



## Academic Achievers: Insights from the Best

### Class XII

#### PRADHISHVARS R 488/500



I am deeply honoured to share with you all that I have achieved the distinction of being the topper of this year's class. This achievement is a significant milestone for me, one that I hold with great pride and gratitude.

First and foremost, I would like to express my heartfelt gratitude to my teachers. Your guidance, support, and encouragement have been invaluable. You have not only imparted knowledge but also instilled in me the values of hard work, perseverance, and integrity. Without your unwavering dedication, this accomplishment would not have been possible.

I would also like to extend my deepest thanks to my parents and family. Their constant support and belief in my abilities have been my pillars of strength throughout this journey. Their encouragement has fuelled my drive to strive for excellence.

To my friends and classmates, I am immensely grateful for the camaraderie and support we have shared. Our collective experiences, both the highs and the lows, have enriched my school years and made this journey memorable. Your friendship has been a source of joy and motivation.

The road to this achievement has not been without its challenges. There were times when the workload felt overwhelming and moments when doubt crept in. However, it was during these times that **I learned the importance of resilience and determination. Every challenge faced was a lesson learned, and every setback was an opportunity to grow.**

As I reflect on this journey, I am reminded

of the valuable lessons and the immense personal growth I have experienced. This achievement is not just a testament to my hard work but also to the incredible support system that has surrounded me. I am deeply grateful to each and every one of you who played a part in this journey.

Thank you for being a part of this memorable and rewarding chapter of my life.

#### TARUN SRIVATSAN H 486/500



I would like to express my heartfelt gratitude to my school for their unwavering support and guidance, which played a pivotal role in helping me achieve excellent marks in my 12th board exams.

**The dedication and commitment of my teachers, who went above and beyond to ensure we understood the material, were instrumental in my success. Their encouragement and personalized attention fostered an environment conducive to learning and growth.** The school's comprehensive curriculum and well-structured study resources provided a solid foundation, while the regular assessments and feedback helped me identify and improve my weak areas. I am deeply grateful for the invaluable opportunities and support my school provided, which were crucial in helping me reach this milestone.

#### DHARSHINI P 485/500



As the saying goes, "Every great journey has a great beginning." And yes! I had a very nervous yet beautiful start at Shrishti Vidyashram. "A new journey to be started, a new promise to be fulfilled, a new page to be written." I had extremely talented, supportive, encouraging, and friendly teachers who guided me to master each and every

concept we went through. My teachers inspired hope, ignited the imagination, and instilled a love of learning. Our Headmistress, the management, my class teacher, and all our teaching and non-teaching staff encouraged and motivated us at every possible moment and made us what we are today.

"School friends make the best memories." The best friendships are formed during school days. Very true! I've got a group of cheering friends who added colors and flavors to my incredible journey at Shrishti. They made it even more adventurous. The school corridor, morning assembly, canteen talks, break hours, lunchtime chats, sports day, P.E.T. periods, the school uniform—are unforgettable and make Shrishti a very special memory to me.

In my classroom, we do second chances, we apologize, we forgive, we respect each other, we keep our promises, we never give up, we encourage one another, we laugh often... and we are a family! Twelfth grade marks the end of schooling. No matter how badly I want my exams to get over, with each exam that passes, I know I'm going to miss my friends and my school more than anything else. Twelve years of schooling flashed by when I looked at the empty classroom behind me. The amount of effort the management and our teachers put into feeding us knowledge is breathtaking. With each class test and exam, I was able to clarify my doubts and correct my mistakes in the upcoming exams. I'd like to sincerely thank my parents and teachers for their love and unwavering support and trust they showered on me.

**My teachers and friends make Shrishti Vidyashram a second home! How lucky I am to have something that makes saying goodbye so hard!** Thank you, Shrishti family, for helping me achieve good results in board exams and for giving me two years of glorious, cherishable, and warm memories!

## Class X

S MONISH CHANDRAN

490/500



I am a proud student of Shrishti Vidyashram Sr Sec School. Studying in Shrishti is a great privilege for me. I secured 490/500 in grade 10 and ranked school 1st in the academic year 2023-24. It wouldn't have been possible without the help of my parents, teachers, co-ordinator and principal. My school has provided me with a great environment which helped me to stay focused throughout the year. I want to thank my principal, whose unwavering support and vision has created an environment where we can all thrive. His dedication to fostering excellence has been a beacon of inspiration for us all. Their immense support and guidance are worth embarking which has helped me to cope up with exam pressures. I am thankful to them for believing in me. **All my teachers have taught me to push myself and helped me in giving my best during exams.** They were always there to help me at any time. They made sure that all the students understood the concept very well.

The most important thing after regular tests and exams is to check the papers and see where we have lost marks rather than where we have secured marks. This will surely improve our performance in the upcoming exams.

It is not necessary to be with books all the time. To rejuvenate my mind after a stretch of study hours I go out and play or have a walk and relax myself. I also believe that a healthy balance between study and relaxation is very crucial in keeping ourselves away from stress, depression and anxiety. Engaging in physical activities and spending time with friends and family kept me motivated throughout the year. Everyday after waking up I practice meditation for 15-20 mins which played a crucial role in increasing my attention span. Mental health is also very important to be looked after during this journey.

**Creating a perfect study plan and daily targets by prioritizing tasks is very important to achieve our target.** I inculcated the habit of practicing maths for 1hr everyday which helped me to secure 100/100 in maths. Practicing previous year questions and other study materials given by my teachers helped me in securing full marks in mathematics.

After entering grade 10 I reduced my screen time and spent some quality time playing with my friends which kept me mentally and physically healthy. Keeping ourselves away from all kinds of distractions is very important in order to stay focused on our studies. Taking regular breaks during long study hours and staying hydrated keeps our body fresh and helps in avoiding mental fatigue.

It is very important to have a well structured study plan. From the beginning of the academic year I set daily targets and finishing them motivated me to continue it the next day also. Revising the chapters regularly is very important.

Practicing previous year questions was immensely beneficial as it helped me in gaining confidence in my preparation and also familiarized me with the exam pattern and helped me in time management.

It is very important to stay consistent and disciplined. This journey has been a testament to hard work, dedication and perseverance. It is a result of countless hours spent studying. The sacrifices made and the determination to succeed against all odds. I turned every set back into an opportunity to learn and grow. The goal was not just to achieve high marks but also to gain a deep understanding of the subject and to develop a life long love for learning. Thank you

M GUNADHARASHINI

483/500



First and foremost, I want to express my deepest gratitude to our school. Shrishti Vidyashram has been more than a place of learning; it has been a nurturing environment where dreams are cultivated and potentials are realized. My marks are a testament to the relentless hard work, dedication, and collective spirit of our students, teachers, and staff members. Like every student, initially, I was daunted by the prospect of board exams. As days passed, with the help of my teachers and their guidance, I got some confidence and was able to overcome my fears. If it weren't for my teachers, my fellow students and the school management I wouldn't be here. **I still remember how teachers were ready to clarify our doubts till the very end, such committed were my teachers. I am profoundly indebted to my teachers whose dedication knew no bounds.** To my fellow students who are yet to begin their board exam journey, follow two things- your heart and your teachers.

I bet you will never fail. In the end, let us remember that our journey doesn't end here. There are many more challenges to overcome, and many more mountains to climb. Thank you, Shrishti Vidyashram management and teachers for believing in us, challenging us, and shaping us into the individuals we are today. This achievement belongs to all of us. I am honored to have been a part of it.

S PRATHEEBHA

482/500



*"Every new experience brings its own lesson and a greater clarity of vision" - Indira Gandhi*

My 10th class has indeed been an unforgettable journey which will remain in my heart forever. It was filled with lots of excitement and lessons. It made me understand the value of dedication and self-actualization and became a wonderful chapter in my life. My first day began with some level of excitement and of course with a little peek of anxiousness. "A good teacher can inspire hope, ignite the imagination, and instill a love of learning". My teachers have made sure that they are the living proof for this quote. They motivated me and pushed me to achieve my best in order to thrive for excellence. Doubts, confusions, queries, uncertainties all are cleared by them and also they guided me to believe in myself. I am very grateful for them for moulding me into whom I am. **My friends, the ones who helped me when I am down and elevated me when I am up. Moreover they gave me courage and strength to try out new things.** The group study, doubts clearing with each other, infinite good memories shared made me gain confidence in my ability. The cycle tests, additional revision exams, pre board exams all have contributed for the better understanding of syllabus and made us revise consistently. Apart from studying, there are endless things like PT's, carnival, utsav, free periods, IHA's which gave us joy and thought us team participation and determination. The fear of board exams is inevitable as it is the first time of writing it, however with the constant practice and strong support from my teachers and family numbed my nervousness. The school management has made its substantial support for students and helped us to go into the exam hall with a free mind. Overall, my journey in 10th had been a wonderful phase of my life and helped me to understand the life's important qualities like integrity, confidence, empathy, creativity, resilience, perseverance. I am very thankful for my teachers, friends, family who had been an pillar of support during my remarkable journey. I would like to end with my favourite quote - *"Never stop learning, because life never stops teaching"*.

## Parental Perspectives: A Journey of Growth

Warm greetings,

I Subash Chandran (father of Monish Chandran) and my wife Maha Lakshmi are honored to share our journey of supporting our child through his academic endeavors. Our son Monish scored 490/500 in class 10 board exam and ranked school first during the academic year 2023-24. This wouldn't have been possible without the support of the school teachers, co-ordinator and Principal.

As parents, choosing the right school for our child was one of the most important decisions we had to make. We wanted a place where he would not only receive a quality education but also feel supported, inspired and valued. **We are grateful to have found that in Shrishti Vidyashram Sr Sec School. Our son joined Shrishti in grade 1 and our experience with Shrishti has been incredibly positive.** We are grateful for the opportunities and support he has received here. As parents, we feel confident that he is in a place where he can thrive academically, socially, and emotionally.

As parents, we understand that education is not just about attending school and completing assignments. It is about nurturing curiosity, encouraging perseverance, and instilling a love for learning. We have always believed that our role as parents is to be active participants in our child's education, guiding and supporting him every step of the way. From the early days we have tried to create an environment at home that fosters learning. We dedicated a quiet, well-lit space at home for studying, free from distractions. This helped our child focus on his studies effectively. We also ensured that he had all the necessary supplies and resources, such as reference books, stationery, and access to educational tools. We emphasized the importance of effort and perseverance over innate talent. Whenever our child faced challenges, we encouraged him to see these as opportunities to learn and grow. We celebrated his efforts and progress, no matter how small and reminded him that mistakes are part of the learning process.

We established a consistent daily routine that included specific times for studying, homework, and leisure activities. This structure helped him manage his time

effectively and develop good study habits. We made sure that he followed the routine everyday throughout the year. We were always there to motivate him during his tough times.

We regularly monitored our child's academic progress by reviewing his homework, test scores, and teacher feedback. This allowed us to identify areas where he needed extra help. We provided the necessary resources, such as textbooks, study guides, and online learning tools, to support our child's learning. Additionally, we were always available to help him with difficult subjects or challenging assignments.

**While academic success is important, we also prioritized our child's overall well-being. A healthy mind resides in a healthy body.** We ensured that he had a balanced lifestyle, with time for physical activities, hobbies, and relaxation, to prevent burnout and maintain his enthusiasm for learning. We tried to make him enjoy the process of learning rather than him taking it as a burden. We made sure that during this process he stayed away from stress and any kind of pressure which would ultimately lead to hatred towards studying. We encouraged him to continue his hobbies and made sure that he had appropriate rest for his body. We avoided junk foods and other unhealthy foods and made sure that he stayed healthy throughout the year.

While we had high hopes on him we were mindful not to impose unrealistic expectations. We focused on his individual strengths and interests, allowing him to set his own goals and supporting him in achieving those. We believed in his potential and reminded him that success comes in many forms.

We are immensely grateful for the support and education our child has received at Shrishti. It is a place where dreams are nurtured and potential is realized. As parents we feel privileged to be part of this wonderful school for the past 10 years.

Thank you !

**- R. SUBASH CHANDRAN & S. MAHA LAKSHMI (PARENTS OF S. MONISH CHANDRAN) Grade X**

### A Parent's Journey through Their Child's Tenth Grade Experience

As a parent, witnessing my child navigate the complexities of tenth grade is both exhilarating and challenging. It's a phase where they transition from childhood to adolescence, facing academic rigors, social dynamics, and personal growth. Reflecting on my journey alongside my child during this crucial year, I've realized the profound impact it has had on both of us. First and foremost, there's the academic journey. Tenth grade is often considered a pivotal year academically, with the pressure of board exams looming large. As a parent, supporting my child through this academic marathon involved a delicate balance of encouragement and guidance. There were moments of frustration and self-doubt, but also triumphs and breakthroughs. Witnessing my child's resilience in the face of academic challenges taught me valuable lessons in perseverance and determination. As a parent, I learned to listen more than I spoke, offering guidance when needed but also allowing my child the autonomy to make their own decisions and learn from their experiences. My daughter's teachers and the school management helped a lot in her academics. Even when my daughter called one of her teachers after 10 o'clock for a doubt, they would answer her without any hesitation. Also school management had placed teachers to visit students in their houses for checking them and providing encouragement during study holidays which assured me a lot. **I am very grateful for the school management and teachers who contributed for providing support for my daughter. In hindsight, navigating my child's tenth grade year was a profound learning experience for both of us.** It taught me the importance of patience, empathy, and unconditional support. It challenged me to step out of my comfort zone, confront my own biases, and adapt to the evolving needs of my child. I would like to end with a quote,

"Invest in your education because it's the one thing that no one can take away from you."

**- T. SARAVANAN (PARENT OF S. PRATHEEBHA) Grade X**

## The Art of Teaching: Strategies for Excellence

We are thrilled to announce and celebrate the extraordinary achievement of six of our fellow students who have secured a perfect score in MATHEMATICS in Class X Board Examination.

### Centum Scorers:

- Akshara A G - X A
- Saloni M - X C
- Monish Chandran S - X D
- Srivatsan - X D
- Abhishek S - X B
- Vamshi Krishna - X D

**Students who have reached this pinnacle have spent countless hours studying, revising, and practicing. Their preparation involves a systematic approach, dividing the syllabus into manageable sections, setting realistic goals, and maintaining a consistent study schedule.** These students understand the importance of thorough revision and regular practice, especially in problem-solving and application-based questions.

Understanding the concepts, exposure to different types of problems, clarifying doubts from teachers, consistent practice, and analysing mistakes have all contributed to their improved mathematical skills and performance in mathematics.

Their achievements serve as a beacon of inspiration, encouraging others to pursue excellence. The stories of our centum achievers will continue to inspire and uplift the academic community.

### Department of Mathematics:

- Mr. Sudarshan
- Ms. Devisree
- Ms. Sasirekha
- Ms. Annapoorni

### Insights from Ms. Surya (PGT Chemistry) on Achieving Centum in Chemistry

**Could you elaborate on your experience teaching Tarun Srivatsan and Giridharan, who scored centum in the board exam 2023-2024?**

Teaching Tarun and Giridharan was truly a rewarding experience. Their achievement of scoring centum in chemistry is exceptional and reflects their dedication and hard work.

**What specific strategies did Tarun and Giridharan employ to excel in their studies?**

Firstly, they were attentive in class and diligently listened to the tips and tricks I provided. They also made effective use of study materials and question banks. Additionally, they were open to feedback and corrections on their answers, particularly for descriptive exams.

**Could you elaborate on the importance of conceptual clarity in achieving such high scores?**

Conceptual clarity is paramount. Tarun and Giridharan didn't rely solely on memorization; instead, they focused on understanding the underlying concepts. This enabled them to approach exam questions with confidence and precision.

**How did you support them on their journey to academic excellence?**

Throughout their academic journey, I provided guidance and assistance whenever needed. Whether it was clarifying doubts or offering study strategies, I was there to support them in every step of the way.

**What advice would you give to students aspiring to achieve perfect scores in chemistry?**

I would advise students to cultivate a systematic study plan, prioritize conceptual understanding over rote memorization, and seek guidance from teachers and mentors. By following these principles, students can pave the way towards academic success, just like Tarun and Giridharan did.

### What strategies did you use to help students achieve a perfect score in Biology?

**1. Concept Clarity:** Ensuring a deep understanding of concepts from every nook and corner of the textbook rather than rote memorization was emphasized. This fundamental grasp of the subject matter was crucial for success.

**2. Quality Study Materials:** The use of quality study materials, reference books, and online resources supported comprehensive learning and understanding of complex topics.

**3. Structured Study Plan:** A well-structured study plan with regular

practice and revision sessions in the board question format was followed. Consistent practice helped in reinforcing knowledge and improving problem-solving skills.

**4. Time Management:** Effective time management skills were taught and applied, ensuring sufficient time was allocated for each topic, leading to balanced and thorough preparation.

**5. Active Classroom Participation:** Active engagement in classroom discussions, asking questions, and participating in interactive learning activities enhanced understanding and retention of the material.

**6. Regular Feedback:** Regular feedback from teachers was sought and incorporated, helping to identify and correct mistakes, leading to continuous improvement.

**7. Practice Papers and Mock Tests:** Regular practice with sample papers and mock tests familiarized students with the exam pattern, improved time management skills, and helped identify areas needing more attention.

### Department of Biology:

- Mr. Pragasam
- Ms. Divya

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