Accept the challenges and get  
Radiated.



- Ms. S.A. Chithra  
Department of English

## SHRISHTI HERALDS THE NEWSLETTER

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“Be filled with love, be filled with gratitude,  
get rid of the fear in you by being in love.”  
- Gurudev Sri Sri Ravi Shankar



# SHRISHTI HERALDS

SHRISHTI  
LEARN TO LEAD



Volume 02 Issue 03

(Managed by Makhija Foundation)

July 2023  
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Students' Corner

## Galore of Achievements



On 12 July 2023, Narumugai of Class XII A1 was awarded a cash prize of Rupees Seventeen Lakhs by the esteemed Chief Minister of Tamil Nadu. This recognition serves as a testament to her extraordinary accomplishments in the realm of Soft-Tennis, both at the National and International levels.

**Congratulations  
Narumugai!**

## “Double Triumph: Shrishti Shines Bright with Two Prestigious Awards!”



Award for “Excellence in Promoting Experiential Learning Programmes” at the esteemed Eldrok-India, K-12 Summit held in Chennai on 19 July 2023.

## EXCELLENCE IN EDUCATION

**Redefining educational excellence!**  
Shrishti School receives the esteemed Excellence in Education Award 2022-23 by Silverzone





“Successful people do what unsuccessful people are not willing to do.  
Don't wish it were easier; wish you were better.”



Shrishti Schools celebrate the triumph of Bashwanth Raj. B (XII A4) and Krishna Raj. B (XI A3) at the **Indo-Nepal Badminton Meet** held in Nepal between 13th and 17th July conducted by the Youth Sports Promotion Association of India.

Bashwanth secured Gold in U-19 Singles, Krishna clinched Gold in U-17 Singles, and together they won Silver in Open Category Doubles.

**Congratulations!**



## Shrishti's Stellar Achievements at the Inter District Athletic Championship 2023

Organised by  
**Vellore Athletic Foundation**



S.NO	NAME	CLASS & SEC	EVENT	POSITION
1.	Praveen Kumar . S	XII A2	Shot Put Discus throw	First Second
2.	Srinivasan	IX D	600 mts Dash Long Jump	First First
3.	Deepti Dhinesh	VIII C	Shot Put	Second
4.	Anushiya	VIII C	100 mts dash	Second
5.	Santhoshini	XI	Long Jump	Third
6.	Ruchithra Deepti Akshara Manoj Anushiya	VIII A VIII C VIII D VIII C	4x100 mts Relay	Second
7.	Nikhil Priyadharshan Srinivasa Prabhu Rishi N	XI	4x100 mts Relay	First
8.	Mr. Dhinesh, PET, Shrishti Vidyashram		Discus Throw (Open Category)	Third

### **Shrishtians excel at the Inter-School Relay at IDA Scudder School, Vellore.**

Our Boys' team claimed First Place, while the Girls' team secured Second Place in the 4x100 meters Relay event.

**Congratulations to all our talented athletes for their outstanding performances!**



“The art of leadership is saying no, not saying yes.  
It is very easy to say yes.”

-Tony Blair

## “Embracing the Torch of Leadership: A Glorious Investiture Ceremony at Shrishti Vidyashram!”

On 5th July 2023, the much-awaited Investiture Ceremony of the school was celebrated, honouring the values of leadership, responsibility, and dedication. This significant event marked the investiture of our new student council, who will carry the torch of leadership and guide us towards a brighter future.

The ceremony commenced with a soulful prayer song, “I Need Thee Every Hour, Most Gracious Lord,” invoking the blessings of the divine. Mrs. Geetha - Headmistress, CBSE extended a warm welcome to all attendees, emphasizing that leadership is about caring for those under one’s charge.

The Chief Guest, Dr. Sheela Durai, Professor and Head- Surgical Nursing Simulation Center, Director- College of Nursing, CMC, Vellore, was introduced by the CBSE Co-Scholastic Coordinator, Mrs. Usha Paulson. The dignitaries then symbolized the ushering of wisdom and enlightenment by lighting the Kuthuvillaku.

Next came the pinning up of badges, a defining moment that acknowledges the trust bestowed upon the newly elected student council members. This gesture serves as a reminder of their responsibility to lead by example and inspire their peers. It was a proud moment in doing the honours by giving their respective badges and sashes to all the leaders. The School Council members were announced by the Vice Principal, Mrs. Hepziba Paul.

The Head of Schools, Mr. M. S. Saravanan, and the Chief Guest presented the badges and sashes to the school council members. Subsequently, the Head girl announced the names of Captains & Vice Captains of the four houses, and the House Mothers and Fathers bestowed the sashes and badges upon them.

The lighting of candles followed, representing the transfer of knowledge and wisdom to guide the new leaders in their journey. All the leaders lighted their candles

saying in their hearts, “God please light my candle and enlighten my darkness and keep me as a light to the world to lead a melody that resonates with pride and unity as members of this esteemed institution.” Following this the choir lead the school song and sung ‘Take my life and let it be ...’ as the leaders got ready for the swearing in ceremony which was administered by the Head of Schools, Mr. M. S. Saravanan. The Chief Guest then addressed the gathering with an inspirational speech which filled the gathering with renewed determination and hope.

As the choir sang “Congratulations,” the cabinet members received chocolates and compliment cards from the Vice Principal and Co-Scholastic Coordinator.

Finally, the Head Boy of Shrishti Vidyashram, Mageswaran, expressed the words of gratitude, and the ceremony concluded with the singing of the National Anthem as a mark of patriotism and respect for our nation.





“If we teach today’s students as we taught yesterday’s,  
we rob them of tomorrow.”

## Teachers’ Orientation Programme - Embracing “The Joy of Being a Teacher”



On 22nd July 2023, Shrishti Schools hosted an inspiring Teachers’ Orientation Programme centered around “The Joy of Being a Teacher.”

Dr. Lazer Selva, an ELT cum Motivational Trainer and Associate Professor (Retd.) from Loyola College, Chennai was the resource person. The event aimed to enrich teaching practices, prioritize students’ well-being, and create a positive and nurturing learning environment.

Key takeaways included strategies for understanding students’ emotional needs, implementing digital detox initiatives, embracing innovative teaching techniques, and building stronger teacher-student connections. The program left participants enthusiastic and dedicated to bringing the joy of teaching into their classrooms, fostering an enjoyable celebration of knowledge and shaping young minds with passion and purpose.

## CBSE Capacity Building Programme for teachers on the National Education Policy 2020

The Capacity Building Programme on NEP-2020 was held on 08 July 2023 at Shrishti Vidyashram. The session was conducted by two experienced resource persons, Mr. T. Thavasi Mony, Principal of Vidya Peetam, Sholingur, and Ms. Jaya Prasad, Principal of Acharya Mahashraman Terapanth Jain Public School, Chennai.

The program aimed to equip the teachers with a comprehensive understanding of the new education policy, enabling them to implement its principles effectively in the classroom. Through interactive



sessions and discussions, the teachers gained valuable insights and strategies for enhancing the quality of education in line with the NEP 2020 guidelines.

## Shrishti Schools’ Successful Parent Visitation Day A Celebration of Education and Involvement

We, at Shrishti Schools, believe that education is a collaborative effort between teachers, parents, and students. With this philosophy in mind, a special Parent Visitation Day was organised, which proved to be an exceptional event, leaving a lasting impact on both parents and staff. The Parent Visitation Day was conducted on different days for students of classes V, VIII, and IX. It provided a unique opportunity for parents to step into their children’s world, experience their classroom environment, and actively participate in various classroom activities. The feedback from parents regarding the Parent Visitation Day has been overwhelmingly positive. They expressed their gratitude to the school for organizing such an inclusive event that allowed them to witness their children’s growth and progress up close.



## EduTalk 2.0 - Speak O’Pen

Empowering Students with Language Proficiency Insights

The Department of English at Shrishti Schools took great pride in organizing EduTalk2.0 - Speak O’Pen on 3rd July 2023. This enriching event witnessed the active participation of approximately 270 students from Shrishti Vidyashram and Shrishti Matric.

Distinguished speakers from various educational backgrounds graced the occasion, captivating the audience with their insightful presentations.

### 1. Dr. Kalai Selvi - Assistant Professor, Auxilium College:

Dr. Kalai Selvi, an experienced educator, delivered a compelling talk on the nuances of reading skills. Her presentation aimed to equip students with valuable strategies to effectively tackle comprehension passages.

### 2. Dr. Saravanan - Assistant Professor, VIT:

Dr. Saravanan addressed the audience on the significance of creative writing. He emphasized how creative writing can empower students to express their thoughts, ideas, and emotions effectively. The session highlighted the role of imagination, language proficiency, and storytelling techniques in cultivating strong creative writing skills.

### 3. Mr. Nicky Ebenezer - Internationally Certified Language Trainer:

Mr. Nicky Ebenezer, an internationally certified language trainer, shared his expertise with the students. His presentation revolved around the need for effective communication in English, emphasizing its relevance in various personal and professional contexts.

The students were highly inspired and greatly benefited from the event. The insightful presentations by the esteemed speakers broadened their understanding of English language learning and motivated them to improve their language skills.

EduTalk2.0 - Speak O’Pen garnered immense enthusiasm and positive feedback from the students, making it a resounding success.



Shrishti Heralds July 2023





## Confusing words in English

### Discrete VS Discreet

“Discrete” and “discreet” are two words in English that are often confused due to their similar spellings and pronunciations. However, they have different meanings and usage:

**Discrete:** It is an adjective that means separate, distinct, or individual. When something is discrete, it is treated as a separate entity and is not connected or continuous with other things. It implies a clear division or separation between items or elements.

**Example:** The project was divided into discrete phases to facilitate better management.

**Discreet:** It is also an adjective, but it means careful, cautious, or showing tact in one’s actions or speech. When someone is discreet, they are being prudent or tactful in order to avoid drawing attention or causing embarrassment.

**Example:** She handled the sensitive information with discreet professionalism.

### DO YOU KNOW?

#### Why Chandrayaan-3 Needs Over 40 Days To Reach The Moon When NASA’s Apollo 11 Took Only Four?

In a little over 15 minutes after launch, the Chandrayaan-3 propulsion module, carrying the lander, was put into an elliptical orbit around the Earth by the Indian Space Research Organisation’s (ISRO’s) heaviest rocket — the Geosynchronous Satellite Launch Vehicle (GSLV) Mark-III.

Over the next two weeks, ISRO will conduct between five to six orbit raising maneuvers using the onboard propulsion system. With every burn of the onboard propulsion system, the module will keep spiraling outwards in increasingly elongated ellipses.

The speed of the propulsion module will steadily increase until it reaches the escape velocity necessary to break free from Earth’s gravity, enabling it to enter a Lunar Transfer Trajectory (LTT) and set a course towards the moon. Translunar injection, which is when Chandrayaan-3 will leave Earth orbit for the Moon, will take place on 1 August. The landing is projected to take place sometime around 23 August, over three weeks later.

Over 40 days after the launch and several orbital manoeuvres later, the lander will reach the surface of the moon and deploy the rover. Although the travel duration may seem reasonable given the distance between the Earth and the Moon, it is

important to note that previous missions have completed this journey in a shorter timeframe.

China’s Chang’e 2, launched in 2010, also took just four days covering the distance between the Earth and the Moon, and so did its follow up mission to the lunar surface, Chang’e 3.

The Soviet Union’s Luna-1, the first unmanned mission to reach close to the Moon, took just 36 hours to make the journey. Even Apollo-11’s command module, Columbia, carrying three astronauts, reached the Moon in just a little over four days.

**Why, then, is Chandrayaan-3 taking weeks to reach the cratered sphere?**

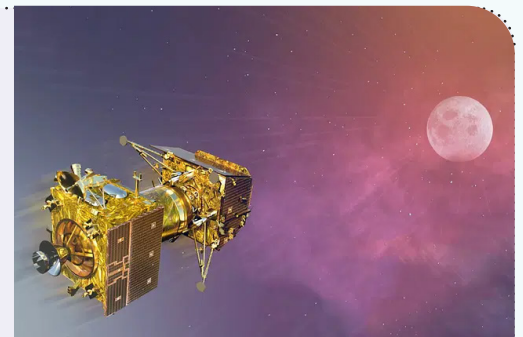
The simple answer is because ISRO does not have a rocket powerful enough to put Chandrayaan-3 on a direct path to the Moon. In the case of Apollo missions, including Apollo 11, a direct trajectory called Translunar Injection (TLI) was used. The Saturn V launch vehicle propelled the Apollo spacecraft into Earth orbit first. From there, a powerful engine burn was executed to send the spacecraft on a trajectory directly towards the Moon. The spacecraft was directed to the LTT through a single six-minute-long burn of the Saturn rocket’s third stage, akin to a slingshot effect.

## Idioms

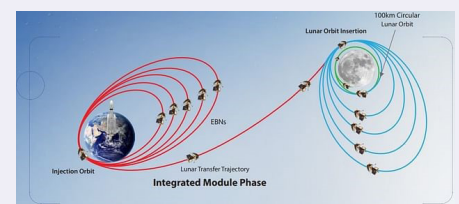


It’s a wild goose chase : This idiom means a futile or pointless pursuit or search.

**Example :** *The detective spent hours following leads that turned out to be dead ends, realizing it was a wild goose chase.*



This direct path allowed the Apollo missions to reach the Moon relatively quickly, within a few days. Chandrayaan-3, however, is following a very different trajectory. As explained earlier, the mission will use a series of Earth orbits and engine burns to gradually increase the spacecraft’s speed and position it for a lunar insertion.



Mission profile for Chandrayaan-3.

This multi-step approach used by the ISRO for the Chandrayaan and Mangalyaan missions requires more time but allows for the use of a relatively less powerful launch vehicles.

**For further information visit, Source:**  
<https://swarajyamag.com/science/explained-why-chandrayaan-3-needs-over-40-days-to-reach-the-moon-when-nasas-apollo-11-took-only-4>





## Unspoken Hopes

my skin cracks  
drier than the looks I'm given

my eyes fill with tears, so practiced that  
they don't spill over

every frown  
every hate  
every darkness  
sought to build me, with a shell of anger  
and a soul of unkindness.

I glance up to see a sky grayer than my  
last hopes

"lumos", I utter, hoping to see a flicker of  
light but to no avail.

my soul continues to wait,  
wait for a hand  
for a flame  
for a kind word.

I see a girl walking towards me, a bright  
yellow flower that she grasps in her  
fingers

I laugh weakly.

Vincent Van Gogh drank paint the colour  
of her flower to paint his insides with  
happiness,  
for lack of a loving smile.

she hands me the flower, albeit in her  
universe, she was offering me a bottle of  
yellow paint.

I look at the flower, at her lips turned up,  
and feel the walls of my tunnels breaking  
down.

the singular flower she gave me stood  
not as the light at the end of my tunnel  
I thought I hoped for, but the strength I  
needed to destroy its bricks.

maybe, it isn't the yellow paint but the  
person who hands it that makes all the  
difference.

maybe, it wasn't my suffering but her  
one act of kindness that defined my  
despair.

that all along, it wasn't the hate of the  
world that mattered, but the kindness that  
overpowered it.  
that changed it.

- NIKITHA M.P (XII A2)

## "Houston, We've Got a Problem Here"



"Man is an artefact designed for space travel. He is not designed to remain in his present biologic state any more than a tadpole is designed to remain a tadpole." We've all heard about the launch of Chandrayaan-3 to explore the Moon by now, building on to the success of its predecessors Chandrayaan-1 and Chandrayaan-2. The third lunar mission is expected to push the boundaries of space exploration and innovation. It all started in 2008 when ISRO (Indian Space Research Organisation) launched Chandrayaan-1—a mission including a lunar orbiter and impactor. The launch of Chandrayaan-2 on 22 July 2019 was truly mind-boggling to me, I specifically remember being very exhilarated about it and staying up late to watch it. The significance of Chandrayaan-3 for the Indian space programme is colossal. It's a significant step forward in India's lunar exploration program. Space travel is life-enhancing, and anything that's life-enhancing is worth doing. It makes you want to live forever. This will remarkably help us enhance our understanding of the moon. As somebody who's interested in all things astronomy related, this launch has been something I've been looking forward to since the October of 2022. In honour of this launch, ISRO in association with World Space Week conducted a bunch of events. I was lucky enough to be a part of it. We started off by walking a marathon to spread awareness of the importance of space exploration followed by debates and quizzes. I was fortunate enough to

get to meet eminent ISRO scientists and receive first place in poster making. There was also an exhibit of all the historical moments in space exploration by ISRO, which included a real satellite, truly a one-of-a-kind moment to experience. I was welcomed with open arms and it truly felt like being a part of the team. I also got to attend a lecture conducted by the scientists, so enthralling, I was captivated. This truly was a mind-altering event filled with overwhelming love and gratitude. Some of us don't realise the importance of Space exploration, a topic so fascinating to me, this truly needs to be spoken more of. And as once quoted, "one small step for man, one giant leap for mankind".

- C. N. NAIVEDYA (XI B1)

## சிருஷ்டி சாதனையாளர்கள்

வானில் மின்னும் நட்சத்திரங்களை  
கண்டு வியந்ததுண்டு  
சாதனை நட்சத்திரங்களைக் கண்டு  
வியக்கிறேன் இன்று!

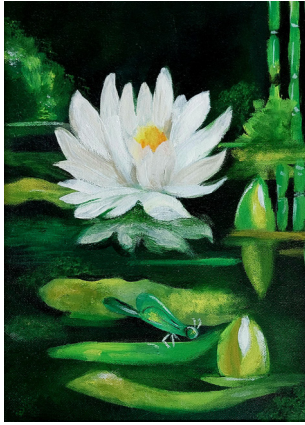
தேர்வுக்களத்தை  
போர்க்களமாய் உருவகித்து  
உயிர் வெற்றியையே இலக்கென  
நிர்ணயித்து  
தூக்கம் பல தொலைத்து  
கடும் முயற்சியையே விதையாய்  
விதைத்து  
இரவு பகலென அயராது  
உழைத்து  
சிருஷ்டி மாணாக்கர் படைத்த  
சாதனை  
இன்று குன்றின்மேல் விளக்காக  
பிற மாணாக்கரின் மனதில்  
வித்தாக  
பெற்றோர் மனங்குளிரும் மருந்தாக  
ஆசிரியருக்கு உரிய விருந்தாக  
கனவல்ல நிஜம் பொய்யல்ல  
உண்மை  
அவர்களின் முகங்கள் ஒளிரும்  
அழகிய நட்சத்திரங்களையன்றி  
வேறல்ல!!

- S. அபிஷேக் (X B)

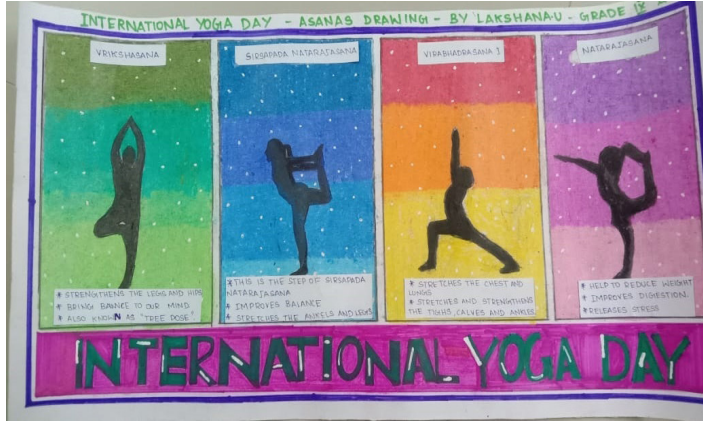




"The job of the artist is always to deepen the mystery."  
- Francis Bacon



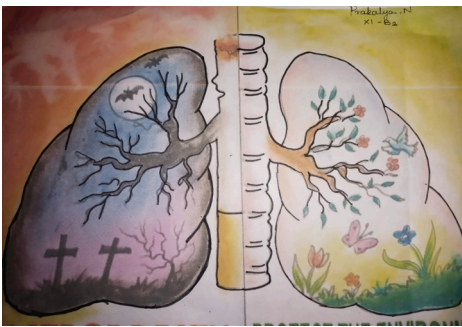
**HANSHIKA SHREE - XI B2**



**LAKSHANA - XI B2**



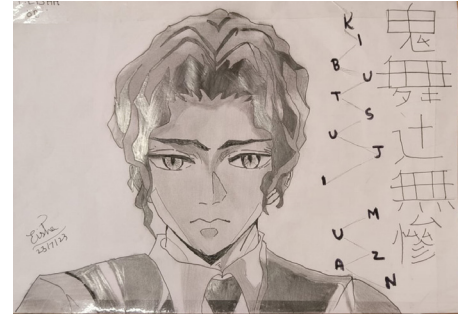
**P.V. ARVIND GOUTHAM - V C**



**PRAKALYA N - XI B2**



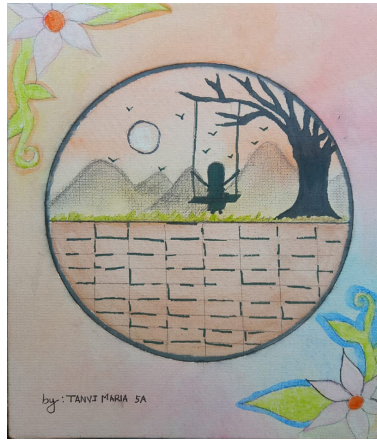
**P. JAI GURUBARAN - VI D**



**EISHA.T - VI D**



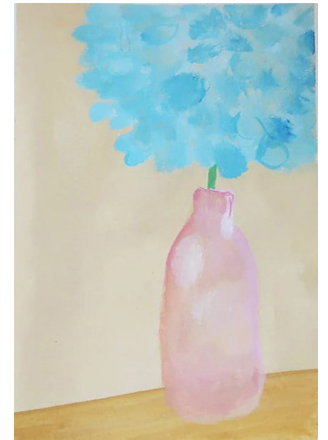
**PRANAVI ISHWARYA - VI D**



**TANVI MARIA - V A**



**HARSHINI - V D**



**KAMALESHWARANA - VIII D**



**ESTER SAVITHA - VI D**



**MITHILESH S - V D**



**ARYAN DAS - V D**

### **GET IT PUBLISHED**

**Dear Students and Teachers,**

Send your achievements/  
articles/stories/art work/  
poems/other creative work  
to [shn122@shrishti.org](mailto:shn122@shrishti.org)



## **“Keep It Clean: Why Littering Isn't Cool”**

The school campus is not just a place for education; it is also our second home. It is where we spend a significant part of our day, learn, grow, and build lasting memories. However, despite its importance, many students fail to realize the negative consequences of littering within the school premises. Why should we not litter our school campus and how it directly impacts our environment, health, and overall well-being?

Imagine walking into a classroom with trash scattered everywhere—yuck! Littering shows a lack of respect for our shared space. Our school campus is like our second home, and just like we keep our rooms tidy, we should keep our campus clean. By treating our environment with respect, we create a positive and welcoming atmosphere for everyone.

A clean and tidy campus looks so much better, don't you think? Litter can make even the most beautiful areas seem messy and unattractive. On the other hand, a clean campus is pleasing to the eye and creates a pleasant environment for everyone. Let's work together to make our school a visually appealing place we can all be proud of.

Littering doesn't just affect the way our campus looks; it harms the environment too. When trash is left lying around, it can end up in our rivers, lakes, and oceans, causing pollution and harming wildlife. We want to protect our environment and the creatures that call it home, right? So, let's make sure our trash ends up where it belongs—in the bins!

Littering might seem like a small thing, but its impact is far-reaching. By choosing not to litter, we show respect for our shared space, create a visually appealing campus, protect the environment, ensure everyone's safety, and take responsibility for our actions.

So, let's stand together as responsible students and make a pledge to keep our school campus clean. Remember, small actions can make a big difference, and together, we can create a cleaner, greener, and more enjoyable environment for everyone.



**-Mr. John Immanuel**  
*Dept. of English*

## **Importance of Community Service in School Education**

As a student, it can be easy to become focused on academics and personal achievements, but participating in community service can help broaden one's experience and teach valuable life lessons. Community service, the act of volunteering to help those in need, can have a significant impact on both the giver and the receiver. Here are a few reasons why community service is an essential part of school education.

### **Develops empathy and compassion**

Participating in community service exposes students to individuals and groups with whom they might not have otherwise interacted. Service activities can involve working with people from different backgrounds, cultures, and socioeconomic status, which develops empathy and encourages understanding and compassion for others.

### **Provides practical learning opportunities**

Community service also provides practical learning opportunities that are not always available in the classroom setting. Service activities offer hands-on experiences and allow students to apply their learning to real-life situations, helping them develop problem-solving, communication and critical thinking skills.

### **Enhances personal growth and self-awareness**

Community service can also help students build character and a strong sense of self-awareness. Participating in service activities can help students develop a sense of humility and gratitude, leading to improved mental and emotional well-being.

## **Builds civic responsibility**



Service activities can help students better understand their community and their role in it. It nurtures a sense of responsibility towards the community, which instils a spirit of civic engagement essential for the betterment of society.

In conclusion, community service should be an integral part of school education as it helps students develop empathy, builds civic responsibility, provides practical learning opportunities, enhances their personal growth, and increases their eligibility for college. Engaging in community service activities benefits not only the individuals being served but also the students who participate, creating a cycle of positive change that strengthens our communities.



**- Ms. Arunasankari S**  
*Dept. of Social Science*

## **SHRISHTI HERALDS THE NEWSLETTER**

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# SHRISHTI HERALDS

SHRISHTI  
LEARN TO LEAD



Volume 02

Issue 04

(Managed by Makhija Foundation)

August 2023  
In this Issue



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## 20<sup>th</sup> Annual Athletic Meet

Shrishti Vidyashram Sr. Sec. School, hosted its 20th Annual Athletic Meet on August 11, 2023. This event showcased a blend of creative expression, and unity, leaving a profound impact on the parents, guests and everyone present on the occasion.

Dr. Gayathri Govindaraj, a prominent Track and Field Athlete and recipient of the Chief Minister's Outstanding Sports Person Award in 2009-2010 was the chief guest. Mr. Kumaravel Pandiyan IAS, District Collector, Vellore was also present during the occasion.

The event began with Thamizh Thai Vathu and Prayer song. Followed by the welcome address the school choir moved the audience by a harmonious patriotic rendition in 15 classical languages, capturing India's essence of "Unity in Diversity." This cultural invocation set the stage for a day dedicated to celebrating the nation's rich heritage and vibrant spirit.

After the flag hoisting ceremony, the four houses of the school—Krishna, Kaveri, Narmada, and Ganga—hosted a spectacular march-past parade led by the School Council and the Sports Achievers. Then, the lighting of the Torch ceremony was orchestrated by the Sports Achievers, which was finally handed over to Mr. Kamesh, Physical Education Director.

Student performances were a testament to their skill and imagination. From martial arts displays to vibrant presentations by kindergarten students—Peppy Pompoms, Bouncing Bonanza, Smiling Stars—the evolution of performances across grade levels culminated in Grade 9's acrobatic display and a stirring patriotic dance. Speaking on the occasion, the Chief Guest emphasised on the importance of sports for

the holistic development of the students. The meticulously decorated grounds, adorned with colourful banners and house flags, created a charged ambiance. The collective spirit of participants and resounding cheers from the crowd amplified the athletes' efforts, fostering unity and celebration.

The champions of various inter-house events were acknowledged during the prize distribution ceremony. **The Narmada house bagged the prestigious Overall Trophy** and the esteemed March Past Shield. Additionally, Narmada and Kaveri houses shared the Tent Decoration Shield. Ganga house's precision in the VI-VIII drill earned them the Drill Shield, while Kaveri house's artistic prowess secured the Poster Making Shield, further enriching the event's achievements.

The event also encouraged parent and alumni participation, which added depth to the celebration and fortified the school's ethos of collaboration. This magnificent sports extravaganza culminated with the vote of thanks proposed by the School Sports captain ISHA S. U – XII B2 followed by the National Anthem.





"In sports, you don't just play a game; you embrace a lifestyle of determination, resilience, and the pursuit of greatness."

## Snapshots of the Sports Day



Martial Arts Fusion Display



Unity on Display



Tug of Memories: Alumni Event



At the Lucky Corner: Parent Event



“Art is the language of the soul, a canvas where emotions, dreams, and imagination converge to create a masterpiece of the heart.”

## Onam at Shrishti Vidyashram

Onam, a 10 day long festival is the most popular festival in the state of Kerala. As the official state festival of Kerala, It is celebrated with joy and enthusiasm regardless of religion, caste or creed. The students of Grade XI, draped in their gorgeous sarees and dressed in stunning mundus were all set for the day filled with enthralling events. The daybreak chorus of melodic birdsong filled the school and the warm sunlight seeped into every classroom, as decided the previous day, every class got to work, each eager to win the pookalam and soft board decoration competition. Each class was given a topic of its own to be displayed. Pookalam, an intricate floral rangoli, is displayed during the days of Onam. These vibrant, colourful patterns not only display artistic skills but also symbolize the unity of people coming together to create something so beautiful. The job involving much teamwork, each class truly showed us the true meaning of cooperation and unity. As each second passed by and each petal laid on the floor adorning the entrance of the classroom and each board decorated to embellish the classrooms, the time was ticking. The time was finally up and every class did a wonderful job, each showcasing its own

gist of Onam. The entrance of each class was truly so beautiful and breathtaking. The teachers were of great help as the hardwork had definitely paid off. It was now time to unwind, we were all told to gather in front of the school where me and Rachel George of class XI B1 contentedly gave a speech on Onam in the very own regional language of Kerala, Malayalam. According to a popular legend, Onam is celebrated to welcome the mythological and malevolent King Mahabali, whose spirit is said to visit Kerala. He observes the well being of the people, displaying such extravagance and commemoration is a sign of prosperity and pride, and ofcourse, Shrishti had its very own student dress up as King Mahabali showcasing the rich history of Kerala. The students truly had an amazing time filled with laughter, merry and togetherness. Moments that will be forever cherished. This day was definitely one for the books but as said every beginning has an end, and to end this joy filled day we got to dance around to the melodious beats played. This truly was an incredible day arranged by the school as we got to learn so much about our neighbouring state and its rich history and diversity. Onashamsakal.

- C.N.NAIVEDYA (XI B1)



## Pre-KG Onam Celebration



## Outstanding Artistry at Noble World Records Event

AARADHANA K J, Grade VII-A, participated in the Noble World Records event on August 13, 2023. In celebration of India's 77th Independence Day and Chandrayaan-3's launch, 100 students crafted a striking 100x100 sq. ft. painting of Chandrayaan-3 to Moon Phase in just 100 minutes, using Rangoli Dust and Charcoal powder. The event was organized by Astronomers- LNRN X.





“Life is a precious gift, a journey of self-discovery, and an opportunity to make a positive impact on the world. Cherish it, live it, and love it.”

## IHA - Inter House Activities

### Grade XI

#### Face Painting: Conservation of Mangrove Forest

Students enthusiastically participated in the Face Painting competition, promoting the theme of Mangrove Forest Conservation. Their artistic expressions vividly conveyed the importance of preserving these vital ecosystems.



#### Poster Making: Say No to Tobacco

The Poster Making competition raised awareness about the harmful effects of tobacco. Students depicted powerful anti-tobacco messages through captivating visuals and slogans.



#### Collage Work: Celebrating the International Year of Millets

Celebrating the International Year of Millets by engaging in a Collage Work activity. Their artistic compositions showcased the versatility and nutritional benefits of millets. This event not only promoted healthy eating but also showcased students' artistic skills.



### Grade III - V

#### Designing a Greeting Card: Mother's Day

Students poured their love and creativity into designing heartwarming greeting cards for Mother's Day. These cards expressed gratitude and affection for mothers and paved a way for them understand their mother's unconditional love.



#### Cooking Without Fire: Chocolate Sandwich

This activity not only enhanced their culinary skills but also emphasized the importance of safe cooking practices. The event was a delightful culinary journey that encouraged creativity in the kitchen.



#### Rubberband Printing Craft - Art Work

This activity was a creative endeavour where students used rubber bands to produce intricate designs. This innovative approach to art allowed students to explore their artistic potential while developing fine motor skills.



### Tamil EduTalk 2.0



**Srishti Schools**  
Vellore, Tamil Nadu  
(Managed by Makhija Foundation)



தமிழ்த்துறையின் மொழியோடு விளையாடு

சிறப்பு விருந்தினர்கள்



**முனைவர் பொன் செல்வகுமார்**  
M.A., B.Ed., M.Phil., Ph.D.  
உதவிப்பேராசிரியர்  
தமிழ்நிலையம்  
(முன்பு) திருப்பத்தூர்.  
கள்ளூர், வேலூர்.



**தி. சி. க. சீவலட்சுமி**  
M.A., M.A., M.Phil., M.Ed.  
தலைமை ஆசிரியர்  
கல்வி உகமை  
சீவானந்தம்  
உயர்நிலைப்பள்ளி,  
காடலாடி.



**முனைவர் கோபாலசுந்தர் செல்வி**  
M.A., M.Phil., B.Ed., Ph.D.  
தலைமை ஆசிரியர்  
மனோரமா  
உதவிப்பேராசிரியர்  
அகநிலையம் கள்ளூர்,  
வேலூர்.

**நாள் : 01.08.2023 ( செவ்வாய்க்கிழமை)**  
**நேரம் : மாலை 3.00 மணி**  
**இடம் : மனு மகேஜா அரங்கம்.**

சமயமும் தமிழும்
அறிவியல் தமிழ்
தமிழ் பண்பாடு
புத்தகவிதை

Watch the full program on YOUTUBE  
<https://bit.ly/srishti-schools-vellore-youtube-channel>





## Confusing words in English

## Idioms

### Famous VS Infamous

The word famous means a lot of people know about a person or thing:

She's a famous singer who has sold millions of albums.

The word infamous means someone or something is well-known because they are connected to bad behavior or something negative.

Police finally captured the infamous serial killer who had terrorized the city for more than seven years.

There's also a pronunciation difference:

**famous:** FA – mus (A as in make)

**infamous:** IN – fu – mus



### Chase Rainbow

If you are chasing rainbows, you are trying to do or achieve something that is not really possible or realistic.

### Example

She's trying to get into Harvard but I think she's chasing rainbows.

## FACE THE MUSIC



### definition

to accept the consequences of your actions



### example

Curtis broke his mom's favorite vase. She'll find out eventually, so he should face the music and tell her now.

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## DO YOU KNOW ?

### Uniqueness of Aditya L1 mission



India is gearing up to embark on a groundbreaking scientific endeavour as the Aditya-L1 mission prepares to undertake a journey of 1.5 million kilometers to study the Sun. The mission, a collaboration between the Indian Space Research Organisation (ISRO) and various esteemed institutions, is

poised to unlock new insights into our closest star over the next five years.

Ragunandan Kumar, Director at the Planetary Society, speaking on the mission's ambitious scope, said, "Aditya-L1 mission is going to undertake a 15-lakh kilometre long journey. After

reaching a point, with the help of the 7 instruments, our country is going to study about the Sun over a period of the next 5 years."

Slated for launch on September 2, the Aditya L1 (Aditya is a name for the sun in the Hindi language) is the first Indian space mission to study the sun. The spacecraft will be placed in an orbit around the Lagrange point 1 (L1) of the Sun-Earth system where the gravitational effects of both bodies cancel each other out. The mission aims to observe solar activities and their effects on space weather in real time.

Source: [https://www.isro.gov.in/Aditya\\_L1.html](https://www.isro.gov.in/Aditya_L1.html)  
<https://www.hindustantimes.com/india-news/isro-scientist-explains-uniqueness-of-aditya-l1-mission-payloads-not-only-101693452358952.html>



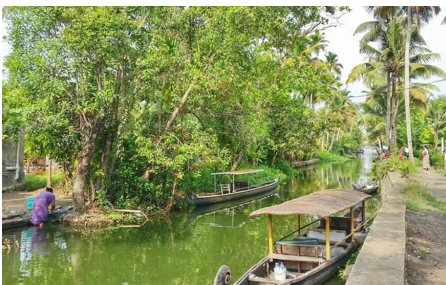
## An Unforgettable Visit to Alleppey

Can anyone imagine green and serene environs, surrounded by backwaters, with both shores of the lake adorned by coconut trees, wherein one could travel on a ferry relaxingly, enjoying the eye-catching natural beauty of the place? Well, this is not just an imagination, but real. If you want to experience this calm and peaceful, of course cheerful, moment, please set aside 3-4 days to visit Alleppey. I had an opportunity to see Alleppey in May 2023. Initially, I wasn't so excited because I thought this would be yet another long boat ride as I did earlier in other places like Cochin. But it was truly euphoric to witness the striking beauty of the place and real life of the people living there.

With the aim of capturing the scenic view of the city in a very brief period of time, we decided to travel in every available mode of transport – public ferry, air-conditioned boat, canoe, auto, and bus rides, and of course on foot as well, all at different places.

Alleppey is very famous for its backwaters and you could travel on a public ferry that would cost as little as Rs.10. What is interesting is you could see the ferry stop at different points dropping and taking people on its way like town buses do here. It's a different feel to witness this happen. People who live along the backwaters take the ferry to go to work and school and we could get into a ferry right along with them. Our visits to Kumarakom and Kuttanad on a ferry left an indelible impression in my mind.

Air-conditioned Vega Boat gave us a full-day ride by means of scheduled entertainment activities, with an overview of the place where the Nehru Trophy Boat Race is being held, and a leisurely walk on the mind-blowing Pathiraminial Island, where you could play on swings, sit on top of a tree, and see rare birds that come for breeding from different parts of the world.



In order to get a bit more than a ferry ride, we took a canoe (small rowing boat) village tour, so that we could access the very narrow channels with both sides inhabited by people. It is fascinating to see people using these channels to deliver groceries, milk, fruits and vegetables, etc., Our other pastimes in Alleppey were admiring the beauty of the old lighthouse that still features wooden stairs and has a naval museum within the premises, walking around the places, and stopping wherever we wanted to liberally serve ourselves with Kerala food – Puttu, Appam, Kadala Curry, Malabar Parotta, and so on. While our visits to marketplaces and renowned temples filled the gaps in the daytime, we set aside the evenings on all four days for beach visits so as to enjoy the cool breeze and occasional drizzles.

I would strongly urge everyone to visit Alleppey and have this wonderful experience!

- S. Abishek (X B)

## new day

push my hair back, knots and all because dreams don't care about tangled hair. i think about making my bed but my wobbly hands just don't wield the energy.

okay, okay. it's a new day, I can do so much better than yesterday's ink clouds and uncontrollable storms. I choose to see the sun, don't I?

new day. I grab my pen and hope to write words that can stop making me feel like van gogh mutilating his ear was fathomable. I want to saunter to the part where I love sunflowers, not to when I'm staring at them through rods.

new day. my feet croon the word dream with every step but I haven't run enough to understand what they are. I have just enough steps to understand the rhythm of the word but not nearly enough to figure out the key I chant it in.

new day, alright? today, I don't get to fuss about the drying pen or aching body or rotting mind. what have the shadows told you? work for your dreams.

new day. wobblier hands but oh! I've made my bed and oh! how on earth is that something to celebrate. scoff. sit down and hustle. never get up. drown. sink. hustle.

new day. I'm tired. I want closure. I want questions to justify my desire for closure.

I want an answer that does not carve why not, because they don't know that that's simply all that I have answers to.

same day. same day. new day? same day.

sunny day. I roll over and stare at the sun. I didn't choose it, but it still cuts with its blades into my finally wide eyes. wait, wait. its coming to me. what if my dream was to scale out of-

no. conjure your wobbly hands dry pens dying mind fading hopes.

I grip the edge of my bed. I scowl straight at the sun. same day for days. I deserve to know this.

the mind and the eye and their ensemble renounce. the sun stays. its coursing to me. bated breath.

my dream, is to scale myself and the love bubbling within me to white clouds and soft suns. my dream, is to untangle her hair and his hair and help them, have steady hands.

breath of solace.  
my day.

- Nikitha M P (XII A2)

## வாழ்ந்த வாழ்க்கையில் நான் கற்றது

வாழ்க்கையில் யாடிக்கும் புத்தகங்கள் அறிவையும், பழகும் மனிதர்கள் அனுபவத்தையும் கற்றுத்தருகிறார்கள்!

...

ஒரு மனிதன் விழாமலே வாழ்ந்தான் என்பது பெருமை அல்ல.. விழுந்த போதெல்லாம் தன்னம்பிக்கையுடன் எழுந்தான் என்பதே பெருமை..!

...

வாழ்க்கை என்பது சூரியன் அல்ல என்றும் முழுமையாய் பிரகாசிக்க.. அது நிலாவை போன்றது அதில் வளர்மிறை, தேய்மிறை என அனைத்தும் இருக்கும். ஒருநாள் மறைந்தும் போகும்..!

...

வாழ்க்கையில் ஏற்படும் துன்பங்களை கடந்து போக கற்றுக் கொள்ளுங்கள் ஆனால் மறந்து போய் விடாதீர்கள்! அதுதான் உங்கள் வாழ்க்கைக்கு வழிகாட்டியாக இருக்கும்!

...

இருள் நிரந்தரம் இல்லை! ஒவ்வொரு இருளையும் காலம் வெளிச்சம் ஆக்குவது போல், ஒவ்வொரு துன்பத்தையும் காலம் இன்பம் ஆக்கும்..!

...

உன்னை குறை கூறும் பலருக்கு உத்தமனாய் வாழ்வதைவிட உன்னை நம்பும் சிலருக்கு நல்லவனாய் இரு! அது போதும்...

- க. ஆல்வின் எழில் (XII A5)





“The only way to do great work is to love what you do.”  
- Steve Jobs



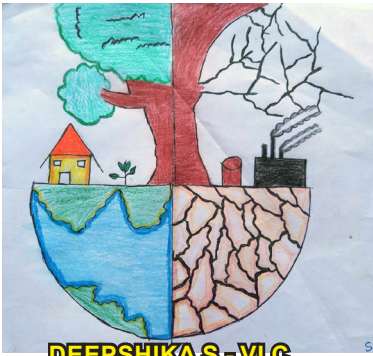
DAIWIK S - IV B



LAKSHANA - XI B2



R.KAVIN VENBA - VI D



DEEPSHIKA S - VI C



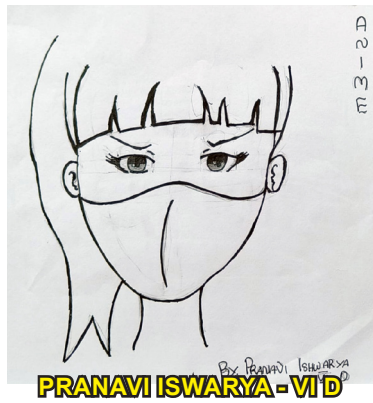
DHEVP - VI C



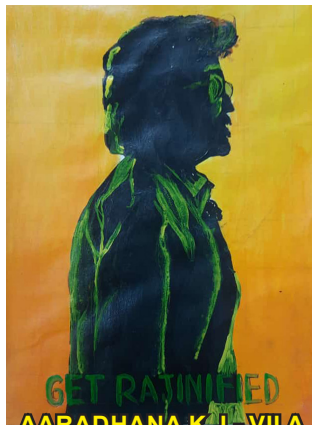
ISHITHA SRIA - VA



KARTHIKK - VI C



PRANAVI ISWARYA - VI D



AARADHANA KJ - VII A



TANVI MARIA - VA



AARYAN DAS V D



TS.SWASTHIKA - VA



SHANUKA - VI D



ANDREA ANU BAISEL - V D

### GET IT PUBLISHED

Dear Students and Teachers,

Send your achievements/articles/stories/  
art work/ poems/other creative work to  
[shnl22@shrishti.org](mailto:shnl22@shrishti.org)



## Teachers Orientation - Building Positive Parent Teacher Student Relationship



Teachers' Orientation Programme on "Building Positive Teacher-Student-Parent Relationships," was held on August 26, 2023, at Shrishti Vidyashram for the teaching faculty of Shrishti Schools. Facilitated by the Head of Schools Mr. M.S Saravanan and Mr. Agni Bharathi-Head- SDIC, the session underscored the evolving roles of parents, students, and teachers in the 21st century. The profound impact of cultivating positive relationships among these stakeholders on student well-being and growth was highlighted. Additionally, teachers were recognized as essential bridges in addressing challenges within parent-student relationships. Practical strategies, including role reimagining, transparent communication, empathetic listening, and sharing evidence of student progress, were discussed to bolster positive relationships. The program also reinforced existing practices like "Positive Phone Calls to Parents" and encouraged home visits, particularly for students requiring additional support. These insights aim to create a collaborative and supportive educational environment at Shrishti Schools for the holistic development of our students.



## International Youth Day

International Youth Day is observed on August 12th each year. It is an awareness day designated by the United Nations to recognize and promote the role of young people as essential partners in promoting social, economic, and political development around the world. The day aims to highlight the challenges and opportunities faced by the youth globally, as well as to celebrate their contributions to society.

The United Nations established International Youth Day in 1999, and it was first observed in 2000. Each year, the day is organized around a specific theme that addresses relevant issues and concerns faced by young people. These themes often focus on areas such as education, employment, mental health, civic engagement, and social justice.

The theme for International Youth Day



2023 is "Green Skills for Youth: Towards a Sustainable World". This theme emphasizes the importance of equipping young people with the knowledge, skills, and resources necessary to contribute to and lead sustainable initiatives that address environmental challenges.

"Green skills" refer to the abilities and competencies needed to work in fields that promote environmental sustainability, such as renewable energy, conservation, waste management, and sustainable agriculture. By focusing on green skills, International Youth Day 2023 highlights the role of young people in shaping a more sustainable future and finding innovative solutions to global environmental issues.

The theme underscores the idea that young individuals are crucial stakeholders in the fight against climate change and the promotion of environmental protection. It encourages investments in education, training, and professional development opportunities that can empower young people to make positive contributions to sustainability efforts at local, national, and global levels.

Let's all pledge to play an active role in environmental conservation, sustainable development, and the transition to a greener and more sustainable world.



**-Mrs. Naanmalar. B**  
*Middle School*  
*Coordinator*

## Shrishti Students

In SHRISHTI VIDYASHRAM's realm they thrive,

Our students, skilled and alive,  
Impressive minds with talents rare,  
Generosity their hearts declare.

Dedicated souls with goals in sight,  
Determined warriors, ready to fight,  
Shining bright in their chosen field,  
A future that's bound to be revealed



**-Mr. Prem Anand Y J**  
*Dept. of English*

## SHRISHTI HERALDS THE NEWSLETTER

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“The vision of creating a divine society begins with strengthening education at the grassroots.”

- Gurudev Sri Sri Ravi Shankar



# SHRISHTI HERALDS

SHRISHTI  
LEARN TO LEAD



Volume 02 Issue 05

(Managed by Makhija Foundation)

September 2023  
In this Issue



02 Krishna Janmashtami Celebration



03 Excursion



07 Students' corner

## Celebrating Teachers' Day with Gratitude and Enthusiasm



A day filled with warmth, gratitude, and admiration, Teachers' Day was celebrated with great zeal and enthusiasm at our esteemed institution. It was a day when students from across all grades came together to express their heartfelt appreciation for their teachers.

The celebrations began with students extending their heartfelt wishes and admiration to their beloved teachers. Flowers were showered as tokens of affection, turning the atmosphere into a fragrant garden of appreciation.

To make this day truly special, the School Councils of both CBSE and Matric collaborated to organize a mesmerizing cultural program. Under the guidance of the in-charge teachers, students showcased their talents in dance, singing, and music, leaving everyone in awe.

The gathering was graced by the esteemed presence of the Trustee Mr. Mahadevan Venkatesh and the Head of Schools Mr. M.S. Saravanan. They addressed the assembly, extending their warm wishes to all the teachers.

A highlight of the celebration was the cutting of a grand cake on the stage. The school heads, accompanied by the teachers, symbolically marked the occasion by cutting the cake. Subsequently, slices of cake were distributed

to all the teachers, creating a sweet memory of this special day.

The students, with meticulous planning and dedicated practice, presented captivating performances that captured the essence of this day. Their heartfelt efforts were a testament to the strong bonds between teachers and students.

This joyous occasion brought together teachers from both CBSE and Matric, as well as students from Grades VI to XII. The sense of unity and appreciation filled the air as everyone came together to celebrate the guiding lights of their educational journey.

Mr. Balaji, PGT - Dept. of Mathematics, Shrishti Matric, extended his gratitude through a well-articulated vote of thanks. The teachers were honored with thoughtful gifts from the school management, a token of appreciation for their relentless dedication.

The celebrations concluded on a delightful note as all the teachers were invited to a grand lunch.

Teachers' Day at our school was not just an event, it was a beautiful expression of gratitude and love from students to teachers. It was a day to honour and celebrate the educators who play an instrumental role in shaping the future of our students.

- Ms. Vimala Ravichandran  
Dept. of Science





Let us remember: One book, one pen, one child,  
and one teacher can change the world.

-Malala Yousafzai



## Krishna Janmashtami Celebration

Lord Krishna is an epitome of love, pleasure and peace. His birth also symbolises victory of good over evil. At Shrishti, to celebrate birth of lord Krishna, a vibrant, divine program was organised on the 5th of September 2023. Children of Kindergarten dressed up as Cute Krishnas and Radhas. The program began with a beautiful classical dance by Varnika Sre, who welcomed Lord Krishna by dancing to enchanting tune of Swagatham Krishna. The Dance was followed by chanting of Achuthashtakam by children of grade 3-5. Listening to children recite these difficult Slokas was enthralling. Finally, girls of grade 8-9 sang two songs “Enna thavam Seidanai” and Maadu maikum kanne”. These two melodious songs illustrates the relationship shared by Yashoda and Lord Krishna during his childhood. The divine program ended with Aarthi by the Head of Schools, Mr.M.S. Saravanan and Trustee, Mr. Mahadevan Venkatesh. The event was orchestrated by Ms. Annapoorna, Ms. Sai Janani, Ms. Roopa Ramesh and Ms. Savitha Varatharajan.





### Shrishti's Award Galore!



#### Another Feather to His Cap!

The Head of Schools, Mr. M. S. Saravanan receives the prestigious **Ambedkar Ramanujacharya Award** from the Honourable Governor of Tamil Nadu in recognition of his exceptional dedication to education.



(Managed by Makhija Foundation)

We are proud to announce that **SHRISHTI VIDYASHRAM SENIOR SECONDARY SCHOOL** Vellore, Tamil Nadu, INDIA

has been bestowed with the prestigious



presented at



September 15th 2023 New York, USA

for its outstanding commitment to Greening Education.

### GRADE IV & V



May Flower Club House- Vellore

It's no surprise that Schools are a second home to the children and an important part when they grow up in their lives. Schools became a place where a child learns how to dream, and how to follow the steps that lead to his destination in Life. Children from Grade IV & V enjoyed their picnic with their peers.

A short but lovely experience that engaged the teachers and students into a world of fun that can never happen in classrooms.

### GRADE III



Harish Play Zone - Vellore

### GRADE I



Happy Kyzd - Vellore

EXCURSION



“Travel, in the younger sort, is a part of education;  
in the elder a part of experience.”

- Francis Bacon

## Tour to Coimbatore - Grade XII



The sound of trolleys rumbling, students chattering and laughing filled the atmosphere of Katpadi Railway Station as the XII graders and the teachers guiding us made our way to our respective platforms to wait for our train, on a sunny evening of 14th September. The Coimbatore Intercity express soon arrived and we hastened our way into our coaches. It was about 4:20 pm when our much awaited journey kicked off. After saying our goodbyes to our parents through texts and calls, we did not plan on wasting a single moment as we started playing songs, clicked pictures, chatted with our mates and ate snacks. What's a school trip, especially travelled by train, without dancing? Students were quick to jump to their feets and show off their moves as the energetic beats dropped in. It must've been a great day for the shop vendors on the train, as a lot of us bought things in bunches to keep it as a memory of this tour. The rest of the journey was spent in an enjoyable manner as we played games, talked and entertained ourselves.

The chill and rejuvenating night breeze hit us when we arrived at the Coimbatore Station, about 10pm. From there, we had to walk a short distance to reach our hotel. On the way, we caught glimpses of the night life in coimbatore city: it was quiet but still buzzing with people; tall buildings and hotels lit up in lights and neon signs caught our eyes as we marveled at it. Soon, we reached our hotel and had our dinner first, which was finger licking good (no, it was not KFC, but it was still amazing). We ended our appetite for the day with delicious ice creams. After that, we were asked to get to our assigned rooms and wind up for the day. But of course, a majority of us stayed up all night, playing games, chatting with friends and trying to have the most fun possible. Because,

as much as we were wearing big smiles most of the time, a single thought kept running in the back of our minds : this is our last tour together. Our last school trip, ever. This was the one thought which pushed us and told us to have the time of our lives. And we promised ourselves that we will.

It was almost like we had no sleep, when we woke up in the morning. Even so, we got refreshed, dressed and packed our bags, all ready and excited for the main day. We had our breakfast and boarded our buses. Destination for the day: Black Thunder theme park, Mettupalayam. The bus ride was a 2 hour long journey, so obviously we weren't idle and sitting in silence. Disco lights and the speaker system were turned on as we danced and grooved to the music on the moving bus. A few sat back and enjoyed the view along our way. Soon enough, we reached our destination and got our tickets and instructions as we started our adventure. Students hopped on the various land rides with excitement and a little fear. But once we were on it, we screamed our lungs out as our adrenaline hit us and enjoyed the thrill. Thunder spin, columbus and bungee ejection are a few rides that are unforgettable. After completing the land rides, we had our lunch.

We had a plate of hot and tasty biriyani- needless to say, it was everything we craved for after a long day. After lunch, it was time for the much anticipated water games. We started off with the small and simple slides, then set off towards the bigger ones. Huge slides in various shapes and numerous twists and turns piqued our interests to try them out. And we did try them, well atleast, most of us did! They were crazy rides and had a long queue but they were definitely worth it. The wave pool and lucky falls were the theme park's main attractions and were timed rides. So we surely did not miss out on them. We rode the highs and the lows of the waves and experienced the power of the enormous falls. It was altogether an amazing set of events.

After we managed to get on majority of the rides, we were asked to return back to the canteen to have our snacks. Soon after, we changed from our dripping clothes into fresh ones and boarded our buses again.

We were all exhausted on our journey back to our hotel and most of us slept through it. The entire bus was quiet and the stillness was strange. After having our dinner, we were split into two groups based on our trains. The first group boarded their train earlier than the second.

We had sleeper coaches on our way back to Vellore. The train journey was a little different from the first one as we were all tired and a little emotional. After we were assigned our respective seats, we were quick to gather our friends and start talking again. The night was still young for us. We talked, laughed and reminisced about our trip which was soon coming to an end, as other passengers made their way in and disrupted our groups. We were quick to behave and got back to our beds and tried to shut our minds and eyes for the next few hours. It was around 5 am when we were woken up by the teachers. Slowly gathering our bags and things, we came to terms with the fact that our tour has come to an end. From the station, we were taken to the school by buses, from where our parents picked us up as we bid our final goodbyes and thanked our teachers.

Overall, the school trip was an unforgettable experience that we would cherish for the rest of our lives. It was a perfect blend of fun, adventure, and emotions, and we were grateful for the memories we created together.

We have also learnt a lot during the same. A special thanks and appreciation must go to our teachers and tutors who took the burden of planning the entire trip and gave us the freedom to have the maximum fun, while also taking care of us. I'm sure that we won't need any photo or video to recall any of this, because every moment of this incredible trip is engraved in our minds and hearts. It will remain so, forever!

-M. SAHANA (XII B2)





## Confusing words in English

### Ingenuous VS Ingenious

**Ingenuous** - honest, innocent and willing to trust people in a way that sometimes seems foolish.

**Example :** She is too ingenious in believing what others say.

**Ingenious** - very intelligent and skilful. Skilfully made or planned and involving new ideas and methods: an ingenious idea/method/solution.

**Example :** Johnny is so ingenious - he can make the most remarkable sculptures from the most ordinary materials.

## Idioms

**Bite the bullet** - It is used to describe a situation where one accepts an inevitable impending hardship or hard-to-refute point, and then endures the resulting pain with fortitude

**Example :**

The accused man bit the bullet as the judge handed down his sentence.



**Stealing someone's thunder** - to get the success and praise someone else should have got, by doing what they had intended to do.

**Example :** They all worked together on the project, but while submitting it, one of them stole the thunder.

## Our Social Media Handles

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**Shrishti group of schools  
vellore**

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Highlights of Krishna Janmashtami and Teachers Day Celebration 2023

Shrishti Schools Vellore • 216 views • 13 days ago



Matric Onam Celebration 2023

Shrishti Schools Vellore • 886 views • 2 weeks ago



CBSE Onam Celebration 2023

Shrishti Schools Vellore • 744 views • 2 weeks ago

## DO YOU KNOW ?

### Chandrayaan-3:

**Pragyan rover confirms presence of Sulphur on Moon, detects traces of other elements, search for Hydrogen on**



The “first-ever in-situ” measurements carried out in the lunar polar region, the Laser-Induced Breakdown Spectroscopy (LIBS) instrument onboard Chandrayaan-3 rover Pragyan has unambiguously confirmed the presence of Sulphur (S) in the lunar surface near the south pole.

“LIBS is a scientific technique that analyses the composition of materials by exposing them to intense laser pulses.

A high-energy laser pulse is focused onto the surface of a material, such as a rock or soil.

The laser pulse generates an extremely hot and localised plasma,” Isro said.

The collected plasma light is spectrally resolved and detected by detectors such as charge coupled devices. “Since each element emits a characteristic set of wavelengths of light when it’s in a plasma state, the elemental composition of the material is determined,” Isro added.

### Other elements detected too

The space agency said that preliminary analyses, graphically represented, have unveiled the presence of Aluminum (Al), Sulphur (S), Calcium (Ca), Iron (Fe), Chromium (Cr), and Titanium (Ti) on the lunar surface. “Further measurements have revealed the presence of manganese (Mn), silicon (Si), and oxygen (O). Thorough investigation regarding the presence of Hydrogen is underway,” Isro said.

LIBS instrument is developed at the

Laboratory for Electro-Optics Systems (LEOS) in Bengaluru. LEOS, one of the vital units of Isro, deals with the design, development and production of attitude sensors for all LEO, GEO and interplanetary missions; develops and delivers optical systems for remote sensing and meteorological payloads. “The lab is equipped with world class fabrication, testing and coating facilities. Next generation technologies such as 3-axis fiber optics gyro, optical communication, MEMS, nanotechnology, detectors and development of science payloads for future space missions are also being pursued,” according to Isro.

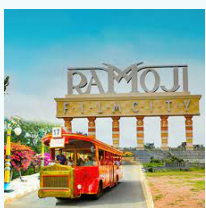
Source: <https://timesofindia.indiatimes.com/india/chandrayaan-3-mission-search-for-hydrogen-is-underway-says-isro/articleshow/103181584.cms?from=mdr>





## The City Of Pearls: Hyderabad

*"Not all classrooms have four walls."  
-Sonya Chappell*



The most awaited day of the school year was finally here and the excitement was at its peak, all of us gathered at school at around 2 in the afternoon. We said our prayers and bid goodbye to our parents who had come to drop us off. Nobody talks about how it is to go on a journey without our parents, it leaves a great impact on us allowing us to rely on ourselves and be responsible whilst having fun. We boarded our buses in the soothing weather and were off to Arakkonam where we would board our trains toward the city of pearls, Hyderabad. We boarded our trains and the journey had begun. It was a 14-hour journey filled with games and entertainment. At around 8 in the morning, we reached Hyderabad. We were taken straight to our hotel where we were served breakfast and then shown to our rooms. Shortly after, we got ready for a fun day at Ramoji Film City. The excitement



was over the roof now, we were shown around in their popular red vintage bus, and we got to see shows like "Filmi Duniya" and "Lights, Camera, Action" where some of us even got to volunteer. We got to see so many amazing film sets like that of Bahubali that truly made us feel like we were a part of it. Ramoji felt endless, there was so much more to see like the butterfly museum and the bird park. We ended the visit by going on all their rides and trying our luck at their games. We headed back to our hotel, still in awe of the sights we'd seen. Though the whole day had drained us, nobody could say no to a dj night. We quickly ate our dinner and were off to a night filled with music and dance. Due to unfortunate events, we couldn't visit the Salar Jung Museum and Birla Mandir on the third day. We got to spend time at one of the oldest monuments in India, Charminar to shop and admire its beauty. The day continued with the very famous

mouth-watering Hyderabadi biriyani for lunch. On our drive back to the station we got to see the martyrs memorial on the banks of the Hussain Sagar Lake. The trip had finally come to an end, indeed a much-needed break. We got on the train back home and relished the last few hours together. This trip was truly everything we could ask for and we'd like to thank the management and the teachers in charge for making it a safe and truly memorable trip. One that we'd remember for the rest of our lives.

- C.N.NAIVEDYA (XI B1)

## The Unsung Hero

*Nicholas Winton:*

*A Hero's Legacy of Kindness and Perseverance*

The Holocaust of 1938 remains one of the darkest chapters in human history, a period of unspeakable cruelty and tragedy where millions of innocent lives were lost. Amidst this harrowing landscape, a single man stood as a beacon of hope and compassion, saving the lives of around 669 Jewish children - his name was Nicholas Winton.



finding them safe passage to Britain. With remarkable determination, he navigated bureaucratic obstacles and raised funds to ensure their escape from the clutches of Nazi persecution. Upon arriving in Britain, he tirelessly worked to find new families and foster homes for these young refugees, giving them a chance at a future filled with hope and promise.

But what truly sets Nicholas Winton's story apart is the humility and selflessness with which he carried out this noble mission. For nearly five decades, he kept this remarkable chapter of his life a secret, quietly moving on with his life, never seeking recognition or praise for his actions. It was only when his wife,

Nicholas Winton's extraordinary act of heroism began when he organized the rescue of Jewish children from Czechoslovakia,

Grete, stumbled upon a hidden notebook containing vital information about the rescued children that his brave actions came to light.

With the discovery of the notebook, Grete decided to share this incredible tale with the world, and the story reached the ears of a journalist. Invited to a television program, Nicholas Winton had no idea that he was about to experience an unforgettable moment. As he faced the audience, he was met with an unexpected surprise - every person in the room was a child he had saved all those years ago. Overwhelmed with emotion, they stood up and tearfully said, "Thank you." In that touching moment, Nicholas Winton realized the immense impact of his actions on those young lives, and his heart swelled with joy and gratitude.

Nicholas Winton's life is a testament to the power of human kindness and the indomitable spirit of perseverance. His unwavering dedication to helping others in the face of great danger and adversity serves as an inspiration to generations past, present, and future. He embodied the true essence of a hero - someone who acted without hesitation to protect and save those in need, even at great personal risk.

In 2015, at the remarkable age of 106, Nicholas Winton left this world, but his legacy endures. His actions during the Holocaust and the lives he touched resonate in the hearts of those he saved and continue to inspire people worldwide. He remains a shining example of the potential for goodness and compassion within every individual, reminding us that even in the darkest of times, acts of kindness can illuminate the path to a more compassionate and flourishing world.

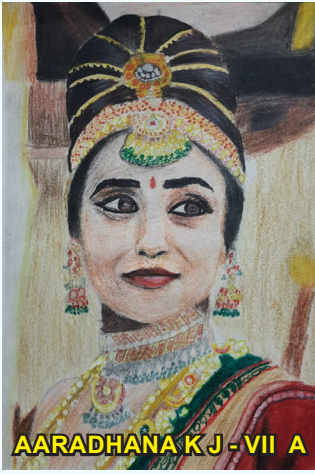
As we remember Nicholas Winton's remarkable journey, let us carry forward his legacy by striving to emulate his compassion, bravery, and selflessness. May we find the strength to stand up against injustice and lend a helping hand to those in need, following in the footsteps of this remarkable hero who left an indelible mark on history and in our hearts.

- DENNISH (IX E)





“Painting is just another way of keeping a diary.”  
- Pablo Picasso



**AARADHANA KJ - VII A**



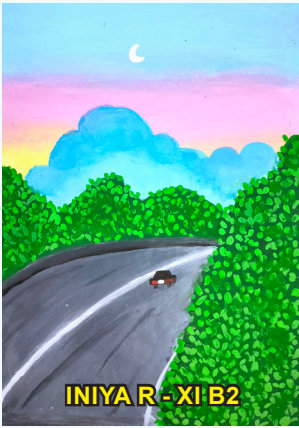
**VIJAY SAI K - IV C**



**DHEVP - VI C**



**S DHANVIN - IV C**



**INIYAR - XI B2**



**AISHITHA SRI - VA**



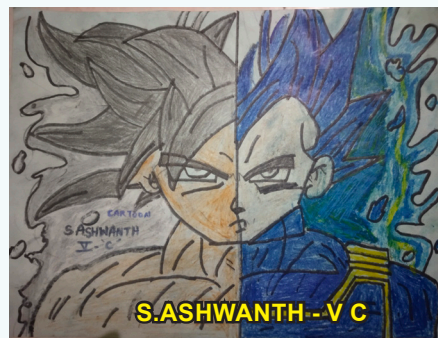
**S HARSHITHA BHAIRAVI - VI D**



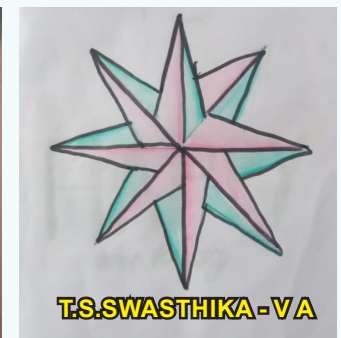
**MADHAV. B. KRISHNAN VIII D**



**LAKSHANA - XI B2**



**S.ASHWANTH - V C**



**T.S.SWASTHIKA - VA**



Aishwarya R - XI B1 statue of "Mom and Daughter love" with eco-friendly materials no plastics



**P.V.ARVIND GOUTHAM - V C**



**DHIYANASS - IV B**



**S.MAHATHI - I B**



**GET IT PUBLISHED**

Dear Students and Teachers,

Send your achievements/articles/stories/ art work/ poems/other creative work to [shnl22@shrishti.org](mailto:shnl22@shrishti.org)



## Why is ISRO sending spacecraft to study Sun, when it will reach the orbit, what it will study?

In the wake of successful missions to Mars and the Moon, the Indian Space Research Organisation (ISRO) is getting ready for its next ambitious endeavor that could provide important understanding about our solar system. The upcoming solar mission, named Aditya-L1, is poised to unravel the complicated workings of our Sun, the very source that sustains life on our planet.

### Why is ISRO studying the Sun?

The Sun, our closest star, offers an opportunity for in-depth examination of functioning of stars, which is difficult to do for other distant stars. This celestial body is teeming with dynamic activity that stretches far beyond its visible surface. It periodically unleashes monumental bursts of energy and showcases various eruptive phenomena.

However, these solar outbursts could potentially impact our technologically-dependent world, causing disruptions in our near-Earth space environment. To avert any such disturbances, early detection and intervention are important. The Sun, acting as a natural laboratory, provides an invaluable arena to study these elusive phenomena, which cannot be replicated directly in any controlled laboratory environment.

**Deciphering the Role of Lagrange Points**  
Five strategic locations in the orbit of a planet, known as Lagrange or 'L' points, offer stable positions where gravitational forces interact harmoniously with the orbital dynamics of celestial bodies. These points – L1, L2, L3, L4, and L5 – have been named after Joseph-Louis Lagrange, a renowned 18th-century Italian astronomer and mathematician. Among these, L1 stands out, positioned about 1.5 million kilometers away from Earth. This distance is merely 1% of the vast expanse between Earth and the Sun, which is about 151 million kilometers.

**Aditya-L1 Mission: Illuminating Solar Secrets**

Aditya-L1 marks a pioneering milestone in India's space endeavors, representing the country's inaugural foray into a space-based observatory dedicated to the Sun.

The spacecraft will be placed in a halo orbit around the L1 point. This strategic positioning offers a remarkable advantage – an unobstructed view of the Sun, devoid of any eclipse or occultation. This unbroken observation window facilitates an unprecedented understanding of solar activities.

Aditya-L1 will be equipped with seven distinct payloads, each geared towards capturing insights into the photosphere, chromosphere, and the Sun's outermost layers, also known as the corona. Employing electromagnetic and particle detectors, four payloads will directly scrutinize the Sun, while the remaining three will embark on in-situ examinations of particles and fields at L1. The anticipated wealth of data will shed light on critical phenomena, including coronal heating, coronal mass ejections, flare activities, space weather dynamics, and interplanetary particle and field propagation.

### Voyage of the Spacecraft

Aditya-L1's journey commences with its launch into a low Earth orbit by the PSLV-C57 rocket. Subsequently, the spacecraft's orbit transforms into a more elliptical trajectory, guiding it toward the L1 point through on-board propulsion. As the spacecraft traverses this path, it escapes Earth's gravitational sphere of influence. Once this threshold is crossed, the craft enters a cruise phase, ultimately entering a vast halo orbit encircling L1. This intricate voyage is estimated to take four months, culminating in the spacecraft's arrival at its designated destination.

**A Glimpse into the Mission's Objectives**  
Aditya-L1's mission aspirations are multifold, encompassing the exploration of various facets of solar dynamics. These include delving into coronal heating. The mechanisms driving solar wind acceleration

The inception of coronal mass ejections and flares

The intricate dynamics of the solar atmosphere and the distribution of solar wind and temperature anisotropy.

This ambitious undertaking is supported by an ensemble of seven science payloads,

each devised for a specific realm of investigation.

### Steadfast International Endeavors

As we delve into Isro's Aditya-L1 mission, it's essential to recognize the legacy of solar exploration cultivated by other nations. From NASA's Pioneer missions to recent achievements like the Parker Solar Probe and the Solar Orbiter launched by the European Space Agency (ESA), these collective efforts underscore the global commitment to unraveling the mysteries of our life-giving Sun.

In the upcoming years, Aditya-L1 promises to illuminate the cosmos with unprecedented insights, augmenting our understanding of the Sun's vital role in the intricate dance of celestial forces that shape our universe. As we await its unfolding revelations, the world of science and space exploration stands united in anticipation of the knowledge that this mission will undoubtedly bring.



**-Mr. Parthiban M**  
*Dept. of Physics*

## SHRISHTI HERALDS THE NEWSLETTER

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# SHRISHTI HERALDS

SHRISHTI  
LEARN TO LEAD



Volume 02 Issue 06

(Managed by Makhija Foundation)

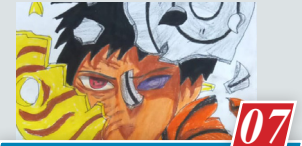
October 2023  
In this Issue



Sr. Project Day 2023-24



Inter House Activity



Students' corner

## Experiential Learning Expo 2023-24



Shrishti Vidyashram's "Experiential Learning Expo" was magnificently held on October 7, 2023, with the theme "Making Learning Visible." The event commenced with a ceremonial inauguration presided over by Dr. Jeyasheela Kamaraj, Naruvi Hospitals, Vellore. The occasion was graced by the esteemed presence of our Head of Schools, Mr. M. S. Saravanan, Vice Principal Mrs. Hepsibah Paul, and Co-Scholastic Coordinator Mrs. Usha Paulson.



We were honored to host Dr. Bizay Sonkar Shastri, a distinguished former Member of the Lok Sabha, who engaged with our students, providing them with invaluable encouragement and insights. The event showcased a remarkable array of projects meticulously prepared and presented by our talented students, demonstrating their dedication and creativity.





“Tell me and I forget, teach me and I may remember,  
involve me and I learn.” – Benjamin Franklin

## AN ARRAY OF PROJECTS DISPLAYED

### Dept. of Mathematics

#### EVERY PROBLEM HAS A SOLUTION

Students presented models based on fractions, Pythagoras theorem, Angle sum property of the polygons, Geometrical city, Roller coast and applications, 3D shapes, Mathematical puzzles and brainstorming, Properties and theorem on circle, Origami, Applications of Height and Distance in Trigonometry, MIME



SHOW based on shapes and angles, Power point presentations on the topic

“The invisible power behind space”  
“Application of Parabola” and  
“Mathematics in Medicine”. Interesting facts about Math, Mathematicians and charts were also displayed.

### Dept. of Tamil

#### முத்தமிழ்

தமிழ்த் துறை சார்பாக இயல். இசை. நாடகம் போன்றவை அரங்கேறியது. வரவேற்பு நடனம். வேலு நாச்சியார்



நாடகம். வில்லுப்பாட்டு. கும்மியாட்டம். பொம்மலாட்டம் என அனைத்து நிகழ்ச்சிகளும் சிறப்பாக நடைபெற்றது. பார்வையாளர்களும் பெற்றோர்களும் மாணவர்களும் இதனைக் கண்டு களித்து வெகுவாக பாராட்டினர்.

### Dept. of Science

#### EXPLORING THE COSMOS

The rooms designated for science projects were transformed into mesmerizing space

zones, complete with starlight projectors. A grand total of 28 projects were displayed by the students. From meticulous working models to intricate 3D representations, each project illuminated a different facet of space exploration.

From Chandrayaan 3 rocket models to



Mangalyaan replicas, and from rover landing simulations to space debris management concepts, these innovative creations left everyone spellbound.

### Dept. of Computer Science

#### DEVELOPERS & PROGRAMMERS

Students from Classes VI to XI presented a wide array of projects that demonstrated their understanding of the development and application of software in the real world.

Some of the computer projects were Unveiling the Hidden Threat of Malicious USB, Rotten and Fresh fruit dictator, Security Alarm, Human Computer Interface, Moon Rover, Alvido Blind Stick, Password Manager, Ultrasonic Based Radar etc.

The live demonstrations were a significant attraction, showcasing experiments and technologies in action. With this event students honed essential skills such as research, presentation and teamwork enhancing their overall academic and personal development.

### Dept. of English

The Art gallery served as a platform for students of class VI - IX to exhibit their exceptional artistic talents. Within this gallery, visitors were treated to a mesmerizing display of intricately crafted models depicting famous scenes and characters from Shakespearean plays.

One noteworthy performance involved students from classes VI to IX who enacted the iconic three witches' scene from “Macbeth.” Students from class XI showcased their theatrical prowess by presenting a captivating rendition of the courtscene from “The Merchant of Venice.”

The event featured a diverse range of individual performances, including soliloquies, monologues, character disguises, sonnet recitations, and dramatizations of renowned Shakespearean works such as “All the World's a Stage.” These performances were met with enthusiastic applause and appreciation from the audience.

### Dept. of Social Science

#### ANTIQUITY TO DIGITAL (Ancient to Modern)

##### Class VI. Agriculture (Geography)

Students were engaged in a project on agricultural practices, creating models that highlighted the evolution of these practices over time.

##### Class VII. Election process. (Political Science)

Students made models in order to differentiate the process of conducting election in the past and at present. They also explored the election process by constructing models that illustrated the differences between past and present methods of conducting elections.

##### Class VIII. Communication. (Civics)

Students testified the development in communication and the social change based on the progress in it. They delved into the topic of communication, examining its development and its impact on societal change. Through their investigations, they testified to the advancements in communication technology and its profound influence on social dynamics.

##### Class IX: Rulers and Governance. (History and political Science)

Students actively participated in role-playing exercises centered around rulers and governance. They embodied various historical figures, such as tribal rulers, medieval monarchs, and representatives of modern democratic governments.



“Being able to be your true self is one of the strongest components of good mental health.”

## Sports Achievements

### CBSE CLUSTER State Championship

held at Tamil Nadu Physical Education Sports University, Chennai



**S. PRAVEEN KUMAR**  
Class XII A2  
Gold Medal  
Shotput - U19

He has emerged as the best among 300 schools.



**KARTHIKEYAN.J**  
Class VIII A  
Bronze Medal  
Shotput - U14

He has emerged as a top performer among 756 schools.

### CBSE CLUSTER ATHLETIC MEET



**DEEPTI DHINESH**  
Class VIII C  
8th Place  
Shotput - U14



**JOSHITHA.P**  
Class XI C  
8th Place  
Long Jump-U17



**RUCHITRA S** VIII A    **ANUSHIYA A** VIII C    **LOSHINI I J** VIII B    **DEEPTI DHINESH** VIII A

**4 X 100 mts Relay (under 14)**  
5th Place

## 18th Junior National Soft Tennis Championship

Held at Vijayawada, Andhra Pradesh



**Narumugai K M- XII A1**  
U-18 Team event - Gold  
Doubles - Gold  
Singles - Silver



**R.Sriram Subramanian**  
XII B1  
U-18  
Team Event - Bronze



**Srijan S - XII B1**  
U-18  
Team Event - Bronze



**Sadhana S - XI C**  
U-18 Singles - Gold  
Doubles- Gold  
Team Event- Gold



“Success is not final, failure is not fatal:  
It is the courage to continue that counts.” - Winston Churchill

## Class XI Students' Community Service Visit to WORTH Rehabilitation Division, Katpadi



On October 18, 2023, our Class XI students visited the WORTH Rehabilitation Division in Katpadi. The day was filled with various activities, including dance, mime, singing, motivational talks, and art sessions, all engaging around 150 gifted children at the campus.

Essential items such as water bottles, pens, pencils, and snack boxes were distributed to the students as a token of love. Witnessing the challenges faced by these children left a profound impact on the students, fostering empathy and understanding, and making them realize the remarkable positive energy radiating from the students.

*Organised by: Mr. Prakash P, PGT Mathematics, Head-Community Service*

## K-12 @AICHe-VIT



Students from VIT conducted an outreach program for the students of class IV & V, where they simplified intricate scientific concepts through easy-to-understand modules and hands-on experiments. The session focused on breaking down complex phenomena into simple explanations.

This session not only enhanced the students' knowledge but also sparked their interest in the subject, making learning a more enjoyable experience.

## Thriving Through Teenage Transitions



“Thriving Through Teenage Transitions with Dr. Vijayarani” was a transformative session tailored for the girls of Class XI and XII, to help them navigate the complexities of adolescence.

Dr. Vijayarani, a renowned expert, delved into various challenges faced during this pivotal phase of life. The session fostered a safe environment for open dialogue, empowering the young girls to express their concerns.

Dr. Vijayarani provided valuable insights, addressing topics like self-esteem, peer pressure, and emotional well-being. Her expert guidance and interactive approach left a lasting impact, ensuring that our students felt supported and capable of thriving amidst the challenges of teenage transitions.

## Middle School - IHA Activity (Grade VI - VIII)

### Group Singing



### Rakhi Making



### Quiz Competition on Conservation



## Vent Out - 2023



Dr. Vijaya Govindarajan, an ENT Surgeon at Govt. Vellore Medical College and a well-known motivational speaker, addressed the students of Class XI and XII on effectively managing academic stress and the harmful consequences of excessive use of electronic devices. He also discussed the challenges faced during the adolescent period and ways to overcome them.

It was an entertaining and enlightening session.

## Kindergarten - Activities

### Fireless Cooking Activity



### Paper Bag Activity







## Confusing words in English

### Discreet VS Discrete

**Discreet** - Being careful and prudent in one's speech or actions, especially in order to keep something confidential or to avoid embarrassment.

**Example :** The family made discreet enquiries about his background.

**Discrete** - It means separate or divided.

**Example :** These small companies now have their own discrete identity.



## DO YOU KNOW ?

### Less sleep can damage brain, says latest research

While you may not be worried about stretching movie time till 2am in the morning depriving yourself of sleep, in the long run it is likely to affect your ability to remember things, is what a new study has suggested. "Sleep loss is associated with cognitive dysfunction," the researchers who have established impaired cognitive function using insomniac mouse model have said.

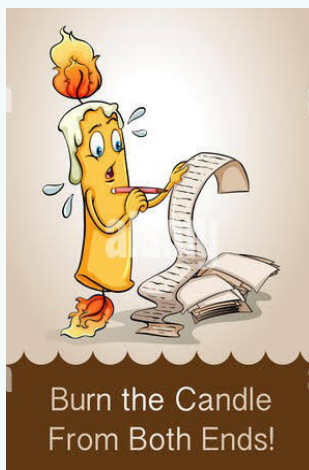
The study has been published in the Journal of Proteome Research of the American Chemical Society. The researchers have identified a protective protein whose level declines due to less sleep. The researchers identified pleiotrophin or PTN, a protein

involved in several biological events like neural regeneration, bone development, inflammation, cancer metastasis, and tissue repair. The researchers noticed that with less PTN, the cells of the hippocampus, the memory and learning centre of the brain, start dying. PTN is implicated in Alzheimer's and other neurodegenerative diseases.

Sleep plays a crucial role in memory and learning. Lack of sleep disrupts the ability of a person to focus efficiently and to recall a memory. So, is too much sleep good for memory? No, it is not the case too. Many people catch up on the "pending" sleep



during the weekend with a belief that it will compensate for the loss of sleeping hours. But that is not the case. As per a study published in the year 2020 in the Journal of the American Geriatrics Society, under-sleepers and over-sleepers are mentally two years older than those who had 7-8 hours of sleep in a day. The study observed the sleep habits of a group of women in 1986 and 2000; they were interviewed three times over a later six-year period and their memory and thinking skills were analysed.



Burn the Candle From Both Ends!

## Idioms

### Burn the candle at both ends

To try to do too many things in too short a period of time so that you have to stay up very late at night and get up very early in the morning to get them done.

**Example :** "His doctor said that his illness was brought on by stress and recommended that he stop burning the candle at both ends."

## THE IMPORTANCE OF SLEEP

### WHY IS SLEEP IMPORTANT?

- Repair your body
- Improve learning and memory
- Lower stress levels
- Improve creativity
- Support growth and development
- Maintain your immune system

### HOW CAN I SLEEP BETTER?

- Go to bed and wake up at the same time each day
- Avoid big meals right before bed
- Exercise regularly
- Turn off the computer, phone, and television
- Keep your bedroom cool, quiet, and dark

### WHAT IF I DON'T GET ENOUGH SLEEP

- It can cause increase anxiety, depression, or other mental health problems
- Cause irritability or mood swings
- Cause headaches, weight gain and poor vision

Source: <https://timesofindia.indiatimes.com/life-style/health-fitness/health-news/less-sleep-can-damage-brain-says-latest-research/articleshow/103501661.cms>





## All Hallows Eve



*"A mask tells us more than a face"*

*-Oscar Wilde*

Halloween, the day of the year we get to dress up as anything we want without the fear of being judged. But what really is Halloween? and what's the huge deal about it? Well, the holiday has a rich history and dates back more than 2000 years. On the day that marked the arrival of November 1 on our modern calendars, a new year was thought to commence.

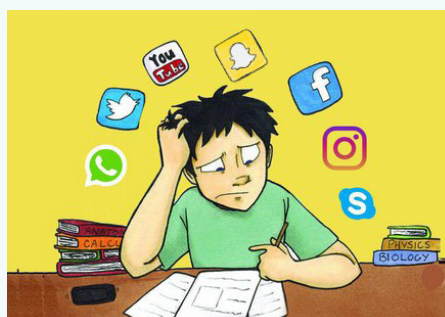
During the enchanting Samhain festival, it was believed that the souls of the departed returned to their homes, while those who had passed away throughout the year embarked on a journey to the otherworld. Although Halloween isn't widely celebrated in India there are similar festivals like Pitru Paksha, a 16-day festive period during which Hindus remember their ancestors. Coming back to Halloween, people set bonfires on hilltops to re-light their hearth fires for the winter and to frighten away evil spirits and they sometimes wore masks and other disguises to avoid being recognized by the ghosts thought to be present. This is how beings like witches, hobgoblins, fairies, and demons became associated with the day. It is the one night of

the year when accepting candies from strangers was allowed, "Trick or treating" also known as "Guising" back then was when kids would go door-to-door asking for candy or tricks. Next comes carving your pumpkins, originally turnips, potatoes and beets. The famous "Jack-O-lantern", as the story says, an Irish man tricked the devil and wasn't allowed into the afterlife, so he spent his days roaming the Earth carrying a lantern. What a fun way to end the month. As L.M. Montgomery said, "I'm so glad I live in a world where there are Octobers" truly speaks for itself. Halloween is not only about putting on a costume, but it's about finding the imagination and costume within ourselves. So, this Halloween, let us inspire one another to become better versions of ourselves and embrace our inner strengths as we embark on this journey of self-improvement together.

**- C.N.NAIVEDYA**

**XI B1**

## Beware of Distractions



We quite often see some students showing unusual interest in expensive, fashionable garments, footwear, hairstyles, sometimes ornament, etc., Of course, they help appear

good-looking but, if we delve deep into the question of whether they fulfil the goals that, as students, we have in front of us, we instantly realize that the answer is 'NO'. What is attractive for us all today may not be the same years later. The problem with this approach is not just the things we like, but the bigger problem of failing to understand ourselves and our society. This imprudent approach hinders us from foreseeing our future properly, leading us to falsely believe that possessions, much sought-after degrees, high-profile designations, good earnings, luxurious lifestyles, etc., would bring us happiness. I believe this is a fundamentally erroneous perspective. This would blindly drive us into a crowded, competitive world where there is little empathy for others and there is hatred towards other fellow students. So, we must remain alert for unwanted 'worldly' needs, remain focused on what is fulfilling for us, and be prepared to face the challenges in a humble, simple, and unassuming manner. This would in turn guide us to acquire the essential skills rather than running a competitive race.

### Note:

*I was very much moved by the self-sacrificing services of the well-off twin doctors who work for poor in a remote resource-limited rural hospital, and I wanted to share a bit I learned from their lives.*

**- ABHISHEK**

**X B**





“The best way to create value in the 21st century is to connect Creativity with Technology.”

— Steve Jobs



P.S.MIRTHULA-V C



ANJANA H - VI C



AVNITA JAIGANESH - VI D



TANVI - V A



SREE NISHITH K - V B



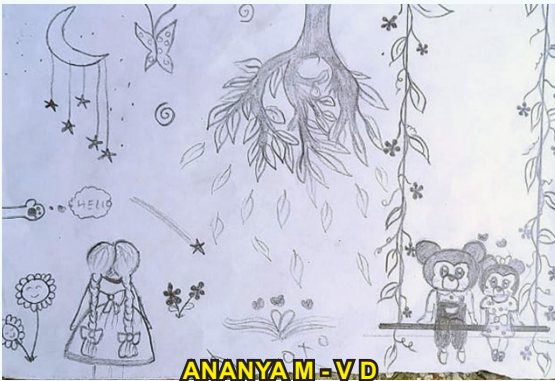
KARTHIK K - VI C



ROSHAN HARIKUMAR S VIA



AARYAN DAS - V D



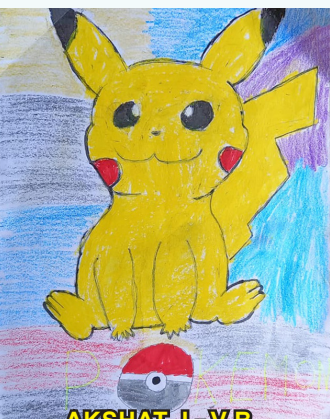
ANANYA M - V D



SWATHIKA TS - V A



INIYAR - XI B2



AKSHAT J - V B



ROSHANA AHIL - VI C



AJAY VISWA SAI K - VI C



DHEVP - VI C



N.P.PRANITHA - II A



SIDDHARTH NAVEENAN.V II A



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Dear Students and Teachers,

Send your achievements / articles / stories / art work / poems / other creative work to [shnl22@shrishti.org](mailto:shnl22@shrishti.org)



Life is short my friend , embrace every moment



Life is an incredibly precious gift, and it's often said that it's too short. In the grand tapestry of the universe, our existence is but a fleeting moment. This realization should inspire us to make the most of every second we have.

It's easy to get caught up in the hustle and bustle of daily life – chasing success, working hard, and planning for the future. But my dears, embrace the simple joys of life. Laugh heartily with friends, savor a warm cup of tea on a rainy day, watch the stars in awe, or share a meal with loved ones. It's the little moments that make life truly beautiful.

Keep in mind: the people you love, the dreams you have, and the experiences you desire should be cherished today. Tomorrow is uncertain, but today is a gift. Let's not waste it on grudges, regrets, or dwelling on the past.

Use your time wisely, pursue your passions, and be kind. You never know when a small act of kindness might change someone's life. The legacy we leave behind is not measured by the wealth we accumulate but by the positive impact we have on others. So, my dear friends, a lovely reminder to live fully, love deeply, and appreciate every day.

I'm ending here with one of my favourite lines which I follow in my life - **"Life is very short nanba always be happy"** and keep smiling.

Thank you



- Ms. Ranjeetha.A  
Kindergarten Teacher

## The Symphony of LSRW Skills: Crafting a Harmonious World of Communication

Imagine language as a symphony, with each instrument playing a unique role in creating a harmonious composition.

LSRW skills, Listening, Speaking, Reading, and Writing are the instruments that students learn to master in this grand orchestra of communication.

### Listening

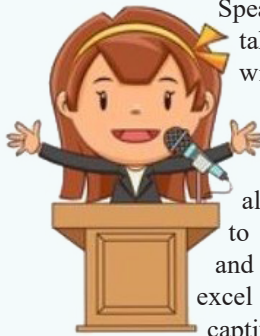
Like a skilled conductor, effective listening orchestrates conversations. It's the ability to not just hear words but understand their nuances, tone, and emotions.

Students who master this skill can harmonize with others, building empathy and meaningful connections.



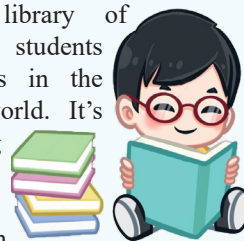
### Speaking

Speaking is the soloist, taking the stage with confidence and eloquence. It's the melody of communication, allowing individuals to share their thoughts and ideas. Those who excel in this skill can captivate audiences and inspire change.



### Reading

Reading is the library of knowledge, where students immerse themselves in the literature of the world. It's the key to unlocking new ideas, cultures, and perspectives. Just as a musician draws inspiration from different compositions, readers draw wisdom from diverse sources.



### Writing



Writing is the composer's desk, where thoughts are transformed into the written score. It allows

students to create, record, and share their ideas with precision. Like a composer who leaves a legacy through their compositions, writers leave a mark with their words.

Mastering these LSRW skills is akin to becoming a virtuoso in a symphony of words. Just as a conductor coordinates a complex performance, effective communication relies on the seamless interplay of these skills.

**In conclusion**, "The Symphony of LSRW Skills" portrays language learning as an artistic endeavour, where students become maestros of communication. By perfecting these skills, they create a symphony that resonates with others and enriches their lives. This metaphor serves as a reminder that communication is not just a necessity but a beautiful and harmonious art.



- Mrs. R. Jayanthi  
Dept. of English

## SHRISHTI HERALDS THE NEWSLETTER

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# SHRISHTI HERALDS

SHRISHTI  
LEARN TO LEAD



Volume 02

Issue 07

(Managed by Makhija Foundation)

November 2023  
 In this Issue



01 Founder's Day & Children's Day



02 Jr. Project Day



04 Diwali Celebration

## Founder's Day & Children's Day



On the 1st of November 2023, Shrishti Schools celebrated the Founder's Day and Children's Day in a grand manner.

The day commenced with a heartfelt tribute to the late Shri Manu Makhija, the esteemed founder, as dignitaries and the School Council of Matriculation and CBSE paid homage to the visionary leader.

Teachers from both Shrishti Vidyashram and Shrishti Matric actively participated in various cultural events, entertaining students with dance performances, an advertisement show, drumming, a magic show, singing, and more. A special speech dedicated to our founder added a poignant touch to the festivities.

Mr. M. S. Saravanan, the Head of Schools, addressed the students with words of motivation and encouragement, creating an atmosphere of inspiration on this special occasion.

The day also featured a delightful food carnival, offering students a chance to savor various delectable treats. A range of fun activities kept the campus alive with excitement and joy, fostering a sense of unity and pride within the school community.

The celebration concluded with the distribution of exciting prizes for the winners of the Lucky Draw, adding an extra layer of excitement and joy to the event.

The Children's Day celebration at Shrishti Schools proved to be a resounding success, capturing the essence of joy, talent, and inspiration. It served as a platform for both teachers and students to showcase their skills, further strengthening the sense of unity and pride within the school community.

- Ms. Vimala Ravichandran  
 Dept. of Science





“To every child – I dream of a world where you can laugh,  
dance, sing, learn, live in peace and be happy.” - Malala Yousafzai

## Shrishti's Panoramic Canvas



The Junior School Project Day, themed “Shrishti's Panoramic Canvas,” held on November 4th, proved to be an interactive and enlightening event for students. The projects, spanning various subjects, enabled students to strengthen their critical thinking and analytical skills. The event featured a multitude of captivating projects, including “Around the World in 4 Mins,” “தமிழ்ச் சங்கமம்,” “Factris,” “Elemental Papyrus,” “Stellar Crew,” “Panch Booth,” “Realms of Flora and Fauna,” “Topography,” and “Digi Dreamers.”

The Chief Guest, Ms. Susan Phillip,



inaugurated the event and actively engaged with the students' explanations, appreciating their efforts. Parents were delighted to witness their wards exhibiting innovative potential.

### Social Science:

Grade 4 and 5's Social Projects focused on historical monuments, topography, and political science. Students explored local landmarks, delving into their historical significance, presenting engaging insights into the region's topography, and discussing the role of governance in preserving monuments.

### தமிழ்ச் சங்கமம்

1 & 2: மாணவர்கள் பாரதியார் பாரதிதாசன். ஓளவையார் வேடமணிந்து வந்து பாடல்களையும், கவிதை வரிகளையும் அழகாக தம் மழலை மொழியில் கூறினார்கள்.  
3, 4 & 5: கடையெழு வள்ளல்களின் வேடமணிந்து வந்து அவர்களின் சிறப்புகளை

நாடகம். நடனம். பாடல் மூலம் சிறப்பாக வெளிப்படுத்தினர்.

### Science:

With the theme “Stellar Crew,” a total of 28 projects were displayed by students from Grade 3, 4 and 5. Projects on satellites, Chandrayaan 3, rockets, the solar system, volcanoes, and sea/land breeze left the visitors in awe.

### Hindi:

40 students from Grade 1 to 5 displayed projects on “Panch Booth” - linguistic skills. Highlights included speeches on the importance of Hindi, Rahim ke Dohe, a model of “Ek Phool Kee Chaah” poem, puppet shows, Hawan, little chef, and more.

### Mathematics:

“FACTRIS Maths Project Day” highlighted applications of math in various fields such as, weight calculations on different planets, math magic charts, factor trees, HCF and LCM games, fractions models, and finding the day of any date etc.

### Art and Craft:

The theme “Elemental Papyrus” saw students creatively exploring elements from fire to water, providing a dynamic platform to showcase the intersection of science, art, and craft.

### Computer Science:

Projects and models related to cybersecurity, graphic design tools, and the transformative power of IoT were displayed.

On the whole, the Junior School Project Day was a resounding success which was greatly appreciated by the parents and the Guests.





“Keep your face always toward the sunshine,  
and shadows will fall behind you.” - Walt Whitman

## Shrishti's Wonderland (Kindergarten Project Day)



12 Dancing Fairies



Hansel and Gretel



The Lion King



Sea Under World



Cindrella



The Frozen



Goldilocks and The Three Bears



Red Riding Hood



Snow White

## Diwali Celebration

Diwali, the festival of lights, was celebrated with great fervour and enthusiasm at our school on 10th November 2023, creating a vibrant and joyous atmosphere that resonated with the spirit of the occasion. Students of middle school (CBSE) hosted the programme. Students of class 6 to 9 of both matric and cbse witnessed the programme. The stage was adorned with colourful decorations and twinkling diyas, creating a festive ambience that filled the air with positivity.

The day began with a prayer song followed by other traditional performances, including speech, dance, music and mime showcasing the rich cultural diversity associated with the festival. The entire programme symbolised the triumph of light over darkness and good over evil. In addition to the cultural festivities, our Diwali celebration was infused with a strong commitment to promoting a “Green Diwali.” Recognizing the environmental impact of traditional practices, the programme emphasized eco-

friendly alternatives and sustainability.

Overall, the Diwali celebration at our school was a delightful and enriching experience, fostering a sense of unity, cultural appreciation, and the spirit of giving. It

provided an opportunity for everyone to come together, celebrate diversity, and create lasting memories that would be cherished for years to come.

- Mrs. Naanmalar  
(Middle School Coordinator)



KG students celebrated Diwali by making lamps with lots of fun and smile around them.



For Class I & II a poster making activity was organized on the topic ‘Say No to Crackers’. Students displayed the best of their creative side and actively involved in the activity. The agenda behind the activity was to create awareness among the students regarding ‘Eco-friendly Diwali’ and Safe Diwali to make the environment pollution free.



“You define your own life. Don't let other people write your script.” - Oprah Winfrey

## Achievements



We are pleased to announce that **Mrs. Geetha Srinivasan**, Headmistress, Shrishti Vidyashram Sr. Sec. School, has been bestowed with the **'Best Achiever Award'** in recognition of her exceptional commitment to *academic excellence*.

The award was presented to Mrs. Geetha Srinivasan during the Teachers' Day and Children's Day celebration organized by the TVSSC on the 18th of November 2023.

**JOSHUA ATHELSTAN KOILPILLAI (XII B1)** has been honored with the prestigious **Critical Thinker Award** in recognition of his outstanding achievement, emerging as the **State Topper in the National Assessment for Scientific Temperament & Aptitude (NASTA-2022)** conducted by **KAMP - An Initiative and Knowledge Alliance of the Council of Scientific & Industrial Research (CSIR), New Delhi.**

**Congratulations, Joshua!**



**Break World Record**  
**Siddharth Naveenan- II A**  
for sketching the portrait of "Mahakavi Bharathiyar" in 60 seconds. Registered in the **Noble Book of World Records.**  
**Congratulations, Siddharth!**



State Level Sports Tournament held at VVNKM Sr. Sec. School.

**Outstanding performance of Shrishtians**

- Volleyball (Boys) - Winners
- Chess (Boys) - Winner
- Chess (Girls) - Winner
- Badminton (Boys) - Winner
- Table Tennis (Boys) - Runner



**Whiz Kids Quiz**  
Interschool competition held at Vedavalli, Wallajapet.

**Second Place**



VISWA GANESH  
XI B1



SANJAY T  
XI B2



AMAN DEV  
IX D

**CBSE CLUSTER ATHLETIC MEET**

**4 X 100 mts Relay (under 17)**

**4th Place**



P SASHWANTH  
IX D



P R NAATHIGAN  
XI C



ALLEN CHRISTOPHER R  
A - XI B1



DHAMODHAR PRASATH S  
XI A1



**Prajeeth - IV C**

Cash prize of Rs 2500  
National level Rang De Veer competition.



**Keshika - III C**

State level Origami competition Award



**Mukunth Vasanth - IV A**

Gold medal  
State level Karate and Boxing competition.



**Harishmitha Hasini - IV C**

Bronze medal  
State level Karate and Boxing competition.





Confusing words in English

**Creak** VS **Creek**

**Creak** : to make a prolonged grating or squeaking sound often as a result of being worn-out.

**Example** : The door creaked on its hinges

**Creek** : a narrow area of water that flows into the land from the ocean, a lake, etc.

**Example** : She loved the Suffolk coast, with its creeks and marshes and reed beds under a huge sky.

**Idioms**

**A fool's paradise** - a state of enjoyment based on false beliefs or hopes; a state of illusory happiness.

**Example** : We are headed for economic trouble, and anyone who thinks otherwise is living in a fool's paradise.

Throw oil on troubled waters - to do or say something in order to make people stop arguing and become calmer

**Example** : If there is a quarrel in the family, it is best to throw oil on troubled waters.

- Ms. Punitha (Dept. of English)

**THE PREAMBLE OF INDIAN CONSTITUTION:**

To mark the adoption of the Indian Constitution by the Constituent Assembly, the 26th of November is celebrated every year as Constitution Day.

- Which of the following words is not included in the Preamble of the Constitution of India?  
A. Equality B. Liberty C. Sanctity D. Justice
- Till now, the Preamble of Constitution of India has been amended for how many times?  
A. Never B. Once C. Twice D. Thrice
- The constitution of India derives its ultimate authority from ?  
A. Supreme Court of India B. Parliament of India  
C. People of India D. Constituent Assembly of India
- In which case, Supreme Court held that Preamble is integral part of the constitution?  
A. SR Bommai Case B. Kesavanand Bharti Case  
C. Ashok Kumar Thakur Case D. M C Mehta Case
- What is the true meaning of "Secular"?  
A. All religions are equal in the eyes of the government  
B. Special importance to a religion related to minorities  
C. One religion is promoted by the government  
D. None of the following

Answers: (1) C, (2) B, (3) C, (4) B, (5) A

- R.NANDITA, IX-E



**DO YOU KNOW ?**

**Essential Hydration: A Key to Health and Wellness**

**The Importance of Drinking Water for Optimal Health**

In our quest for a healthy lifestyle, one simple yet often overlooked practice is crucial – staying adequately hydrated. Water is the essence of life, playing a pivotal role in maintaining overall well-being.

**Hydration and Physical Performance:**

Proper hydration is directly linked to enhanced physical performance. Whether you're an athlete or a casual exerciser, staying hydrated ensures optimal muscle function, improved endurance, and faster recovery.

**Cognitive Benefits of Hydration:**

Beyond the physical, water is essential for cognitive functions. Dehydration has been

shown to impair concentration, alertness, and short-term memory. A well-hydrated brain operates at its peak, promoting better focus and mental acuity.

**Weight Management and Hydration:**

Drinking water can aid in weight management. Often, the body confuses thirst with hunger, leading to unnecessary calorie consumption. By staying hydrated, you can better regulate your appetite and support your weight loss or maintenance goals.

**Detoxification and Clear Skin:**

Water serves as a natural detoxifier, flushing out toxins from the body. Proper hydration contributes to clear, radiant skin by maintaining moisture levels and promoting a healthy complexion.



**Preventing Health Issues:**

Chronic dehydration is linked to various health issues, including kidney stones, urinary tract infections, and constipation. Adequate water intake supports the body's natural functions, reducing the risk of such ailments.

**In conclusion**, drinking water is a fundamental aspect of a healthy lifestyle. From supporting physical performance to boosting cognitive function and preventing health issues, the benefits of staying hydrated are manifold. So, let's raise a glass to good health and make hydration a priority in our daily lives.

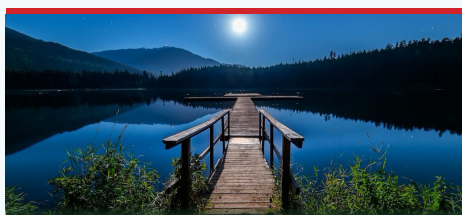


**Mrs. Jeevitha Arivazhagan**  
Dept. of Social Science.





## A Journey through the Hollow Night



I wish I could push everything away,  
Everything I know, out of my sight.  
Lose perception of night and day,  
Embark on a journey through the hollow night.

Once lost sense of Earth's daylight,  
Everything feels... surreal...  
The endless, infinite, empty void, Fills my heart with great, deep fear

I said to myself, "It's all right",  
"This beats crying night after night".  
Oh why? Oh why? This feels good. This now makes me not to brood

I feel better. Yes, I do.  
Tired of everyone being so untrue. Want to be lost like a satellite, Eternity spent in the Hollow Night.



- P. ANURAAG (X-B)

## Stay focused

– The Meaning of Focus

Our parents and teachers keep telling us to stay focused on our studies. **Do we ever consider what it means to stay focused?**

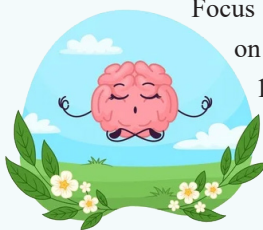
It is engaging ourselves on a cognitive level and concentrating on the task.

But it also implies reading, assessing, pondering, dissecting, memorizing, and connecting the task to our existing knowledge and finding ways to solve it or apply it to other tasks.

Our learning, reasoning, problem-solving, and decision-making all depend on **focus**. All aspects of our thinking ability will

suffer if we lack focus.

**Bruce Lee** once said, "The successful warrior is the average man, with laser-like focus."



Focus 90% of our time on solutions and only 10% of our time on problems." But why is there a distraction?

How does the brain's

blue spot help us focus our attention?

The *locus coeruleus* was first identified in 1809 as a **blue spot** in the human brain. It is called Blue Spot because of a "*bluish pigment*" produced by its neurons. Using norepinephrine as its neurotransmitter, the locus coeruleus affects our ability to stay focused and attend to tasks throughout the day.

Therefore, the mind should remain calm and distractions should be avoided.

**Focus brings change in one's life.**

**Focus creates more opportunities to explore. Focus expands knowledge.**

**Focus helps achieve our goals.**

IF WE ALIGN OUR FOCUS WITH OUR ACTIONS, THE RESULTS WILL BE GREAT.

Remember, 'Energy flows where the



attention goes' is true.

**Let's stay focused and achieve success.**

- R.NANDITA (IX-E)



## Exam Fatigue



As we all prepare for the upcoming final examinations, we feel the heat of frequent, if not daily, tests and strenuous efforts that underpin them. All these have the ability to cause fatigue – both physically and psychologically. It is important, especially for the students who appear for the board examinations, to recognize the symptoms of fatigue arising out of never-ending tests. It may mimic in the form of tiredness, drowsiness, lack of stamina, and frequent mild sickness among others, and they don't go away easily despite adequate rest - I experienced all these, but thankfully not at a time. It may even be thornier for those who started studying long hours in the night despite not having had that habit before.

There may be numerous approaches to overcome this exam fatigue, but I sensed that the top three considerations that help overcome this fatigue are (i) a **good amount of sleep**, (ii) **light but nutritious food**, and (iii) **lots of fluids – again not aerated or caffeinated, but plain warm water is also sufficient.**

It is vital not to feel exhausted to balance the exam pressures with intense preparations, and these three ways of handling the fatigue may prove as helpful as everyone desires.



- S. ABISHEK (X-B)



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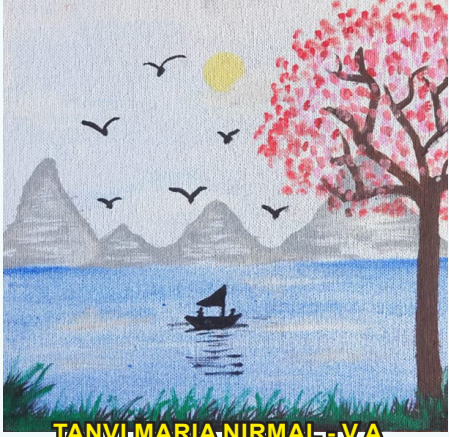
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“Spread love everywhere you go.”  
- Mother Teresa



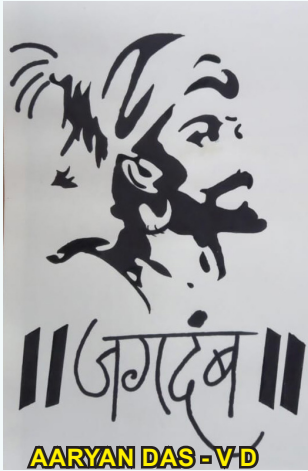
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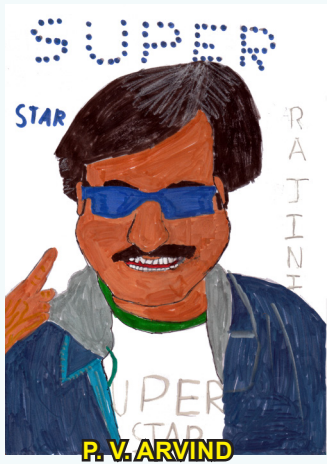
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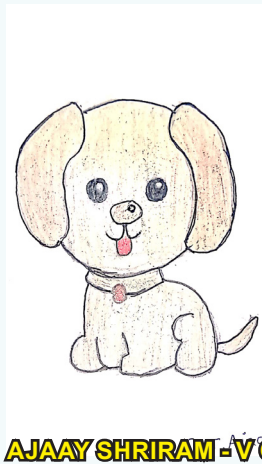
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AARYAN DAS - V D



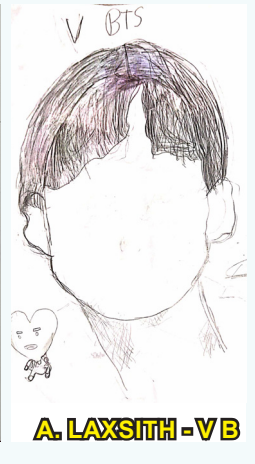
P. V. ARVIND  
GOUTHAM - V C



AJAAY SHRIRAM - V C



FARHAN AL YUNUS - I A



A. LAXSITH - V B



PKESHKA - VI C



HARISH K - V D



HARSHAN - V D



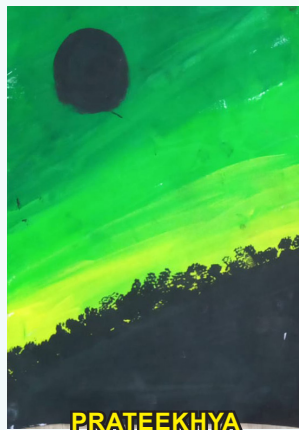
KIRAN SAI - VI B



SREENISHITH - V B



STEFFY SANDRA - II C



PRATEEKHYA  
PRIYADHARSHINI - V D



YUVANESH RAJAN  
VIII A



PDHEV - VI C



## The Evolving Role of Educators in a Changing Educational Landscape



In contemporary education, the predominant focus on students' marks and academic performance has raised concerns about the potential oversight of other critical aspects of education. If you look back, individuals who excelled academically might not necessarily be the ones holding key positions in multinational companies today.

The often overlooked, average, mischievous students seated in the back rows of classrooms are the ones emerging as CEOs, leaders, and directors, echoing the sentiment of our late missile man, who remarked, **"The best brains of the nation may be found on the last benches of the classroom."**

These unconventional students possess problem-solving skills, creativity, and the ability to simplify challenges, making them adept at navigating the complexities of the professional world.

The analogy of "survival of the fittest" by British naturalist Charles Darwin holds true in education, emphasizing that individuals best adapted to their environment are most likely to succeed. Hence, both teachers and parents must adapt their methods to align with the evolving trends in education, ensuring that students are prepared for the challenges of the present generation.

Furthermore, the integration of artificial intelligence (AI) in education may lead to AI teachers replacing traditional teaching methods with multimedia resources. As technology advances, conventional teaching approaches may become obsolete, necessitating adaptability on the part of educators.

In conclusion, the changing landscape

of education demands that teachers evolve alongside the advancements in technology and the learning preferences of students. Failure to do so may render teachers an endangered species in the educational ecosystem. **Embracing change is imperative for survival, and educators must proactively engage with new methodologies to remain relevant in the dynamic field of education.**



- Mr. Sudharsanan V  
Dept. of Mathematics

### Self – Confidence



In shadows deep,  
where doubts reside and hide,  
A flicker sparks,  
a whisper from within,  
The echo of a self yet to bestride,  
In Self-Confidence, a new life begins.

No armor forged from steel,  
nor worldly might,  
But in the heart,  
where courage finds its home,  
A beacon shining through the darkest night,  
Self-belief, a force that can't be  
overthrown.

Embrace the flaws,  
the quirks that make you whole,  
For in acceptance,  
strength begins to soar,  
With every step, let confidence unroll,  
A symphony of self, forever more.

So stand tall, let your  
Essence be your guide,  
In self-Confidence, let your spirit glide.



- Mr. L. Senthil Arasu  
Dept. of Chemistry

## Machine Learning - An Overview



A Machine Learning system **learns from historical data, builds the prediction models, and whenever it receives new data, predicts the output for it.** The accuracy of predicted output depends upon the amount of data, as the huge amount of data helps to build a better model which predicts the output more accurately.

The importance of machine learning can be easily understood by its uses cases, Currently, machine learning is used in **self-driving cars, cyber fraud detection, face recognition, and friend suggestion by Facebook, etc.** Various top companies such as Netflix and Amazon have build machine learning models that are using a vast amount of data to analyze the user interest and recommend product accordingly.



- Mrs. Deepika  
Dept. of Computer  
Science

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Ms. Punitha, Dept. of English

### Design

Mr. M.Kabilan, Instructor - Engineering Graphics





December 2023

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04 Inter House Activity



06 Students' Corner

## Christmas Celebration



Shrishti Matric. Hr. Sec. School hosted a joyous Christmas celebration on December 22 with a sequence of heartwarming performances and reflections, embracing the true essence of Christmas.

The event commenced with a soulful Prayer Song that set a serene tone for the festivities. Following this, the stage came alive with the Invocation Dance, a captivating performance that beautifully blended traditional elements with modern flair.

The atmosphere was filled with reverence as a Bible Reading ensued, reminding everyone of the sacred significance of Christmas. Dr. Esther Cynthia, PGT English at Shrishti Matric., delivered an inspiring Christmas Message, urging everyone to embrace the spirit of love, compassion, and joy during the holiday season.

The audience resonated with melodious Carols, a harmonious chorus that encapsulated the joyous spirit of Christmas. The stage then transformed into a mesmerizing display of talent with "Twirl and Swirl," a graceful dance performance by the girls.

A delightful skit titled "Sharing is Joy" followed, portraying the significance of

sharing and caring during the festive season. Ms. Usha Paulson, the Co-Scholastic Coordinator, extended warm Christmas Greetings to the audience, emphasizing the importance of unity and goodwill.

Students were then filled with the warm glow of Bethlehem's Light as the Nativity Scene unfolded, a poignant reminder of the origin of Christmas.

Expressing gratitude, Mr. George Babu, TGT Social Science, delivered a heartfelt Vote of Thanks, acknowledging the efforts of everyone involved in making the celebration a resounding success. The cultural extravaganza reached its peak with the high-energy performance of "Blizzard Breakdown," a spirited dance by the boys that added a burst of energy to the festivities.

Christmas celebration at Shrishti Schools was not merely a gathering; it was a manifestation of unity, joy, and the spirit of giving.





“Success is not just about the goal you achieve, but the person you become in the process.” - Zig Ziglar

## CBSE Capacity Building Program - Learning Outcome Pedagogy



A Capacity Building Programme on “Learning Outcome Pedagogy” was held on 02 December, 2023, at Shrishti Vidyashram.

The programme was

led by two experienced resource persons from CBSE, Mrs. Shoba Raman, Principal of Vidya Mandir Senior Secondary School in Mylapore, Chennai, and Mr. Abraham, Principal of Good Samaritan Public School in Sirkazhi. Through this programme, teachers gained insights into effective teaching methodologies aligned with learning outcomes, fostering a comprehensive understanding of student assessment and achievement.

## IHA - Show and Tell

The students from Grade I and II participated in SHOW AND TELL activity which helped them to build their self-confidence and self-esteem.

The activity was conducted on 25.10.2023 in their respective classroom.

The students were informed to bring their favorite toy or any object of their choice. They were excited to share their descriptive narration and waited eagerly for their turn to show and tell.

It helped them to build their social, emotional and language skills.

It was an interesting and thrilling experience for the students.



## Free Hand Drawing



Free hand drawing is the basis for other creative activities like painting, craft making and more. It helps in the development of hand-eye coordination and fine motor skill, which is crucial for all over physical development of the child. It enhances the level of concentration of the students.

## Trip to Elagiri



An educational tour is an excellent opportunity for students to learn outside the classroom setting. It provides a chance for them to experience different cultures, explore new places, and gain practical knowledge that can be applied in real-life situations. The main purpose of this tour is to broaden the student’s horizons and enhance their learning experience.

One day Educational trip to AR Thanga Kottai, Elagiri was organised for grade VII. The visit to the AR Thanga Kottai was an opportunity for the students to learn about the historical significance of



the country. It also promoted the tour’s theme of encouraging students to be knowledgeable about their country’s history. It was a new, interesting, and informative experience for all of us. Delicious breakfast, lunch, and snacks were arranged by school management. We all had a safe and enjoyable journey.

- Mrs. Naanmalar  
(Middle School Coordinator)

## CAREER GUIDANCE



A career guidance program was conducted by Grey Matter Academics, Chennai On 24.11.23 for 11 and 12 Commerce students of both Matric and CBSE streams on various options available for Commerce students including the professional courses and the future after completing those courses. The key speaker of the day was Mr. Ashok Rajaram - Director and academician, Grey Matter Academics, Chennai.

- Ms. Jaya Pramila I

## WORLD FOOD DAY Activity (Grade I & II)

World Food Day is an international day celebrated every year around the world on 16 October. It was founded by the Food and Agriculture Organization of the United Nations in 1945.

Our Grade I and II students celebrated World Food Day in their own creative manner. They brought food pictures and made a collage of it. They shared their favourite food to their peers and enjoyed it.

The students were motivated to eat variety of fresh fruits and vegetables that are

loaded with significant nutritional value and health benefits.





## Book Review



A ‘Book Review’ programme for students in grades IX and X was held on December 4, 2023, in the school’s auditorium. The chief guest for the occasion was Mrs. Rhona, a retired assistant professor from Auxilium College. Participants from each house presented their reviews of selected books, demonstrating their understanding of the plot, characters, and themes. The presentations showcased a diverse range of literary preferences and interpretations. Mrs. Rhona actively engaged in the reviewing process, assessing the presentations based on content, presentation skills, and the depth of literary analysis.

The judging criteria were designed to encourage students to delve into the intricacies of the books they chose. The event took the form of an inter house competition, fostering healthy competition and camaraderie among the students. Each house brought forth unique perspectives on different literary works. Following the presentations, Mrs. Rhona announced the results and awarded prizes to the winning house. The scoring was based on a combination of individual presentations and overall house performance.

The event concluded with Mrs. Rhona providing constructive feedback to the participants, highlighting commendable aspects and suggesting areas for improvement. The school administration expressed gratitude to Mrs. Rhona for her valuable contribution to the event. The ‘Book Review’ programme proved to be an enriching experience for both participants and spectators. Students developed critical thinking skills, public speaking confidence, and a deeper appreciation for literature. The inter house competition format added an element of excitement and team spirit to the event.

- Ms. Punitha.M  
Dept. of English

## Public Speaking

On November 24, 2023, a workshop on ‘Public Speaking’ was conducted by a group of 10 students from Vellore Institute of Technology (VIT) at Shrishti Vidyashram School. The purpose of the workshop was to enhance the communication and presentation skills of students in grades VIII and IX. The workshop saw active participation from the students. The VIT students, who were well-versed in public speaking, shared their knowledge and experiences with the participants.



The workshop began with interactive sessions where VIT students engaged the participants in discussions on the importance of public speaking in personal and academic growth. Various techniques and tips for effective public speaking were shared, covering aspects such as voice modulation, body language, and overcoming stage fright.

Participants were involved in practical exercises, including impromptu speeches, to apply the learned concepts and build confidence in speaking before an audience. A significant aspect of the workshop was the incorporation of peer feedback. Participants were encouraged to provide constructive feedback to their peers, fostering a supportive learning environment. The workshop included role-playing activities to simulate real-life scenarios, enabling students to practice speaking on different topics and situations.

The workshop concluded with a question and answer session where participants could seek clarification on any doubts and receive personalized advice from the VIT students. Feedback from both participants indicated a positive impact on the students’ communication skills. Many participants expressed increased confidence and a willingness to actively participate in future public speaking

opportunities.

Overall, the ‘Public Speaking’ workshop conducted by VIT students proved to be a valuable and enriching experience for the participants.

## Community Service Program

On December 13, 2023, students of grade VI from Shrishti Vidyashram participated in a community service program by visiting the Red Cross Old Age Home in Poigai. Accompanied by six teachers, the students engaged in various activities aimed at bringing joy and comfort to the elderly residents. The students provided essential items such as food, towels, and other necessities to the elderly residents of the Red Cross Old Age Home. This initiative aimed to contribute to their well-being and comfort. To uplift the spirits of the elderly residents, students performed heartwarming songs and dances. They actively interacted with the elderly, engaging in conversations, sharing stories, and expressing empathy. The community service program had a positive impact on both the students and the elderly residents. The students gained a deeper understanding of the importance of empathy, compassion, and community service. The elderly residents, in turn, appreciated the attention, companionship, and the essential items provided.





## Community Helpers (KG)

Community helpers are important people whose job is to help others. Everyone who lives in a community can be a community helper. Enacted as a teacher, Doctors, chef, civil engineers and army soldiers. Their aim is to keep the community safe and healthy, make life better for the people in the community, and help the community function more efficiently.



## Reduce, Reuse, Recycle (KG)

The Paper Bag Activity for Kindergarten students was organized with the aim of fostering an early understanding and appreciation for the principles of Reduce, Reuse, and Recycle. The activity was designed to be interactive, engaging, and age-appropriate, ensuring that the young learners grasp the importance of sustainability in a fun and meaningful way.

The students demonstrated an enhanced understanding of the importance of reducing waste, reusing materials, and recycling. The hands-on crafting aspect allowed the children to express their creativity while reinforcing the ecological message.

The Paper Bag Activity successfully achieved its objectives by providing an engaging platform for Kindergarten students to learn about and internalize the principles of Reduce, Reuse, and Recycle. By combining education with creativity, the activity laid a foundation for environmentally conscious behaviour among the young learners, instilling values that will contribute to a sustainable future.



## Bird Origami Activity (KG)

The Bird Origami Activity for Kindergarten was designed to provide young learners with a hands on experience that not only enhanced their fine motor skills but also introduced them to the captivating world of birds. Through the art of origami, children engaged in a creative and educational adventure that combined the joy of crafting with the excitement of learning about our feathered friends.

The primary objectives of the Bird Origami Activity is that Origami folding requires precision and coordination, promoting the development of fine motor skills among kindergarten children. Through discussions and visual aids, the activity introduced basic concepts about birds, such as different species, habitats, and unique characteristics.

The Bird Origami Activity for Kindergarten proved to be a delightful and educational experience for students. Through the combination of hands-on crafting and bird-related discussions,



the activity successfully achieved its objectives of skill development, creativity enhancement, and basic knowledge introduction. As the children proudly displayed their origami birds, it was evident that this activity had not only sparked their interest in birds but also left a lasting impression on their learning journey.

- Ms. Supraja Sampath

## Unity Day (III -V)

National Unity Day is celebrated on 31st October to mark the birth anniversary of Sardar Vallabhbhai Patel. To promote harmony, understanding and togetherness. Unity day at Shrishti was celebrated has IHA activity.

Students were aware of Unity Day and understood the importance of unity and diversity. This activity was able to create the enthusiasm of being oneness and students were able to develop their oratorical skills and a passion for patriotism.



## Healthy Salad Preparation (III-V)

World Food Day was observed on 16th October to raise awareness about nutritious food and to promote healthy eating habits among the students.

Students prepared salads by choosing fresh fruits, vegetables and sprouts which are more colorful and packed with a wide range of nutrients in it. Students were more creative in their presentation by including variety of ingredients, textures, and flavors to keep the salads more appealing.

It's a simple yet effective way to inculcate healthy eating habits among students.







## Confusing words in English

### Complacent VS Complaisant

**Complacent** - feeling too satisfied with yourself or with a situation, so that you think that there is no need to worry.

**Example :** He had won his matches so easily that he was in danger of becoming complacent. He had won his matches so easily that he was in danger of becoming

**Complaisant** - willing to please others or to accept what they do or say without protest.

**Example :** She's always helpful and complaisant.

## Idioms

**Catch more flies with honey than with vinegar** - To win over people more easily by being polite and kind. It is easier to persuade others with polite requests and a positive attitude rather than with rude demands and negativity.

**Example :** Yesterday my boss reminded me that I should use more honey than vinegar while talking to clients

**Bounce off the walls** - To be extremely excited and energetic. It implies that the person is full of energy and cannot stay still, much like a bouncing ball rebounding off the walls

**Example :** The children were so excited on Christmas morning that they were bouncing off the walls with joy, eagerly unwrapping their presents.

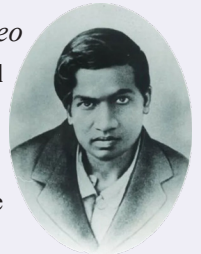
- Ms. Punitha (Dept. of English)

## DO YOU KNOW ?



“Nature is written in mathematical language.”— Galileo

22nd December of every year is celebrated as the **National Mathematics Day**, on the birth anniversary of Srinivasa Ramanujan, The Man Who Loved Numbers and a legendary mathematician of our time. Infact the mathematical genius *made extraordinary contributions to number theory*, mathematical analysis, and infinite series. “Number rules the universe.”— Pythagoras



### Some interesting facts

- Aryabhata is credited for using zero in the decimal system and introducing zero in mathematics. Thus, the idea of zero and its integration into the place-value system, which enabled one to write numbers no matter how large using only ten symbols, originated in India.
- Zero was called ‘Sunya’ in India, and in English, it was called ‘Zero’.
- There is no Roman numeral for zero.
- 1000 is the only number from 0 to 1000 that has an “a” in it.
- Take any shape with the same perimeter, and a circle still possesses the largest area.
- Every odd number has an ‘e’.
- Among all the Shakespearean dramas, the word “Mathematics” only appears in the play called: “The Taming of the Shrew”.
- You can use three geometric cuts to a cake and get 8 pieces.
- On dice, opposite sides always add up to the number seven.

22	12	18	87
88	17	9	25
10	24	89	16
19	86	23	11

This magic square looks similar to any other square. **What is so special about it?**

Sum of any rows is 139  
Sum of numbers of any column & Sum of same coloured boxes is also 139

22	12	18	87	= 139
88	17	9	25	= 139
10	24	89	16	= 139
19	86	23	11	= 139

Sum of any diagonal numbers is 139  
Sum of corner numbers is also 139

22	12	18	87
88	17	9	25
10	24	89	16
19	86	23	11

22	12	18	87
88	17	9	25
10	24	89	16
19	86	23	11

22	12	18	87
88	17	9	25
10	24	89	16
19	86	23	11

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10	24	89	16
19	86	23	11

22	12	18	87
88	17	9	25
10	24	89	16
19	86	23	11

December 22, 1887

22	12	18	87
88	17	9	25
10	24	89	16
19	86	23	11

139 is a prime number

“Life is a math equation. In order to gain the most, you have to know how to convert negatives into positives”

- R.NANDITA, IX-E







## The Magic of Smile

*Life is like a mirror. Smile at it and it smiles back at you* – Peace Pilgrim



A smile puts you on the right track. A smile makes the world a beautiful place. When you lose your smile, you lose your way in the chaos of life. It can improve your health, lifestyle, and lower your stress level. It does far more than just making you look friendly; it can actually change your life and the lives of those around you.

### Here are a few reasons as to why you should smile more:

- Smiling relieves stress as it helps in preventing us from looking exhausted, worn down and overwhelmed
- Smiling enhances the immune system, making you more resistant to disease.
- Smiling can make you happy even when you're not, because the simple act of smiling sends a message to your brain that you are happy. When you're happy, the body pumps out all kinds of feel good endorphins.
- If you smile more, you'll live longer. A positive attitude has been shown to increase life expectancy.
- Smiling gives us a natural high. A British dental health foundation reported that a loving smile can produce the emotional response as eating 2,000 chocolate bars

As we know smile is a curve that sets everything straight...  
So, next time if you're feeling down, try a smile!

**S.PRATHEEBHA**  
(X-B)



## My experience as a MUN delegate

On 28th October the students of VIT conducted their annual COMFEST-The Sixth Edition, they held a bunch of events both technical and non-technical. Some

of them being Ad-selfie, Baby shark tank, Scavenge the scam, Choreo clash, Tune your accounting and so much more. I had the opportunity to participate in MUN lite. MUN (Model United Nations), commonly referred to as Model UN or MUN, is an educational simulation that immerses students in the realms of diplomacy, international relations, and the workings of the United Nations. During an MUN conference, participants take on the roles of representatives from countries, organizations, or individuals and join with other delegates worldwide to address and resolve global challenges. One of the most rewarding aspects was the opportunity to represent a country, I



represented France to discuss the promotion of digital inclusion for sustainable development. Which was quite a lot of work as this required thorough research about the stance of the country. From the moment I stepped into the committee room, I found myself shoulder

to shoulder with passionate delegates, all driven by a shared commitment to understanding and addressing the topic. Each delegate representing their country took turns starting with their opening speech. An opening speech is an opportunity to explain your country's policy, introduce your resolution topic and key sub-issues you want the committee to focus on. Listening to the other delegates speak and share their opinions truly felt enlightening, fostering a sense of global collaboration and understanding. During the speeches, we got to engage in lively debates, raising thought-provoking questions, truly adding to the dynamic exchange of ideas and perspectives. In the end we came together to draft a resolution on how we could solve the issue globally. A resolution is a formal document that outlines the proposed solutions to the issues or topics being discussed within the committee. The friendships forged during the sessions and the mutual respect developed through debates added a personal touch to the overall experience. As the conference came to a close, The conference ending made me think about how collaborative discussions can shape a better world. Model UN has been more than just a simulation; it has helped me understand,

cooperate, and grow personally. Saying goodbye to this enriching experience, I take with me not only knowledge but also

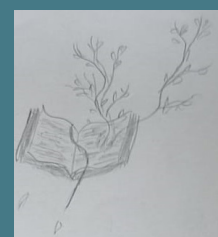
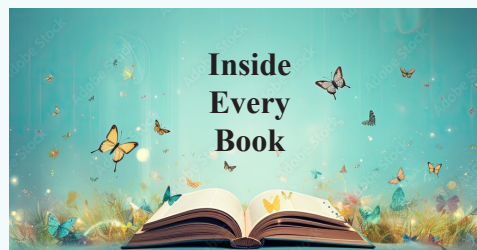


lasting friendships and a renewed sense of responsibility to contribute positively to global conversations. The MUN journey may be over, but its influence on my perspective and goals is limitless.

**C.N.NAIVEDYA**  
(XI B1)



## Inside Every Book



You get lost in the pages  
Inside every world  
From crimes to mystery,  
Adventure to history

Where you fly in imagination  
Books are like raiment  
Each page wraps around you  
Each word makes you Ravishing  
Where you feel wroth  
You can enjoy a thousand lives  
inside a book  
It is like searching yourself inside you  
The higher you heal  
The better you feel.

**AFREEN SHAIK**  
(XII-B2)



## GET IT PUBLISHED

Dear Students and Teachers,

Send your achievements / articles / stories / art work / poems / other creative work to [shn122@shrishti.org](mailto:shn122@shrishti.org)





"Art washes away from the soul the dust of everyday life."  
- Pablo Picasso



**INIYAN.N.P. - UKG B**



**N.P. PRANITHA - II A**



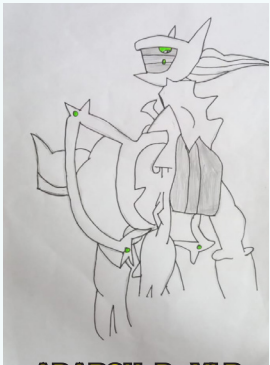
**MAHILINI K-V B**



**MEHAK KARNAWAT P-VID**



**S KAMALA NAYANI - UKG D**



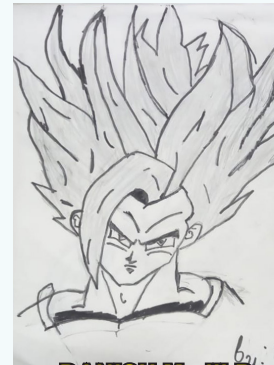
**ADARSH P - VI B**



**AVANEESH RAGHAVA VI B**



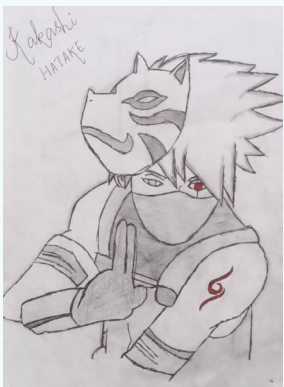
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**DANISH M - III B**



**HARSHANTH V - V D**



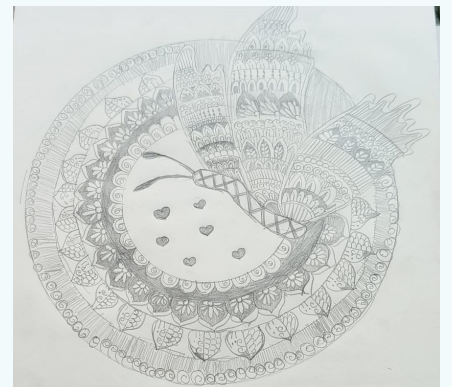
**JOHN PRABHU - IV B**



**SHARAN M - VI B**



**SHAREN K - VI B**



**SHANUKA - VI D**



**THAMIZH VATHANI S-VI B**



**KAMALESHWARAN A VIII D**



**TANVI MARIA NIRMAL - VA**



**ATHARV SHARMA - III C**



## What is "LA SAINT SYLVESTRE?"



In some cultures, New Year's Eve is also referred to as "La Saint- Sylvestre" in French, honouring and marking the transition to the New Year.

### *How is Saint-Sylvestre celebrated in France?*

Here are some ways in which Saint-Sylvestre is celebrated

#### **1. PARTIES AND GATHERINGS:**

Many people in France celebrate Saint-Sylvestre by attending or hosting New Year's Eve parties. These gatherings often include festive decorations, music, dance, and a countdown to midnight.

#### **2. MIDNIGHT TOAST:**

At the stroke of midnight, it is customary to raise a glass and toast to the New Year with champagne or sparkling wine. This tradition is a symbol of good wishes and hopes for the coming year.

#### **3. FEASTING:**

New Year's Eve dinners known as "Réveillons," are a common tradition. These feasts often feature special and elaborate meals with a variety of dishes, including seafood, foie gras, and other festive foods.

Many cities and towns in France host fireworks to welcome the New Year. People gather in public spaces or private gatherings to watch the colourful fireworks lighting up the night sky. Music and Entertainment is a key part of Saint-Sylvestre celebration.

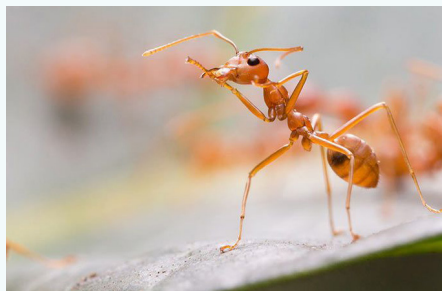
Just like in many other cultures, making New Year's resolution is a common practice in France. For those who observe religious traditions, attending Midnight Mass on New Year's Eve is a way to combine spiritual reflection with the celebration of Saint-Sylvestre. Overall, the emphasis is on celebrating with joy, good company, and a positive outlook for the year ahead.

- Ms. A. Jesse  
Dept. of French



## Weaver Ants: Tiny sophisticated Architects

Whenever I visit my parent's home in outskirts of Coimbatore, I get to witness vibrant flora and fauna, which includes dancing peacocks, colourful Hibiscus, Rose and other flowers. Apart from these, the most fascinating group of organisms that amazes me is the Weaver ants. Whenever, I see these ants, they seem to carry food particles and storing them in between stitched leaves. Like any other ants, these were also seen constantly working, collecting food for their colony. I was intrigued to know more about these ants and did some research on these amazing creatures.



*Following are some of the interesting facts about Weaver ants.*

Unlike other ants, these ants build their nests by weaving a basket out of leaves. These ants have a great art in building their nest with leaves. The weaver ants divide their jobs beautifully and each group does its job to perfection. There are totally four groups of ants. The first group of ants pulls and holds the leaves together so that the next group of ants can weave the leaves. The second group of ants weave the leaves together by using



the silk like thread that is produced by the larvae of the ants. Watching these ants at work is a pleasure and makes me wonder who taught them to weave so artistically. The third group of ants are the ones that find food for the whole community and the last group is the guarding ants which protect the whole community

from outsiders. These are like soldiers at the border who protect the nation and its citizens.

These ants are used as natural bio-control agents by indigenous farmers of South Asia to control agricultural pests. Weaver ants are used as food by some local communities, and they are particularly preferred by traditional healers due to their medicinal uses. These ants are an epitome of how to exist in harmony and build a community with meticulous planning so that they can survive and thrive.

As Jim Rohn, an famous entrepreneur has said- "I think everybody should study ants-they have amazing four part philosophy. **Never give up, look ahead, stay positive and do all you can.**"

- Ms. Savitha  
Vartharajan  
Dept. of Science



## SHRISHTI HERALDS THE NEWSLETTER

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# SHRISHTI HERALDS

SHRISHTI  
LEARN TO LEAD



Volume 02

Issue 09

(Managed by Makhija Foundation)

January 2024

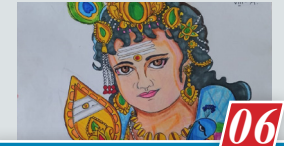
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## Stupendous Cultural Carnival - UTSAV '24



The twelfth of January, marked a day that would be etched in the memory of each Shrishtian for an entire lifetime. A day of celebration that transcended all limits. It was finally time for UTSAV, the most extravagant cultural event of the year. Every year, we eagerly look forward to this day, and it never falls short of our expectations. This year was truly no exception. That festive morning, the school was filled with the voices of enthusiastic students, teachers and choreographers hustling to make sure every intricate detail was perfect. The excitement was almost contagious. I was part of the compering squad and we were all in high spirits. Needless to say, all of us were incredibly stressed at the thought of anchoring this huge celebration.

As we settled into the evening, the true spirit of UTSAV finally began to sink in. The event began with our respected Head of Schools, Mr.M.S. Saravanan welcoming the esteemed dignitaries. Parents, friends and relatives swarmed in, their faces filled with pride at the thought of their beloved ones performing on stage. This year's UTSAV revolved

around the theme of 'WORLD CULTURE,' with our students taking the audience on a captivating journey across continents. Each performance skilfully depicted the essence of its country of origin, featuring a diverse range of dances, from traditional folk to modern hip hop and even regal ballroom dances. Adorned in authentic attire, our students delivered a spectacular show of synchronization and vigour, creating an unforgettable experience. They say, 'dance is the language of the soul'. Our dancers were truly a testament to this statement.

The school choir, with its mesmerizing harmony and rhythm, captivated our senses. Jyoshika and Vaishnavi of grade XI, along with Jyovika and Shravani of grade IX, held the audience in awe with their melodious solos. The singers' voices seamlessly blended, creating an enchanting masterpiece. Undoubtedly, the highlight of the night was Shrishti's musical band. The students displayed their expertise across various instruments, setting the stage ablaze, both figuratively and literally. Witnessing it was truly a remarkable experience.

The junior play of Alibaba and the forty thieves captured numerous hearts, as the

young performers showcased exceptional acting skills and flawlessly executed musical numbers. The senior rendition of Aladdin was nothing short of breathtaking, with our amazing actors from grade 11 commanding the stage and executing the dances to perfection.

Of course, how could we ever overlook the grandest performance of them all – the 11th graders' diverse dance showcase from Kashmir to Kanyakumari. Witnessing our students beautifully portray the rich cultural tapestry of the subcontinent was truly mesmerizing. The true spirit of unity in diversity was evident as hundreds of students danced in their stunning attire.

The delectable food and enchanting lighting further heightened the festive atmosphere, turning our talented students' presentation into a magnificent spectacle. It's safe to say that UTSAV 2024 exceeded expectations, leaving an indelible memory in every observer. It was indeed, a night to remember.

-Vibha Nethra.M.A (XI B3)



“With every deed you are sowing a seed,  
though you may not see it.”





"The thankful receiver bears a plentiful harvest."  
- William Blake

## Pongal Celebration



சிருஷ்டி பள்ளிகளின் சார்பாக  
06.01.2024 சனிக்கிழமை அன்று  
பொங்கல் திருவிழா வெகு சிறப்பாக  
கொண்டாடப்பட்டது. இறை வாழ்த்து  
பாடலுடன் விழா தொடங்கியது.  
விழாவிற்று பள்ளிக் குழுமத்  
தலைவர் திரு. M.S.சரவணன்  
அவர்கள் தலைமை தாங்கினார்.  
விழாவில் மாணவர்களின் கண் கவர்  
கலைநிகழ்ச்சிகள் நடைபெற்றது.  
"இளைய தலைமுறையின்  
எதிர்கால இலக்கு தடம்பதிக்கிறதே!  
தடுமாறுகிறதே!" என்ற தலைப்பில்  
சிறப்புப் பட்டமன்றம் நடைபெற்றது.  
விழாவின் சிறப்பு விருந்தினராகவும்  
பட்டமன்ற நடுவராகவும்  
முனைவர். தமிழ் திருமால்  
அவர்கள் தலைமை வகித்தார்.  
பள்ளி வளாகத்தில் பொங்கல்  
வைத்து மாடுகளுக்கு பூஜை  
செய்து இறுதியாக அனைவருக்கும்  
சர்க்கரைப் பொங்கல் வழங்கப்பட்டது.  
- தேவகி.கே (தமிழ் துறை)



## National Level Competitions @ VIT

### InoVIT-2024



**Senior Grade Level**  
**Working Model**  
**First Prize.**

Vibha Nethra M.A (XI B1)  
Hanshika Shree P.S. (XI B2)

**Second Prize.**

Elina Ann Suresh (XI A2)  
Blessi Mezpah (XI A1)

**Quiz**

**Second Prize**

Pradhissver.S.R (XII B2)  
Giridjaran.B (XII B2)  
Jyotsna.S (XI B3)

**Debate**

**First Prize**

Kathir Selvan.B (XI B4)

**Consolation Prize**

Rohith Shankar (XI B4)



**OVERALL CHAMPIONS**

**Junior Grade Level:**  
**Quiz**

**First Prize**

Monish  
Arunachalam



**ROBOTICA-24**  
5th National Level Robotics Competition

**Junior Category - Working Model**

**Winners**

Vetrimaaran S.V  
Pranav Sakti - Class V

**Runners**

V. Shyam  
P. Prakash - Class V

**Runners - 2**

S.K.Aadith Krishna  
Y. Krish Vasudev - Class V

**Senior Category - ROBO  
RACE**

**Runners - 2**

M. Dhanvanth  
L. Janarthanam - Class IX

### VIT Mathematical Meet -2024



**Talent Exam (Level -I)**

**First Prize**

Arnav Mahesh Gaikwad (VII)

**Poster making (Level 3)**

**First Prize**

Vibha Nethra M A (IX)  
Thiyaga M S (IX)  
Naivedya (IX)

**Quiz (Level 2)**

**Second prize**

Monish chandran . S (X)  
Nitin. S (X)  
Srivatsan Rajesh Kumar (X)

**Talent Exam (Level 2)**

**Third prize**

Rithesh (X)



## SHISHIR UTSAV

**Shrishtians emerge triumphant, clinching the coveted Overall Championship Trophy!**

### Athletics

Under - 14 Girls		
1. Ruchitra 🥇	100m	Gold
2. Aushiya 🥈	200m	Silver
3. Loshini 🥇 🥈	400m	Silver
	800m	Gold
4. Deepti Dhinesh 🥈	shot put	Silver
5. Girls Team 🥇	4x100 realy	Gold
Under - 14 Boys		
1. Karthikeyan 🥈	shotput	Silver
Under - 17 Boys		
1. Sashwanth.P 🥇 🥈	100m	Gold
2. Dhmodhar Prasath 🥇	200m	Gold
3. Priyadharshan 🥇 🥇	400m	Gold
	800m	Gold
4. Naathigan 🥈	Long Jump	Silver
5. Joeson Johnraj 🥈	High Jump	Silver
6. Boys Team 🥇	4x100 Relay	Gold

Under - 17 Girls		
1. Aabbey Varsha 🥇 🥇	400m	Gold
	800m	Gold
2. Jositha 🥈 🥇	Long Jump	Silver
3. Girls Team 🥇	4x100 relay	Bronze
Under - 19 Boys		
1. Vijay 🥇 🥇	100m	Gold
	High Jump	Bronze
2. Allen Christopher 🥇	200m	Gold
3. Praveen kumar 🥇 🥇	shotput	Gold
	Discuss Throw	Gold
4. Boys Team 🥈	4x100m relay	Silver
Under - 19 Girls		
1. Dharshini Sri 🥈 🥈	100m	Silver
	200m	Silver
2. Madhu Nisha 🥈	Discuss Throw	Silver
3. Nishanthi 🥇	shotput	Bronze
4. Girls Team 🥈	4x100m relay	Silver

### GAMES

Badminton Boys team 🥇	Gold
Volleyball Boys team 🥇	Gold
Chess Girls team 🥇	Gold
Kabaddi Boys team 🥈	Silver
Football Boys team 🥈	Silver
Throwball Girls team 🥈	Silver

### NON PARTICIPATORY EVENT

III-Place : Street Play (Theme: World Culture)







## Confusing words in English

### Hoard VS Horde

**Hoard** - a stash or supply someone stores or hides

**Example :** *The prepper showed his neighbor the hoard of water, canned food, and first aid supplies he had been collecting in his basement for the past five years.*

**Horde** - a big, unorganized group; a tribe

**Example :** *An eager horde of shoppers waited outside the hardware store to take advantage of the Black Friday deals as soon as the doors opened.*

## Idioms

**Change one's tune** - to change one's attitude, opinion, manner, or stance on something, typically in a way that is more positive or agreeable.

**Sentence :** The suspect **changed his tune** when he learned the police had the evidence.

**Weather the storm** - to be able to continue doing something despite serious problems

**Sentence :** There haven't been any tourists this year, and the hotels, campsites, and restaurants are having to **weather the storm** until things pick up again.

- Ms. Punitha (Dept. of English)

## DO YOU KNOW ?

### Sand batteries



Not every technology bettering our future has to be complicated, some are simple, yet extremely effective. One of these kind of technologies has come from some Finnish engineers who have found a way to turn sand into a giant battery. These engineers piled 100 tons of sand into a 4 x 7 metre steel container. All of this sand was then heated up using wind and solar energy. This heat can then be distributed by a local energy company to provide warmth to buildings in nearby areas. Energy can be stored this way for long periods of time. All of this occurs through a concept known as resistive heating. This is where a material is heated by the friction of electrical currents. Sand and any other non-super conductor are warmed by the electricity passing through them generated heat than can be used for energy.

- Mrs. Jeevitha Arivazhagan  
Dept. of Social Science.

### Did you know there's a 50,000-word novel without the letter "E"?

"Gadsby" is a novel written by Ernest Vincent Wright in 1939, and it is a lipogram, meaning it is intentionally written without using a particular letter or letters. In the case of "Gadsby," the excluded letter is "E." The novel is approximately 50,000 words long and is a notable example of constrained writing, where authors deliberately impose restrictions on their work, such as avoiding certain letters or using specific themes.



### Did you know goats have emotional intelligence?



Research shows that goats are socially aware of the environment they're in. They can "differentiate between other goats' happiness or displeasure by listening to their voices," according to National Geographic.

### Did you know an Alaskan town goes dark for over 60 days?

The residents of Barrow, Alaska, must be the most avid consumers of vitamin D supplements, because their town sees darkness for about 65 days of the year. The 65 days of darkness, known as polar night, is due to their geographical location above the Arctic Circle.



### GET IT PUBLISHED

Dear Students and Teachers,

Send your achievements / articles / stories / art work / poems / other creative work to [shnl22@shrishti.org](mailto:shnl22@shrishti.org)







## BTS WITH ALADDIN

*"Like so many things, it's not what is outside, but what is inside that counts."*

- Aladdin

When I first learned I would be portraying Aladdin, a mix of excitement and nerves filled my thoughts but little did I know that it was the beginning of a journey that would push me beyond my comfort zone. These moments behind the stage, the camaraderie with the cast and crew, added an extra layer of magic to the production. Aladdin, a whimsical tale about a young boy who discovers a magical lamp and ring, leading him on an adventurous journey filled with humor, romance, fun, and a myriad of emotions was not just a play it was an experience. The first few days of practice are always the hardest. Stepping into the shoes of Aladdin was more than just playing a character. From getting the lines right to the entry and exits, though exhausting it was worth it in the end. Being Aladdin wasn't just about saying lines and hitting the marks though, it was discovering parts of myself I never knew existed, wrapped up in the excitement and challenge of bringing this beloved character to life. Rehearsals were more than just any rehearsals, it was where I discovered hidden talents I never knew I had like surviving a mic malfunction and handling the props. Backstage was a mix of chaos and laughter, with laughs that echoed louder than any applause. The hard work of teachers in the skit was nothing short of a backstage masterpiece. Behind the scenes, they juggled scripts, costumes, and a whirlwind of energetic students. Their dedication transformed chaotic rehearsals into polished performances, turning potential mishaps into teachable moments. They truly were the backbone of it all. From brainstorming ideas to crafting props, the teachers took on roles that extended far beyond traditional lesson plans. Their unwavering patience truly shone during the inevitable moments of chaos. In the end, my time as Aladdin was a chapter filled with challenges, laughter, and the undeniable magic of a play. Grateful for the opportunity, I carry with me the lessons learned, the friendships forged, and the enchantment that lingers long after the stage lights dim. As I reflect on this journey, I can't help but appreciate the transformative power of storytelling and the profound impact it has on both the



performer and the audience. And the final curtain falls.

-C.N.NAIVEDYA (XI B1)

## Book that Has Inspired Me the Most - Wings of Fire by Dr. A.P.J. Abdul Kalam

The autobiography "Wings of Fire" by Dr. A.P.J. Abdul Kalam, the former President of India and scientist par excellence is the most inspiring book that I have read. The book is a must read for all children as it describes the success story of a young boy born to a lower middle-class family in Tamil Nadu who rose to the highest ranks in the country due to his simplicity, positive attitude, tolerance and a firm conviction on right mix of principles and spiritual pursuit. The book clearly demonstrates the positive impact of the environment, relatives, friends and teachers with whom Dr. Kalam grew up that made him a very pragmatic and kind hearted human with an insatiable thirst to create new technological breakthroughs. His parents and school teachers were instrumental in shaping up Dr. Kalam personality which always made him tolerant and open to all religions. Dr. Kalam's positive attitude to life even as a young boy can be easily understood from his effort to support his financially struggling family by selling newspapers. His evolution as an under graduate student clearly highlights the role played by multi-cultural and multi-religious teachers in making Kalam as a well-rounded human in addition to moulding him into an excellent inquisitional scientist.

Since childhood Dr. Kalam always dreamed of soaring like a bird in the sky and hence decided to choose aeronautical engineering at the University. Understanding Dr. Kalam's talent in science, his elder sister supported him during his higher studies in Chennai. This generosity encouraged Kalam to work as hard as possible to obtain a scholarship. Due to his hard work, Kalam's ultimate dream of flying an aircraft, paid off. Kalam's very important quote for students on choice of specialization is

'Essential point to consider is whether the choice articulates their inner feelings and aspirations' gives clarity for all aspiring youngsters. After graduation, Kalam chose to become the Directorate of Technical Development and Production since it involved his passion for developing aircrafts. He designed an indigenous hovercraft called "Nandi" which enabled him to meet Prof. Sarabhai, the father of the Indian Space Program. Kalam got a job offer to work with his team and spent many years working as a Rocket Engineer. He received the Padma Bhushan award after SLV-3, one of his rockets, was successfully launched. Kalam introduced the Integrated Guided Missile Development Programme for the development of different missiles for which he received the Padma Vibhushan. Kalam always strongly stated that failures are seeds for learning and believed India could be a technological leader despite repeated failures.

It is evident that due to Kalam's principles and ethos, he was awarded India's top civilian award, the Bharat Ratna in 1997. He was also glorified with honorary degrees from more than 30 universities around the world. It is a coincidence that Dr. Kalam died delivering a lecture to children in a college whom he loved and motivated the most.

- V. ATUL (VIA)

## அம்மா

இல்லை என்னிடம் வார்த்தை  
உன் அன்பை பற்றி விவரிக்க

உருவாக்கினாய் என்  
வாழ்க்கையின் கதையை

நீ செய்வது ஒவ்வொன்றும்  
என்னை மகிழ்விக்க

உன் நெஞ்சுக்குள் பாரம்  
இருபினும்

என் ஏற்ற தாழ்வுகளில் நீ  
இருப்பாயே

என் நிழல் கூட என்னை விட்டு  
இருளில் பிரியும்

அனால் நீயோ என்னை பிரிக்க  
மறுக்கிறாயே

- A JERUBA CARLLIN (XI B1)





“Imagination is the beginning of creation.”  
– George Bernard Shaw



S.P.YUVANESH RAJAN  
VIII A



KRISHANTH.R - VIII A



KOWSHIK SHARMA - VI D



M.DEEPAK THIRUMAL -  
VIII D



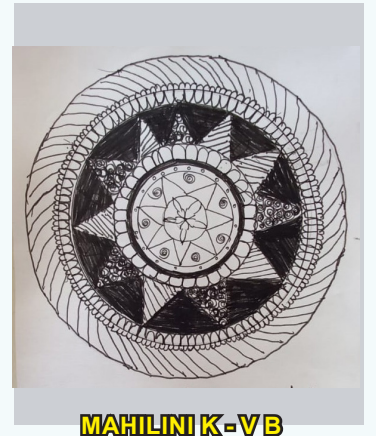
JASWANTH - VI D



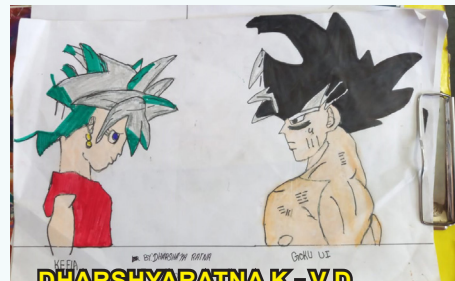
NANDHINI - VIII B



ADITI C - VII B



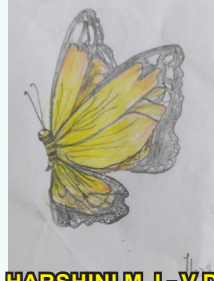
MAHILINI K - VB



DHARSHYARATNA K - V D



HARSHANTH V - V D



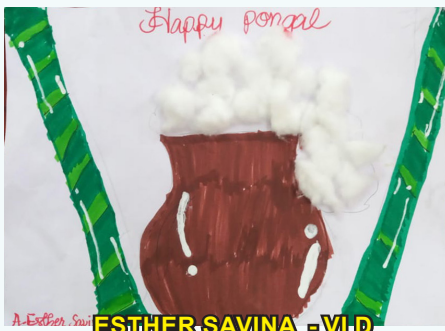
HARSHINI M J - V D



B. NITHEN RAO - V C



AVNITA JAIGANESH - VI D



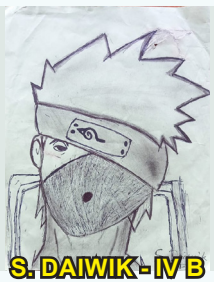
ESTHER SAVINA - VI D



TANVI MARIA - VA



AVANEESH RAGHAVA  
VI B



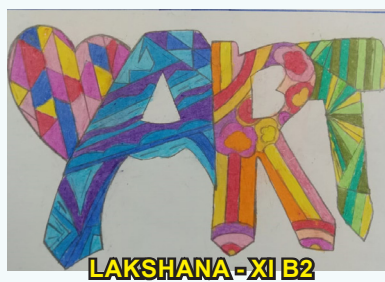
S. DAIWIK - IV B



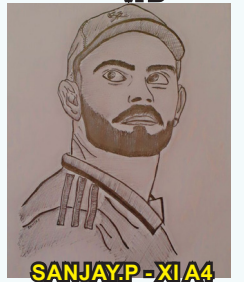
DANISH M - III B



SHAREN K - VI B



LAKSHANA - XI B2



SANJAY P - XI A4





## Importance of Sports In School

Sports play a crucial role in the development of both physical and mental strength in students. Daily physical exercise is essential for students as it not only helps them stay healthy but also contributes to improving their emotional fitness. Therefore, sports should be a significant part of the school curriculum. When students are physically and emotionally healthy, they can more easily focus on their studies. Participation in school sports is essential for increasing confidence, mental alertness, and self-esteem. Sports offer various benefits in schools, teaching students important skills such as leadership, patience, teamwork, and social skills.

*Here are some key benefits of the importance of sports in schools:*

1. **Maintaining Good Health:** Engaging in sports helps students stay healthy.
2. **Enhancing Fitness Levels:** Regular physical activity contributes to maintaining a good fitness level.
3. **Developing Leadership Skills:** Participation in sports nurtures the development of leadership skills.
4. **Positive Mentoring:** Sports provide positive mentoring and guidance for students.
5. **Boosting Emotional Fitness:** In addition to physical benefits, sports contribute to the emotional well-being of students.

- **Mr. Sathiyaraj C**  
*Dept. of Physical Education*



## Nurturing Young Minds: Building Vocabulary Skills for Primary Level Students

In the formative years of primary education, developing a robust vocabulary is crucial for students. A rich vocabulary not only enhances communication but

also lays the foundation for academic success. Let's explore effective strategies to cultivate and strengthen vocabulary skills in young learners.

### Word Games and Activities:

Engage students in interactive word games and activities. From crossword puzzles to word bingo, these games make learning vocabulary enjoyable and effective. Incorporate playful elements to keep the young minds intrigued and eager to learn.

### Storytelling Sessions:

Storytelling plays a vital role in enhancing their vocabulary as well as creativity. Harness the power of storytelling to captivate students' attention and introduce them to new words. Should choose age-appropriate stories with vibrant characters and exciting plots. We must pause during the story to discuss and explain the meanings of unfamiliar words, fostering comprehension and retention.

### Word of the Day Ritual:

We always intend to follow this practice but we find it hard to continue. "Word of the Day" routine is very important. Introduce a new word each day, encouraging students to use it in sentences. Display the word prominently in the classroom, creating a visual reminder for students to incorporate it into their daily conversations.

### Interactive Learning Tools:

Leverage technology to enhance vocabulary acquisition. Interactive apps and online games designed for primary students can make learning engaging and tailored to individual learning styles.

### Word Puzzles and Worksheets:

Integrate word puzzles and worksheets into the curriculum. Crossword puzzles, word searches, and fill-in-the-blank exercises offer hands-on practice and reinforce vocabulary in a structured format.

### Peer Interaction:

Encourage students to foster a collaborative learning environment where they can interact with peers. Group activities, discussions, and peer-led exercises provide opportunities for students to share and reinforce new vocabulary in a social context.

### Visual Aids and Illustrations:

Incorporate visual aids and illustrations to support vocabulary learning. Associating words with images helps students grasp meanings more effectively, making the learning process visually stimulating.

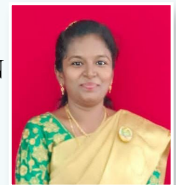
### Regular Assessments:

Conduct regular assessments to gauge students' progress. Conducting quizzes, oral assessments, and interactive games help the educators to evaluate their vocabulary retention and identify areas for improvement.

### Conclusion:

Building vocabulary skills in primary-level students is a dynamic process that requires creativity, engagement, and consistency. By implementing a combination of interactive activities, technology, and traditional teaching methods, educators can lay the groundwork for a strong and expansive vocabulary in these young minds, empowering them for future academic success.

- **Ms. Sujina Sweety N**  
*Dept. of English*



## SHRISHTI HERALDS THE NEWSLETTER

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"Time is always new, every day is new and every moment is new. But, when we attend to it with all our attention and enthusiasm we make it a celebration."

- Gurudev Sri Sri Ravi Shankar



# SHRISHTI HERALDS

SHRISHTI  
LEARN TO LEAD



Volume 02

Issue 10

(Managed by Makhija Foundation)

February 2024

In this Issue



Farewell



EduTalk 2.0



Students' Corner

## ADIEU - 2024 (Class X & XII)



The farewell ceremony for the X and XII graders of Shrishti Vidyashram (CBSE), was held with great enthusiasm. It marked the culmination of their journey in the school and bid them farewell as they embark on new adventures in their lives. The programme commenced with a prayer song sung by the choir. Following this, our Head of Schools, Mr. M.S. Saravanan addressed the gathering with his words of wisdom. A few students of grade X and XII gave heartfelt speeches reminiscing the memorable moments shared and the teachers gave words of encouragement to the outgoing students for their future endeavours. Followed by this, the students of grade IX and XI gave a farewell treat through dance performances and music recitals. The celebration came to an end with the distribution of mementos to the outgoing students. The event served as a fitting tribute to their journey in school and a heartfelt farewell as they step into the next chapter of their lives.

- Ms. Punitha (Dept. of English)





## EmpowerED Edge: Enriching Minds at Edutalk 2.0



**Dr. S S Chandrasekaran**  
Professor, Dept. of Structural &  
Geotechnical Engineering,  
VIT, Vellore

### Disaster Management



**Dr. Madhumita Das**  
Assistant Professor Economics  
Area, VIT Business School,  
Vellore.

### The Sectors of Indian Economy



**Prof. D. Thirumaran**  
Assistant Professor & Head PG  
and Research Department of  
Defence and Strategic Studies,  
Voorhees College, Vellore

### Democratic Rights

The Department of Social Science organized an enlightening event, Edutalk 2.0 - 'EmpowerED Edge', on February 7th, 2024 (Wednesday), for students of classes VIII and IX.

Trustee Mr. Mahadevan Venkatesh, Head of Shrishti Schools Mr. M. S Saravanan, Vice Principal of Shrishti CBSE- Mrs. Hephzibah Paul, Co Scholastic Coordinator Mrs. Usha Paulson, and Vice Principal of Shrishti Matric- Mrs. Joyce graced the occasion with their presence.

Mrs. Hemalatha, HOD of Social Science - Shrishti Matric, warmly welcomed the gathering, setting a tone of anticipation and excitement. The event was kickstarted by Mrs. Jeevitha Arivazhagan, PRT Social Science- Shrishti CBSE, who introduced the esteemed speakers of the day.

Mr. George Babu, HOD of Social Science -Shrishti CBSE, efficiently moderated

the session, ensuring a smooth flow of discussions.

The purpose of the event was to broaden students' horizons in various branches of Social Sciences.

The areas taken for discussion include:

1. **Geography: Disaster Management**
2. **Economics: The Sectors of Indian Economy**
3. **Politics: Democratic Rights**

Dr. S. S Chandrasekaran from VIT spoke on 'Disaster Management.' Dr. Madhumita Das from VIT- Business School enlightened students on 'The Sectors of Indian Economy.' Prof. D. Thirumaran from Voorhees College discussed 'Democratic Rights.'

The event commenced at 1:45 pm and concluded at 3:40 pm, witnessing active

participation and enthusiastic interaction of around 330 students across CBSE and Matric streams.

All the subject teachers from the Social Science department attended, gaining valuable insights from the enlightening discussions.

Edutalk 2.0 - 'EmpowerED Edge' proved to be a resounding success, enriching the minds of both students and teachers alike.

**- Mr. George Babu**  
HOD, Dept. of Social Science  
Shrishti Vidyashram





“The harder you work for something, the greater you’ll feel when you achieve it.” - MS Dhoni

## SHRISHTIANS SHINE IN SOFT TENNIS



**R. Sriram Subramanian**  
Grade - XI  
**TEAM EVENT GOLD**



**Srijan S**  
Grade - XI  
**TEAM EVENT-GOLD SINGLES-BRONZE**



**K.R. Swarna Sri**  
Grade - VII  
**TEAM EVENT BRONZE**

**67th NATIONAL SCHOOL GAMES SOFTTENNIS CHAMPIONSHIP**  
*held at Chattisgarh, Raipur between 18th Jan and 23rd Jan 2024*



**Sadhana, of class XI participated in the 20th SENIOR NATIONALS held in Madhya Pradesh from 13th to 17th January 2024. Competing in the open category, Narumugai clinched **Bronze** in the individual doubles event.**

She also participated in the **67th SGFI** held in Chhattisgarh, Raipur, from 19th to 22nd January 2024, securing **Gold** in the **U-19 team event.**

### SHISHIR UTSAV Non Participatory Event



**Sharmishta P.N has won Second Place in “Weave a Story” on the theme “World Culture”**

### Inter District Cricket Match **Junior Super Kings**

Our school cricket team participated in the Inter-District Cricket Tournament conducted by TNCA from December 24th to 30th December.

#### **Best performers of the tournament:**

- Nanteesh - XII
- Prakash Simon - XII
- Prajanth - XII



**Congratulations Dear Shrishtians!**



## SHRISHTI MOCK PARLIAMENT



The Shrishti parliament, offered a one-of-a-kind chance to explore the complexities of parliamentary procedures and democratic decision-making. The feeling of walking around in suits and ties, truly made all of us feel like adults and gave us a sense of professionalism.

In this session we debated about the Impact of Social Media on the Youth of India emphasising Mental Health. The focus of the session was on discussing and debating a proposed bill that aims to tackle this topic. This particular topic was selected as it directly relates to the pressing socio-political matters of today. The main goals of the mock parliament session were to grasp parliamentary procedures, improve communication skills, and develop a better understanding of how laws are made. Getting ready for the mock parliament required in-depth research on the bill, familiarizing oneself with parliamentary procedures, and working together with other participants to develop arguments and plans. We were assigned roles, the ruling party and the opposition party, where we said our views and debated against anybody that said so otherwise. The meeting started with an overview of the topic to be discussed, followed by the usual parliamentary



procedures like speeches and debates. Different changes were suggested, which sparked lively discussions and negotiations. I got to be part of the opposition party, and we enthusiastically engaged in everything by delivering persuasive speeches to support particular amendments, and worked closely with each other to develop strong arguments. Moreover, we actively posed relevant questions during the Q&A sessions, enriching the discussions. Engaging in the mock parliament was a great way to gain valuable knowledge about parliamentary procedures, teamwork dynamics, and the art of persuasion. We got to discover the significance of being well-prepared, listening actively, the

importance of effective communication and collaboration. I was honored to be titled the best speaker and it has truly motivated all of us to participate in more mock participants. Special thanks to the teachers in charge Mr. George Babu, Mr. Dinakaran and Mr. Prakash who were instrumental in facilitating a successful mock parliament experience.

- C.N.NAIVEDYA (XII B1)

## PULLING OFF A MUN



7 days until Shrishti MUN 23-24. Panic swirled. Unlike typical MUN preparations, ours began just a week before the event, squeezed between holidays and packed schedules.

Three daunting questions loomed: How would we organize? Who would form the team? Where would the funds come from?

Jatin of grade VIII, bravely tackled the Chairpersons. Meanwhile, I handpicked a phenomenal Organizing Committee (OC) – Rushil, Harisanth, Varsha, Vignesh, Aman, Arya, and Jatin himself. These unsung heroes spent their holidays glued to endless meetings, meticulously crafting the MUN experience. Their dedication was truly inspiring! With the OC in place, everything fell into motion.

Finally, the day arrived. Over 60 enthusiastic delegates debated, negotiated, and collaborated, making Shrishti MUN 23-24 a resounding success. It was a testament to the power of teamwork, adaptability, and sheer grit. We extend our heartfelt gratitude to everyone who made it possible.

- Ashwin.A (VIII C)



## SAY NO TO DRUG RALLY

The school organized a rally on January 30th, 2024, to raise awareness against drug addiction. Students from classes VIII and IX actively participated in this initiative.

The rally commenced with the flag-off by the Vice Principal, Mrs. Hepzibha Paul, and the Co-Scholastic Coordinator, Mrs. Usha Paulson. Carrying placards adorned with slogans against drug addiction, students marched with determination.

Teachers of classes VIII and IX joined the rally, walking alongside the students with placards and raising slogans against drug addiction.

The "Say NO to Drugs" rally achieved significant success, echoing the unified stance of students and empowering them to combat the menace of drug abuse.



## Field Trip to VIT School of Agricultural Innovations and Advanced Learning (VAIAL)



### Grade VI







## Confusing words in English

### Canon VS Cannon

**Canon (noun)** - It is a generally accepted rule, standard or principle by which something is judged. The writings or other works that are generally agreed to be good, important, and worth studying

**Example :** *He has made it into the canon of English poetry.*

**Cannon (noun)** - A device that shoots projectiles.

**Example :** *The cannon's blast shook the ground.*

## Idioms

**Scrape the barrel** - be reduced to using things or people of the poorest quality because there is nothing else available.

**Example :** The team was short on players, so they had to scrape the barrel and ask some inexperienced players to join.

**Jump on the bandwagon** - to join or support something that has become popular or successful.

**Example :** When the new trend became popular, everyone in our office decided to jump on the bandwagon and start using the latest productivity app.

- Ms. Punitha (Dept. of English)

## DO YOU KNOW ?

### CALCULUS IN ENGINEERING



- Calculus was initially developed for better navigation system.
- Engineers use calculus for building skyscrapers and bridges.
- Electrical and Computer engineers use calculus for system design.
- Calculus is used to improve safety of vehicles.

### CALCULUS IN SCIENCE



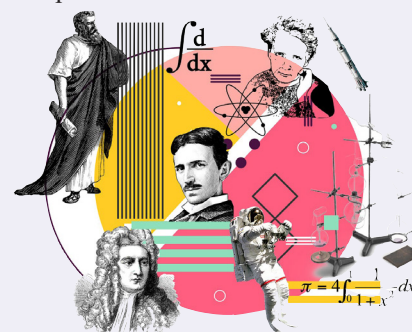
- Isaac Newton developed the use of calculus in his laws of motion and gravitation.
- Astronomical science deeply depend on calculus.
- Space technology use calculus in many ways.
- Calculus is used to build tracks.

### CALCULUS IN OTHER FIELDS

- Businessmen and politicians often conduct surveys with the help of calculus.
- Investment plans do not pass before mathematicians approve.
- Doctors often use calculus in the estimation of the progression of the illness.



- Global mapping is done with the help of calculus.
- Calculus is also used to solve paradoxes.



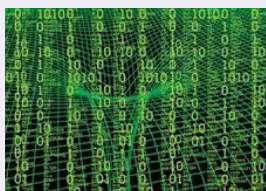
### GET IT PUBLISHED

Dear Students and Teachers,

Send your achievements / articles / stories / art work / poems / other creative work to [shnl22@shrishti.org](mailto:shnl22@shrishti.org)

### APPLICATIONS OF MATRICES IN REAL-LIFE

- Matrices are used with encryption in wi-fi communication. When you connect to a wi-fi hub in a restaurant, matrices and their inverses are used to encrypt your message.
- Used in real life applications (finance, science, manufacturing, optimizing, etc) to solve linear systems of equations.



• Delta Air Lines uses linear programming, based on matrix computations, to solve its flight scheduling problem. The problem entails matching aircraft to flight legs and filling seats with paying passengers, thereby reducing operating costs.

- Mrs. Coathai  
Dept. of Mathematics







## Global Unity Against CFCs: A Triumph for Environmental Protection

In the face of environmental challenges, the essence of unity has proven to be a driving force in the worldwide campaign against Chlorofluorocarbons (CFCs). The collaborative efforts to eliminate these harmful substances underscore the significance of unity in safeguarding our planet.

The Montreal Protocol, established in 1987, exemplifies international unity at its finest. Nations from every corner of the globe came together, recognizing the urgency of addressing the depletion of the ozone layer caused by CFCs. This agreement showcased a shared commitment to protecting the Earth's atmosphere, transcending borders and ideologies for a common cause.

The essence of unity is evident in the phased ban on CFCs, as countries, industries, and environmental advocates united to implement regulations and find sustainable alternatives. The cooperation displayed in researching, developing, and adopting eco-friendly technologies highlights the power of a collective vision aimed at preserving the delicate balance of our environment.

As we witness the positive impacts of reduced CFC emissions, it becomes clear that the essence of unity extends beyond policy agreements. It manifests in everyday actions, from individuals making eco-conscious choices to businesses prioritizing environmentally friendly practices. Unity, in this context, is not merely a concept; it is a living, breathing force steering us toward a healthier planet.

Students, as future stewards of the Earth, can play a pivotal role in amplifying the essence of unity. By promoting awareness, advocating for sustainable practices, and fostering a sense of global responsibility, the younger generation contributes to the ongoing narrative of environmental protection.

In conclusion, the essence of unity in the global ban on CFCs is a testament to what humanity can achieve when working together

- *Dennish (IX E)*

## Knowledge is power

The saying "Knowledge is Power" is often used to emphasize the importance of education and learning. It means that having Knowledge and understanding of a subject can give someone the power and ability to make informed decisions and take actions that can benefit themselves and others.

With knowledge, one can navigate through various situations with confidence and competence. It empowers people to think critically and make sound judgements, enabling them to identify and solve problems effectively. In today's fast-paced and ever changing world, Knowledge is more valuable than ever. Knowledge is the godmother of all discoveries and inventions.

Knowledge is the true power which always remain with the person in all good and bad times. It is the thing which has distinguished the differences in man from animal. Knowledge provides actual freedom in the life and open all the doors of success.

- *P. Shrithika (IX - B)*

## Pretty Yellow Sunflower



Pretty yellow sunflower,  
do you ever know I love you  
your warmth and hope,  
it's always sweet as your youth  
you might get old,  
but your beauty is for eternity  
is that the only reason  
why you make me happy?  
the way you always face the sun,  
finding your way into the light  
maybe the storm around you is loud  
but the laughter in you is quite  
And that quietness can be seen  
only by a few  
Guess it was my fortune  
to see that in you  
pretty little sunflower, there you go again  
making me question,  
do u ever know I love you

- *A Jeruba Carllin (XI B1)*

## WORLD WILDLIFE DAY



"World Wildlife Day, celebrated annually on March 3rd, marks a crucial moment to reflect on the state of our planet's biodiversity. The Convention on International Trade in Endangered Species of Wild Fauna and Flora (CITES), established in 1973, plays a vital role in safeguarding species from over-exploitation. With approximately 5,800 animals and 30,000 plant species protected by CITES, including two sloth species, the day serves as a reminder of our shared responsibility to protect Earth's diverse ecosystems.

However, the challenges facing biodiversity are immense. Climate change, intentional bushfires, such as those in the Amazon and Australia, and the recent Coronavirus outbreak linked to wildlife trade emphasize the urgent need for global action. Biodiversity loss, deemed as catastrophic as climate change, puts one million species at risk of extinction, with profound consequences for humanity.

The interconnectedness of biodiversity with essential aspects of life, such as medicine and ecological balance, underscores the urgency of conservation. Sloths, for example, may carry untapped medicinal benefits in their unique ecosystems. The loss of habitats and species threatens opportunities for medical and social advancements.

Amidst alarming headlines, individuals are reminded of their power to effect change through everyday actions. Whether choosing sustainable transportation, or supporting conservation projects, each person has the ability to contribute to a better world. In the face of biodiversity loss, small actions collectively lead to a lasting impact, offering hope for a more sustainable future."

- *Roshan Hari Kumar (VI A)*





“Art is the stored honey of the human soul.”



AKSHITHA J - II C



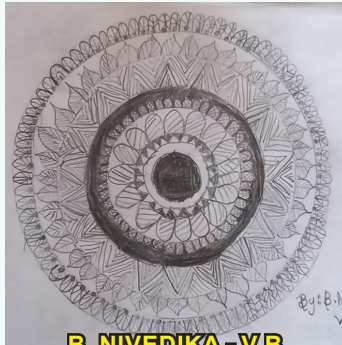
INARA ARSHEEN - II C



KARTHIK K - VI C



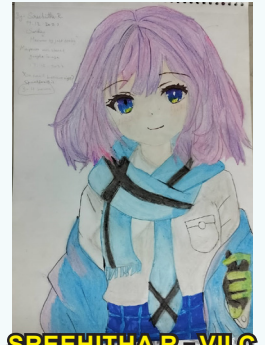
DIVISHA - V D



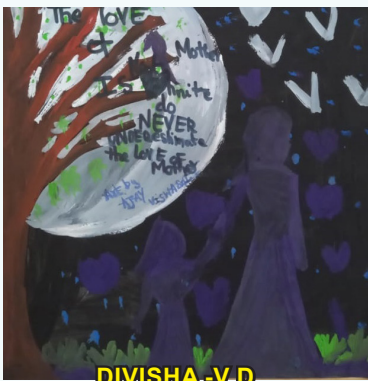
B. NIVEDIKA - V B



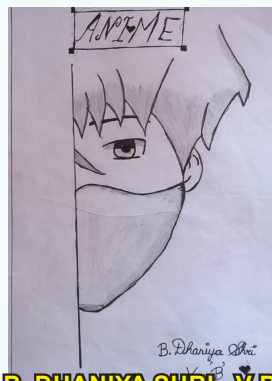
TANUJ - VII D



SREEHITHAR - VII C



DIVISHA - V D



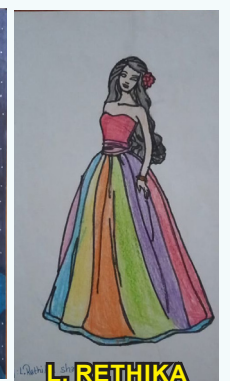
B. DHANIYA SHRI - V B



K. SREE NISHITH - V B



YUVANESH RAJAN SP - VIII A



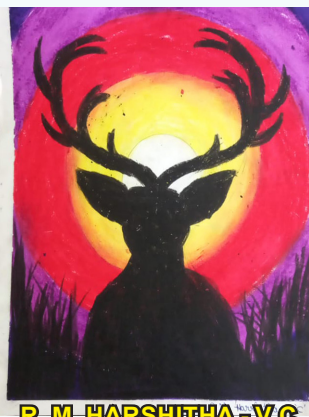
L. RETHIKA SHRI - V D



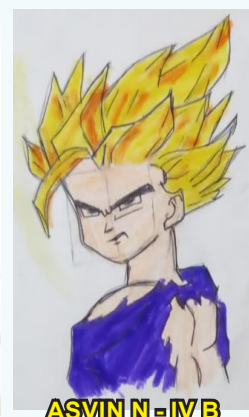
DEEANNA CONCITA E - III B



DHEVP - VI C



R. M. HARSHITHA - V C



ASVIN N - IV B



SHANUKA - VI D



DANISH M - III B



KIRAN SAI - VI B



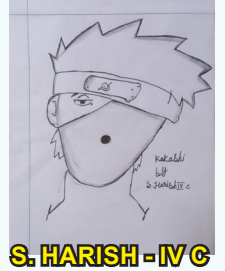
V. SIDDHARTH NAVEENAN - II A



THARSHAN A - IV C



S. DHANVIN - IV C



S. HARISH - IV C



## Nurturing Growth: Supporting and Motivating Students in the Classroom

In the intricate tapestry of education, the role of teachers extends far beyond imparting knowledge; it encompasses fostering an environment where students feel supported, motivated, and empowered to reach their full potential. As educators, we hold the key to unlocking the innate curiosity and potential within each student, guiding them on a journey of discovery, growth, and self-realization.

At the heart of student handling lies the recognition of each student's unique strengths, challenges, and aspirations. Central to effective student handling is the provision of unwavering support and encouragement. In the face of academic setbacks, personal struggles, or self-doubt, students need to know that they are not alone. Teachers serve as beacons of support, offering a compassionate ear, practical guidance, and a reassuring presence to help students navigate challenges and overcome obstacles.

Motivation serves as the driving force behind student success, fuelling a passion for learning and a commitment to excellence. As teachers, we have the power to ignite this spark within each student, inspiring them to set ambitious goals, persevere in the face of adversity, and strive for continuous improvement. One of the most potent tools in a teacher's arsenal is the art of encouragement and affirmation. Recognizing and celebrating students' achievements, no matter how small, fosters a sense of pride, self-confidence, and intrinsic motivation. Moreover, cultivating a growth mindset lies at the heart of nurturing student motivation. By instilling the belief that intelligence and abilities are not fixed but can be developed through effort and perseverance, teachers empower students to embrace challenges, learn from failure, and unleash their full potential. Through constructive feedback, goal-setting, and reflection, students learn to view setbacks as opportunities for growth and transformation.

Creating a supportive classroom environment is essential for fostering student motivation and well-being. By cultivating a culture of collaboration, respect, and inclusivity, teachers create a safe and nurturing space where students feel valued, heard, and respected. By

fostering positive relationships and building a sense of community, teachers lay the foundation for a vibrant learning environment where students thrive academically, socially, and emotionally.

In conclusion, student handling and motivation are central pillars of effective teaching practice. By providing unwavering support, fostering intrinsic motivation, and creating a supportive learning environment, teachers empower students to embrace challenges, pursue excellence, and chart their own paths to success. As stewards of the educational journey, teachers hold the key to unlocking the limitless potential that lies within each student, guiding them on a transformative journey of growth, discovery, and self-fulfilment.

- Ms. Saira Shaik  
Dept. of Hindi



## The Self-Motivated Superstar: Unleashing the Power Within



In every school, there are those exceptional students who seem to possess an unwavering drive, determination, and passion for learning. They are the shining stars that inspire both their peers and teachers alike. Today, we celebrate one such remarkable individual – the self-motivated kid. This young dynamo not only excels in their studies but also demonstrates remarkable dedication and a thirst for knowledge that sets them apart. Let's take a closer look at the characteristics and benefits of being a self-motivated student.

### What is Self-Motivation?

Self-motivation is an inner force that drives individuals to pursue their goals with enthusiasm and determination. Unlike external motivation, which may come from rewards or pressure, self-motivated students possess an intrinsic desire to learn and grow. This quality empowers them to set ambitious targets, overcome obstacles, and persistently seek knowledge beyond the classroom.

### Traits of a Self-Motivated Kid:

#### a. Passionate Learners:

These students exhibit genuine curiosity

and enthusiasm for various subjects. They are always eager to explore new ideas and delve deeper into complex topics.

#### b. Goal-Oriented

Self-motivated kids set clear, achievable goals for themselves. They use these objectives as beacons, guiding their efforts and measuring their progress.

#### c. Resilient Nature:

Challenges and setbacks do not deter them. Instead, they view obstacles as opportunities to learn and improve, bouncing back stronger each time.

#### d. Time Management:

These students are adept at organizing their time efficiently, striking a balance between studies, extracurricular activities, and personal interests.

#### e. Initiative and Independence:

Self-motivated kids take the initiative in their learning journey. They actively seek out resources, ask questions, and explore diverse perspectives.

#### f. Perseverance:

When faced with difficulties, they display determination and persistence, pushing through difficulties until they achieve their goals.

- Ms. Soundarya  
Dept. of Commerce



## SHRISHTI HERALDS THE NEWSLETTER

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# SHRISHTI HERALDS

SHRISHTI  
LEARN TO LEAD



Volume 02

Issue 11

(Managed by Makhija Foundation)

March 2024  
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## KG UTSAV & ANNUAL DAY



The KG UTSAV held at Shrishti Vidyashram Senior Secondary School was an exuberant celebration showcasing the talent and achievements of the students. The event, graced by esteemed dignitaries and parents alike, commenced with a soulful Prayer Song, setting a harmonious tone for the proceedings. The ceremonial lighting of the lamp by the esteemed dignitaries symbolized the dispelling of darkness and the ushering in of knowledge and enlightenment.

This was followed by a mesmerizing Invocation dance captivating the audience with grace and elegance. The Welcome dance by the Pre-KG students added a delightful touch, filling the atmosphere with joy and warmth.

Ms. Thingal Johnson, the Principal of Shrishti Matric, extended a heartfelt welcome, setting the stage for the eventful evening. The pivotal segment of the event - the annual report presentation was done by the KG Co-ordinator of Shrishti CBSE Ms.Sandra George following which the KG and Primary co-ordinator of Shrishti Matric Ms.Padmapriya elaborated on the academic journey and accomplishments of the school. They eloquently summarized the milestones achieved throughout the academic year 2023-24.

The address by the esteemed Chief Guest, Dr.Asvatha, a distinguished fellow in Neonatology at the Royal College of Pediatrics and Child Health (RCPCH), and a respected member of the Department of Pediatrics, Naruvi hospital Vellore, was both

inspiring and enlightening, underscoring the importance of education and holistic development.

Followed by the address of the chief guest, the Prize distribution ceremony was held to recognise and celebrate the exemplary achievements of the students. The prizewinners of both Shrishti CBSE and Matric were honoured by the Head of Schools.

The Convocation Ceremony was a poignant moment which marked a significant milestone in the academic journey of the students, celebrating their growth and achievements. The chief guest, Head of Schools and the dignitaries honoured the students and wished them continued success in their future endeavours.

The cultural performances were a highlight of the evening. With dynamic movements and electrifying music, the dancers kept the audience on the edge of their seats, delivering a thrilling and memorable experience. The skit presented by the KG students was a heartwarming portrayal of the bond between fathers and their children. Each of these cultural performances showcased the talent and creativity of the students, leaving the audience spellbound and applauding for more.

As the cultural event drew to a close, a heartfelt Vote of Thanks was delivered by the Vice Principal of Shrishti CBSE, Ms.Hepzibah Paul, expressing gratitude to all who contributed to the success of the event. The rendition of the National Anthem resonated

with patriotic fervor, bringing the event to a fitting close. Overall, the KG UTSAV was a resounding success, bringing together the school community in a celebration of learning, talent, and camaraderie.







*Convocation*





“All the world’s a stage, and all the men and women merely players. They have their exits and their entrances; And one man in his time plays many parts.”



## Spotlight

The Dramatics Club of Shrishti Vidyashram hosted a remarkable event titled “Spotlight” on March 27th to commemorate World Theatre Day, exclusively for Class XII students. The evening unfolded with a series of captivating performances that paid homage to the icons of theater, showcasing the immense talent and dedication of the students.

The event opened with a mesmerizing mono act from Shakespeare’s “The Merchant of Venice”, followed by a delightful musical treat featuring a rendition of Robert Frost’s “Stopping by Woods on a Snowy Evening”. Students then delved into insightful critiques of Shakespeare’s famous lines, demonstrating their understanding and appreciation of his literary genius.

Mark Antony’s powerful speech from “Julius Caesar” left the audience spellbound, while Portia’s monologue from “The Merchant of Venice” and Titania’s ethereal soliloquy from “A Midsummer Night’s Dream” showcased the students’ ability to portray complex characters with depth and nuance.

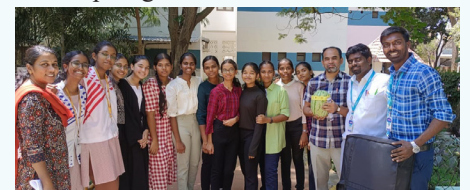
A stirring rendition of Martin Luther King Jr.’s iconic “I Have a Dream” speech served as a poignant reminder of the enduring power of words to inspire change. The evening also featured a collective performance of the timeless “Do-Re-Mi” song, highlighting the students’ unity and harmony through music.

The theatrical journey continued with a vibrant enactment of “The Tale of Melon City” from the Class XI curriculum

“Snapshots”, bringing laughter and joy to the audience. A gripping dialogue from the movie “Shutter Island” further showcased the students’ versatility in interpreting diverse characters and narratives.

The evening culminated with a dance performance inspired by “The Lamp Genie”, leaving the students enthralled and energized.

“Spotlight” was a resounding success, celebrating the rich legacy of theater while providing a platform for the students to express themselves creatively and shine in the spotlight.



Mono Act



Musical Treat



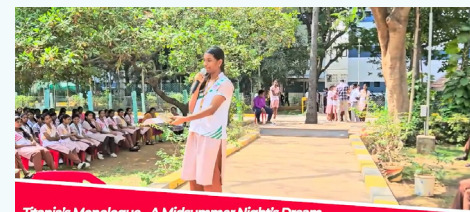
Mark Antony's Speech from Julius Caesar



Famous Lines of Shakespeare



Monologue - Martin Luther King



Titania's Monologue - A Midsummer Night's Dream



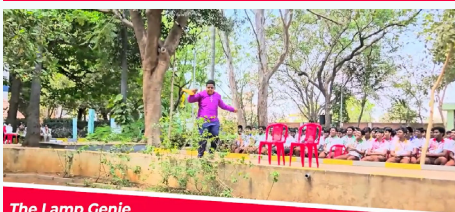
From the Movie - Shutter Island



Do, Re, Mi from The Sound of Music



Play - The Tale of Melon City



The Lamp Genie



### Upcoming Events

Dear Wonderful Mothers,  
At Shrishti, we believe that the bond between parents and teachers is an invaluable asset in a child's journey through education.  
Therefore, we are thrilled to extend a heartfelt invitation to you for an exclusive event.

## Mom's Day Out

Bridging Hearts & Minds

April 2024

Venue: Your ward's classroom

We look forward to sharing this meaningful experience with you!

Dear Class XII Students,  
Are you ready to immerse yourself in the captivating world of poetry?

Literary Club Conducts

### Poetry Recitation Competition

03 April, 2024  
Venue: School Ground

Featured Poems

- ★ "The Solitary Reaper" by William Wordsworth
- ★ "The Psalm of Life" by H. W. Longfellow
- ★ "Night of the Scorpion" by Nazim Mikhal
- ★ "Stopping by Woods on a Snowy Evening" by Robert Frost

How to Participate

- Choose one of the featured poems.
- Prepare a captivating recitation that reflects your understanding and emotional connection to the poem.
- Each participant will have 3-5 minutes to perform.

Register your name with your respective English teachers by 29.03.2024



## Yet Another Feather in His Cap

We are thrilled to share that our **Head of Schools, Mr. M. S Saravanan**, has been recognized by the International Olympiad Foundation with the prestigious **Global Educator Award** for Promoting Academic Excellence (2023-2024).

*Congratulations to our Head of Schools on this remarkable achievement!*



## Congratulations to our Karate Belt Test Achievers!



## Shrishti Student Triumphs in State Level Football Tournament!

We are thrilled to share that Andrewson M of XII A5, has achieved remarkable success representing Vellore, at the State Level Football Tournament.

*Their team emerged victorious, showcasing incredible talent and dedication. Congratulations on this impressive triumph!!*







## Confusing words in English

### Elicit VS Illicit

**Elicit** - It means to draw out or evoke a response, reaction or information from someone or something. It's often used to describe the act of obtaining a specific reaction or answer through questioning, prompting or other means.

**Example** : *The detective's skillful interrogation techniques helped elicit a confession from the suspect.*

**Illicit** - It means illegal, forbidden or not permitted by law or rules. It refers to actions, behaviours or activities that are considered unlawful or morally wrong.

**Example** : *He was arrested for possession of illicit firearms.*

## Idioms

**To throw caution to the wind** - It means to disregard caution or take a risk without worrying about the potential consequences.

**Example** : After years of careful planning, she decided to throw caution to the wind and quit her job to pursue her dream of travelling the world.

**To be on thin ice** - It means to be in a risky or precarious situation where one's actions could easily lead to trouble or failure.

**Example** : His reckless spending habits have left him on thin ice financially and he's now struggling to make ends meet.

- Ms. Punitha (Dept. of English)

## DO YOU KNOW ?

### THE MYSTERIOUS NUMBER: $\pi$

Pi Day is celebrated on **March 14th** (3/14), worldwide as an ode to the most well-known approximation (3.14159) of the mathematical constant Pi.

#### Pi in real life:

So, without pi, we would not be able to predict the weather, track cargo ships, or even just open google maps on your phone!

Furthermore, pi is used widely in the field of architecture.

Bridges, mosques, and many buildings share the characteristics of using arches.

#### NASA use pi:

Scientists use pi to locate the inner and outer edges of the habitable zone around a given star and they use pi, along with Kepler's third law to calculate how long it takes the exoplanet to make one full orbit of its star, which reveals the planet's location and whether it's in the habitable zone. NASA only uses 16 digits of pi.

*Life is like Pi, sometimes it is irrational but always fascination.*



- R. NANDITA  
(X E)

#### Pi and medicine:

1. It's used to calculate the volume and surface area of various body parts.

2. This information is essential for designing prosthetics, implants, and other medical devices.

3. Pi is also used in medical imaging, such as CT and MRI scans, to create accurate 3D images of the human body.

**It is a number that is**  
1. infinite, (Any numerical expression for Pi is infinite.)  
2. universal,  
3. transcendental,  
4. irrational.

Pi is also an irrational number, which means its decimal representation has no end or repeating pattern.

#### Cultural influence of Pi:

The mathematical constant's popularity has transformed it beyond the scientific world into a pop culture icon. Pi has been the subject of numerous documentaries and books. World-renowned astronomer Carl Sagan mused in his 1985 novel "Contact" that a message from the creator of the Universe is embedded within Pi.



### GET IT PUBLISHED

Dear Students and Teachers,

Send your achievements / articles / stories / art work / poems / other creative work to [shnl22@shrishti.org](mailto:shnl22@shrishti.org)





## REFLECTION



I saw a girl, staring at me  
 Eyes full of tears, trying to be me  
 She looked beautiful but insecure,  
 strong but broken  
 Trying to control all her emotions.  
 Later she realized she is a beautiful tree  
 Breaking her chains and coming out free  
 Finding peace and hope, as big as a ocean  
 And then I realized it was my own reflection.

- A JERUBA CARLLIN (XII B1)

## Embracing Ancient Wisdom: Innovation in Education Through Classroom Activities

Education has always been a dynamic journey, evolving with time, shaped by diverse cultures and philosophies. In the realm of modern education, we find ourselves turning to the timeless stories of Ekalavya and Dronacharya, drawing inspiration from their teachings to revolutionize classroom practices and foster innovation.

The story of Ekalavya, the self-taught archer who mastered his craft through unwavering dedication, resonates in today's educational landscape. It highlights the power of self-directed learning and the importance of empowering students to take ownership of their education. Modern classrooms are increasingly embracing student-centered approaches, where activities are designed to encourage exploration, experimentation, and reflection.

At the heart of it all lies the role of educators as guides, mentors, and facilitators, nurturing students' intellectual and ethical development. Just as Dronacharya mentored his disciples with wisdom and compassion, modern educators build trusting relationships and foster a culture of collaboration and

respect in the classroom by providing opportunities for students to drive their own learning.

Educators cultivate a sense of agency and independence, paving the way for deeper engagement and understanding.

Innovation in education extends beyond the realm of traditional storytelling, encompassing a diverse range of classroom activities designed to captivate and inspire learners. Role-playing activities provide students with opportunities to explore different perspectives and develop critical thinking skills. Experiential learning activities immerse students in hands-on experiences, connecting classroom learning with real-world applications and fostering curiosity and creativity. Quizzes and games add fun and excitement to the learning process, reinforcing concepts while encouraging active participation and collaboration. Whether through digital platforms or traditional board games, these activities promote engagement and social interaction. By harnessing the power of gamification, educators create learning environments that motivate and challenge students to reach their full potential.

As we look to the future of education, let us not forget the wisdom of the past. By integrating innovative classroom activities into our educational practices, we can create academic arenas that inspire curiosity, ignite creativity, and empower students to shape their own destinies. Together, let us embark on a journey of discovery and transformation, reimaging education for generations to come.

- MUKTHI T (XII C)

## Why Every Student Needs Their Own Website: Unlocking Opportunities in the Digital Age

In today's digital age, a website is indispensable for students navigating an increasingly competitive world. Regardless of whether you're an aspiring entrepreneur, budding artist, or future scientist, here's why everyone needs a website:

**Showcase Your Portfolio:** Your website serves as a centralized platform to exhibit your talents, skills, and achievements professionally, whether you're an artist, coder, or writer.

**Personal Branding:** Crafting your personal brand through storytelling and highlighting unique strengths on your website helps you stand out and make a lasting impression in your chosen field.

**Enhance Your Resume:** Including your website link on your resume provides a comprehensive view of your capabilities beyond a traditional resume, showcasing digital literacy and proactive self-promotion.

**Expand Your Network:** Your website acts as a powerful networking tool, connecting you with like-minded individuals, mentors, and potential collaborators globally, attracting opportunities for growth.

**Develop Digital Skills:** Building and maintaining a website exposes you to valuable digital skills such as web design, content creation, SEO, and analytics, enhancing your employability in the digital job market.

**Create Opportunities:** A website opens doors to freelance gigs, internships, speaking engagements, and collaborations, increasing your visibility to individuals and organizations seeking talent and expertise.

**Express Your Voice:** Your website provides a platform for self-expression and creativity, allowing you to share thoughts, ideas, and passions with a global audience through blogging and advocacy.

**Future-Proof Your Career:** Establishing an online presence early on future-proofs your career, preparing you to thrive in an evolving job market that values adaptability and digital literacy.

In conclusion, having a website is no longer a luxury but a necessity for students aiming to succeed academically and professionally in today's digital age. It's a powerful tool for showcasing talents, building personal brands, expanding networks, and creating opportunities that shape future endeavors. So, seize the opportunity and start building your website today to unlock endless possibilities in the digital world!

- K. SUDESH (IX E)

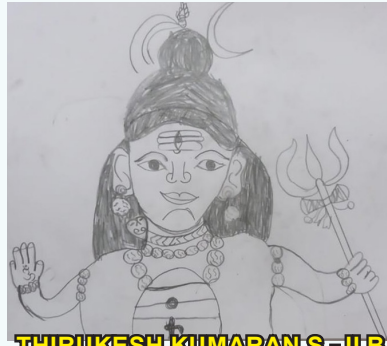




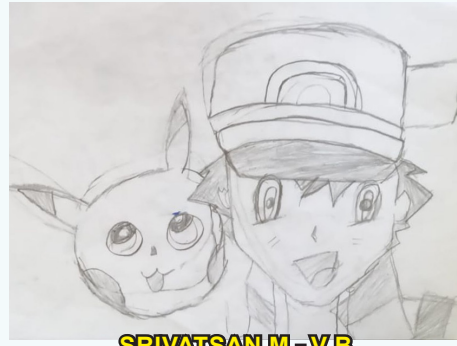
"Creativity is magic. Don't examine it too closely."



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THIRUKESH KUMARAN S - II B



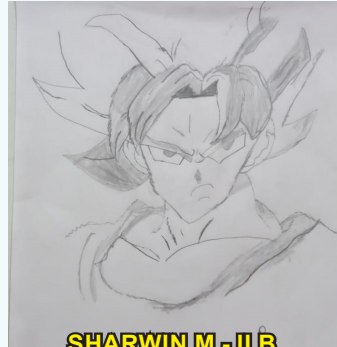
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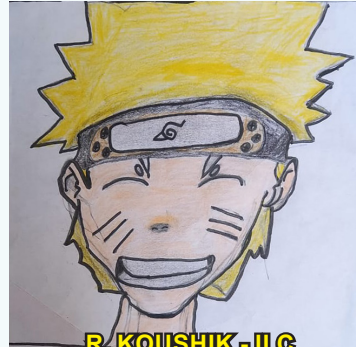
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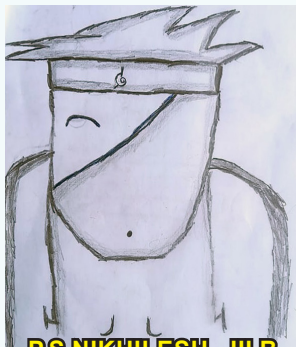
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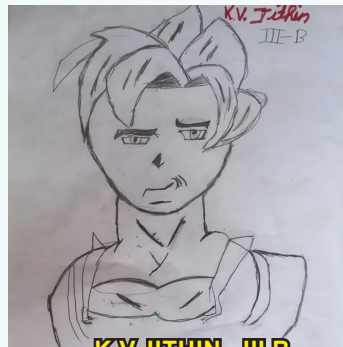
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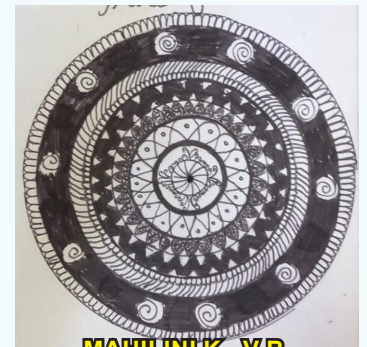
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K.V.JITHIN - III B



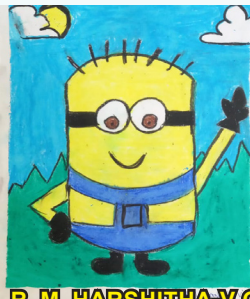
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MAHILINI K - V B



A. THARSHAN - IV C



R. M. HARSHITHA - V C



HARSHANTH V - V D



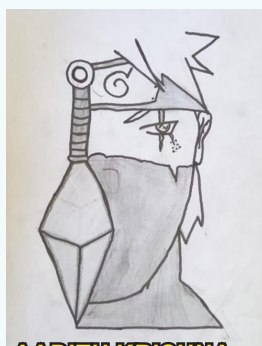
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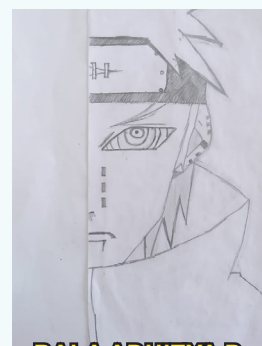
STEFFY SANDRA II C



AADITH KRISHNA V B



ASWANTH L - IV C



BALAADHITYA P VA



DANISH M - III B



## THE VITAL ROLE OF YOUTH IN DRIVING SOCIAL CHANGE

The youth represent the future of society, and their involvement in bringing about social change is predominant. With their energy, passion, and innovative thinking, young people can catalyse transformative movements that address pressing societal issues.

### Youth as Catalysts for Change:

1. **Innovative Ideas:** Youth bring fresh perspectives and innovative ideas to the table, often challenging conventional thinking and sparking new solutions to age-old problems.
2. **Activism and Advocacy:** Young people are at the forefront of many social justice movements, using their voices to advocate for change on issues ranging from climate change to human rights.
3. **Digital Influence:** The digital age has empowered youth to connect and mobilize like never before, leveraging social media platforms to raise awareness, organize protests, and amplify their messages globally.
4. **Community Engagement:** Youth engagement at the local level is vital for addressing community-specific issues and fostering a sense of ownership and responsibility among young people for the well-being of their communities.



### Strategies for Effective Youth Engagement

1. **Education and Awareness:** Providing young people with education and information about social issues empowers them to become informed and active citizens.
2. **Youth Leadership Development:** Investing in leadership development programs equips young people with the skills and confidence needed to take on leadership roles within their communities and bring meaningful change.
3. **Partnerships and Collaboration:** Collaborating with youth-led

organizations and grassroots movements strengthens collective efforts and ensures that young people have a seat at the decision-making table.

4. **Supportive Environment:** Creating a supportive environment that values and respects the contributions of young people encourages their active participation in social change initiatives.

### Conclusion:

The role of youth in bringing about social change cannot be overstated. By harnessing their energy, creativity, and passion, young people have the power to drive meaningful progress and create a more just and equitable world for future generations. It is imperative that society recognizes and supports the invaluable contributions of youth in shaping our collective future.



- Mrs. Arunasankari  
Department of Social Science

## Honoring Parents: A Pathway to Pride and Respect

Respecting and making parents proud is not only a cultural and moral imperative but also a deeply personal and meaningful endeavor. Parents are our first teachers, mentors, and guides in life, nurturing us with love, wisdom, and sacrifice. In return, it is our responsibility and privilege to honor their contributions and make them proud of the individuals we become.

Firstly, demonstrating respect towards parents involves recognizing and appreciating their efforts and sacrifices. Whether it's through simple gestures like expressing gratitude for their support or actively listening to their advice and guidance, showing respect acknowledges the invaluable role parents play in shaping our lives.

Making parents proud entails striving for excellence in all aspects of life, whether it be academics, career, relationships, or personal growth. By setting high standards for ourselves and pursuing our goals with determination and integrity, we not only honor the values instilled by our parents but also reflect their aspirations for our success and happiness.

Also, open communication and mutual understanding are essential components of respecting parents and fostering

pride in their hearts. Taking the time to share our achievements, challenges, and dreams with our parents strengthens the bond between generations and reinforces the importance of familial support and encouragement.

Ultimately, the greatest fulfillment comes from witnessing the pride and joy in our parents' eyes as they see us grow into compassionate, responsible, and accomplished individuals. Their pride is a testament to their unwavering love and belief in our potential, motivating us to continue striving for excellence and making them proud in every endeavor we pursue.

Finally, respecting parents and making them proud is not only a moral obligation but also a source of immense joy and fulfillment. By honoring their sacrifices, striving for excellence, and fostering open communication, we cultivate deep bonds of love and respect that enrich our lives and strengthen family ties for generations to come.



- Mrs. Jeevitha Arivazhagan  
Department of Social Science

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