- Gurudev Sri Sri Ravishankar



SHRISHT! HERALDS

Shrishti Vidyashram Sr. Sec. School, vellore 632 014, TN

(Managed by Makhija Foundation)



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July 2025

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Students' Corner

Investiture Ceremony

The Investiture Ceremony for the academic year 2025-2026 was held on July 3, 2025. The event celebrated the appointment of new student leaders and emphasized the importance of leadership, responsibility, and teamwork.

The ceremony began with a warm welcome to dignitaries, followed by a prayer song invoking God's guidance and blessings.

After the welcome address, The Chief Guest, Mrs. Mamatha Ravi Prakash, was introduced by Coscholastic Coordinator Ms. Usha Paulson and her inspiring presence added value to the ceremony followed by the traditional lighting of the Kuthuvilakku ceremony symbolized the illumination of knowledge and wisdom. Next the new student leaders were called out by the Vice Principal of CBSE Mrs. Hephzibah Paul, and were honored with

badges and sashes by Trustee, HOS & Chief Guest marking their new roles and responsibilities. All the captains and Vice Captains were honoured by their respected House fathers and mothers. The Chief Guest's address inspired and motivated students to take on leadership roles and make a positive impact.

The Investiture Ceremony ended with a congratulation note and wishes from Executive council members.































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Edu-Talk 4.0 (Grade XII)

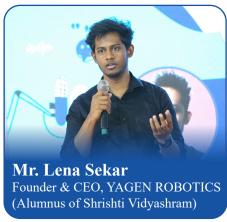
Shrishti Vidyashram organized its flagship motivational event, Edu-Talk 4.0, on Friday, 11th July 2025, exclusively for the outgoing Class XII students. The event aimed to ignite inspiration and motivation through real-life stories of perseverance, innovation, and resilience shared by accomplished professionals—including two distinguished alumni of the school.

Guest Speakers



Dr. Sandhya Pentareddy delivered the opening address, captivating the audience with a thought-provoking story about a business couple who attempted to teach profit-making strategies to a group of fishermen. Despite the couple's best efforts to introduce smarter business practices, the fishermen humbly refused, expressing that they were already content and at peace with their simple way of life. This narrative served as a powerful reminder that true wealth lies not always in material success, but in inner satisfaction and contentment.

Dr. Sandhya also reflected on her own journey in education and leadership, urging students to value their beginnings, stay focused on their goals, always act with purpose and to architect their own life. Her words resonated deeply with the students, laying the perfect foundation for the sessions that followed.



Next to speak was Mr. Lena Sekar, a proud alumnus of Shrishti, who shared his inspiring transition from a curious school student to the founder of a robotics company. He emphasized the value of innovation, courage to take risks, and the ability to adapt in a fast-paced world. His insights were a window into the future for many aspiring technocrats in the audience.



The most emotionally stirring speech came from Ms. Gayathri Ramesh, who narrated her eight-year-long journey of struggle to clear the Chartered Accountancy exams. Her candid story of repeated setbacks, unshaken determination, and eventual success stood as a living testament to perseverance. She emphasized that success often comes late, but the respect it earns lasts forever. Her story left many students deeply moved and inspired.























The session concluded with an interactive Q&A segment, where students posed thoughtful and curious questions. The speakers answered with enthusiasm and sincerity, offering valuable advice and life lessons.

Edu-Talk 4.0 was a grand success, leaving a lasting impression on the hearts and minds of the students. The stories shared reminded everyone that every setback is a setup for a comeback, and that with belief, hard work, and patience, success is inevitable.

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Inauguration of Robotics Lab



The Robotics Lab at Shrishti Vidyashram Sr Sec School was inaugurated on 17th July 2025, marking a significant step towards fostering innovation and handson learning. The event began with a prayer song and a welcome address by Ms. Bijaylaxmi, followed by the ceremonial lamp lighting by Trustee Mr. Mahadevan Venkatesh and other dignitaries. A key highlight was the impressive project demonstration by Class XI students, who showcased their robotic models with confidence. Ms. Deepika R. delivered the vote of thanks. The lab promises to be a hub for creativity, collaboration, and technological advancement.

Parent Visitation Day for Grades I–VIII

Parent Visitation Day was successfully conducted for Grades I to VIII, allowing parents to visit classrooms and observe the learning environment. The initiative was well-received, with parents appreciating the opportunity to connect more closely with their children's education.



Capacity Building Program

Mathematics

Shrishti Vidyashram Senior Secondary School hosted a Capacity Building Programme in Mathematics for the Senior Secondary level on 27 June 2025, aimed at enhancing teaching methodologies and enriching mathematical understanding among educators.

The session provided a valuable platform for teachers to engage in collaborative learning, explore innovative strategies, and strengthen conceptual clarity in Mathematics. The programme was facilitated by Mrs. Geetha Ganesh and Mr. S. Sankar, experienced resource persons who led interactive discussions, activity-based learning modules, and practical classroom approaches tailored for higher secondary learners.

The programme not only equipped educators with effective tools for curriculum delivery but also emphasized fostering analytical thinking and problemsolving skills among students.

Such initiatives reflect the school's commitment to academic excellence and continuous professional development in alignment with NEP 2020 objectives.



Active Learning

On July 5, 2025, Shrishti Vidyashram conducted a Capacity Building Programme (CBP) for teachers handling Kindergarten to Grade VIII, centered on the theme "Active Learning." The training programme aimed to enhance classroom practices and equip the teachers with effective strategies to make learning more interactive and student-centered. The resource persons, Mrs. Leline Theophilus and Mrs. Indra Vijayakumar, emphasized the importance of student engagement and active participation in the learning process. They encouraged teachers to move beyond conventional teaching methods and embrace techniques that place students at the heart of learning.

The programme featured a rich blend of discussions, hands-on activities, and live demonstrations, offering practical strategies tailored for young learners. The techniques shared focused on fostering curiosity, collaboration, and critical thinking in everyday lessons. It also created space for reflection and professional dialogue, encouraging educators to regularly assess and refine their teaching methods. Well-received by all participants, the workshop was both enriching and motivating, equipping teachers with fresh insights and tools to make learning more joyful, purposeful, and impactful for every child.



Refreshing Programme for Teachers

A Refreshing Programme was conducted for around 50 teachers of Shrishti Vidyashram on 12th July 2025, facilitated by Mr. Senthil Subramanian and Mrs. Anitha Senthil from the Art of Living Foundation. The session focused on inner happiness and well-being through practices like meditation, pranayama, and Sudarshan Kriya. Teachers were introduced to the seven levels of existence and the importance of food, sleep, and breath. The programme offered valuable insights on acceptance, emotional balance, and mindful living, leaving participants feeling relaxed, refreshed, and recharged.



KG ACTIVITES * * *

Colours Day



Colours Day is a joyful celebration that brings the vibrant world of colours into the lives of young children. It is more than just a fun dress-up event. It plays a vital role in early childhood development. Children had Red day, Green day, Yellow day, Blue day and black & White day which helped the children to express their feelings, stimulate creativity and strengthen visual perception. All the classrooms, lobby and corridor were decorated beautifuly with respective colours on Tuesdays and Thursdays for Two Weeks. All the parents and teachers cooperated enthusistically for the success of the colours day.

Food Carnival

To promote healthy eating and hands-on learning, UKG students joyfully organized a vibrant Food Carnival filled with creativity and collaboration.

The event featured four engaging stalls:

- Fruit Skewers with colourful fresh fruits
- Cucumber Boats filled with sprouts and corn
- Sandwich Station with veggie-filled cold sandwiches
- Refreshment Booth offering lemon tea, lassi, and buttermilk
- Crunchy Munchy Chaat with puffed rice and veggies

A delightful highlight was the Food Fashion Parade, where children dressed as fruits, vegetables, and snacks, spreading cheer and laughter.

The carnival nurtured healthy food choices, built motor and communication skills, and turned learning into a delicious celebration.



Blossoms of Joy



National Rose Day – 12th June Children worked collaboratively to decorate rose outlines using real rose petals. This hands-on activity transformed their classroom into a vibrant garden and encouraged teamwork.

International Yoga Day – 21st June On International Yoga Day, the tiny tots explored the world of wellness through

On International Yoga Day, the tiny tots explored the world of wellness through simple yoga asanas performed in class.





Father's Day – 15th June

In celebration of Father's Day, the children created palm-printed frames with heartfelt wishes for their fathers. These charming craftworks reflected the children's love and appreciation, making it a memorable gesture for their beloved dads.

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Schievements

Grade X - Re-evaluation Success!

We are proud to announce the updated academic achievements of our students after the re-evaluation process.



Their outstanding performance reaffirms our belief in fair evaluation and the pursuit of academic excellence.

Congratulations to all the achievers!





Congratulations to Sachith Arya J.M and M. Yeswanth Chowdary of Grade X for being selected to participate in the Prerana Program, an initiative by the Ministry of Education, to be held at Vadnagar, Gujarat, from 24th to 30th August 2025. Wishing them a meaningful and enriching experience!



A respectful achiever with a curious mind A shining example of discipline and intellect

An obedient and bright student who shows a natural willingness to help others and always maintains a positive and respectful attitude." Smart in mind, sweet in nature, sincere at heart, leads with kindness, learns with curiosity, and lives with values.



Congratulations to K. Harini of Grade - III A!

Harini made us proud by participating in the GWR Dragon Legacy Global Group World Record Attempt held on 22nd June 2025 at Bengaluru. She performed martial arts techniques continuously for 30 minutes, promoting Self-Defense Awareness and Women's Empowerment Through Martial Arts. We applaud her outstanding effort and discipline!



Congratulations to Hemanth D of Grade - XII A4

Hemanth made us proud by securing the Bronze Medal in Shot Put at the Clusters VI Athletic Tournament held at

Velammal Nexus Senior Secondary School, Karur.



Congratulations to Siddarth of Grade - V

Siddarth made a splash at the State Level Swimming Competition and has qualified for the National Level to be held in Haryana.

We're cheering him on as he dives into the next stage of excellence!



Congratulations to Sowmya, Hemganesh, and Margabandhu of Grade - XI

The trio showcased their brilliance at Techno Talentum – 25, securing the Second Prize along with a cash award of ₹6000! They stood out among participants from over 20 schools.

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STUDENTS



Make Time Count

Time is one of the most valuable things we have—and once it's gone, there's no getting it back. Whether it's finishing assignments, preparing for exams, or spending time with loved ones, everything depends on how we use our time. The way we manage it can make a big difference in how smoothly our days go. Good time management helps us avoid last-minute stress, stay organized, and be more productive. It's not about being busy all the time—it's about being smart with the time we have. The best part? When we manage time well, we have more space for hobbies, relaxation, and fun.



own it, but you can use it. You can't keep it, but you can spend it. Once you've lost it you can never get it back."

- Harvey Mackay

Here are a few easy techniques that really help:

- To-do lists to keep track of tasks
- Calendars for planning our day or week
- Pomodoro technique focus for 25 minutes, take a 5-minute break
- Eisenhower Matrix sort tasks by what's urgent and important
- Time audits check where your time goes and make changes if needed

Time management may sound simple, but it takes practice and discipline. The more we learn to manage our time, the more confident and in control we feel.

As Shakespeare said,

"Better three hours too soon than a minute too late."

So let's stop wasting time and start making it count—because time, once lost, never returns.

- Aaradhana (IXA)

Women Empowerment



Women empowerment begins at home, for every mother is a symbol of strength. She wakes up before everyone else, works without applause, and stands like a pillar even when the world around her shakes. She teaches us not just how to walk, but how to rise after every fall. Society often says that a girl must depend first on her father, then on her husband, and later on her children. But such beliefs are outdated and unjust. A girl is not someone who simply needs protection—she is someone who protects. She is not born just to follow orders—she can lead, create, heal, and inspire.

She is a daughter who carries dreams in her eyes. She is a sister who supports without seeking attention. She is a mother who gives without expecting anything in return. She is a woman who wears many hats and still remains grounded, graceful, and strong. She fights her battles in silence, smiles through her pain, and continues to give love even when the world forgets to thank her. Yet, her strength often goes unnoticed. Her sacrifices are often taken for granted.

True women empowerment is not about giving women permission—it's about giving them the respect and place they already deserve. It's about breaking the chains of stereotypes. It's about listening to her voice, valuing her choices, and celebrating her courage. To every woman who feels tired, unheard, or unrecognized—I may be just a child, but I see you. I honour you. I salute you. You are the heartbeat of every home, the light in every dark place, and the hope the world needs.

- Vaishnavi Venkatasubramaniyan (VIII E)

For Most of My Life, I've Dreamed of Becoming a Doctor

Sometimes, I find myself pausing to reflect on why this dream means so much to me. Why is becoming a doctor not just a goal, but a deep, personal feeling?

I can't really remember when this dream first took root—it feels like it's always been a part of me. It has quietly stayed with me through childhood, through the many phases of growing up, and today, it feels stronger than ever.

People often ask me, "Why do you want to become a doctor?" And honestly, it's not an easy question to answer. My heart simply wants to help—help those in pain, those in fear, and those fighting for their lives. I want to be there when hope feels distant. I want to make a real, tangible difference.

This dream isn't driven by money or status. It's not about living a luxurious life. For me, healing others is one of the noblest purposes one can have.

It's about sitting beside a grieving mother and offering her quiet comfort.

It's about giving someone more time with the people they love.

It's about holding a hand and saying, "You're not alone."

I don't have a Plan B. I don't say, "If not this, then maybe that."

Because this is it—this is my purpose.

This year, I joined Shristi CBSE. It was a new beginning for me. I stepped out of my comfort zone and into a place filled with hope, curiosity, and possibility. And here, I feel one step closer to the dream that has always lived in my heart.

- N. Hema Preethi (XI A1)



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STUDENTS























CREA CORNER

Word-O-Maze

(Confusing words)

Perspicuous - Perspicuous refers to something that is clearly expressed and easy to understand, especially in speech or writing.

Example: The teacher gave a perspicuous explanation of the concept, making it easy for everyone to follow.

Perspicacious - Perspicacious describes someone who is sharp, insightful, and quick to notice or understand things.

Example: The perspicacious detective noticed details that everyone else missed.

Idioms

Throw down the gauntlet - To challenge someone boldly or openly.

Example : The team threw down the gauntlet before the finals.

Toe the line - To conform to rules or follow expectations exactly.

Example: In group projects, everyone must toe the line to work smoothly.

- Ms. Punitha (Dept. of English)

Special Days in July





Doctor's Day (India)

Honors the contribution of doctors to society; commemorates Dr. Bidhan Chandra Roy.

July 3



International Plastic Bag Free Day

Promotes awareness about plastic pollution and encourages eco-friendly alternatives.

July 17



World Emoji Day

Celebrates the role of emojis in digital communication; based on @ emoji date.

July 20



International Chess Day

Celebrates the game of chess and its educational and cultural value.

July 22



Pi Approximation Day

Honors the mathematical constant π (pi ~ 22/7).

EACHE

Corner

Shrishti Sports Heats Let the Race Begin!

At Shrishti, we proudly begin our athletic journey with the Heats, where students from all four houses— Ganga, Kaveri, Narmada—participate Krishna and with energy and enthusiasm. Heats are preliminary rounds held before the finals, especially when there are many participants. They help us identify the best runners fairly and systematically.

Each house will have its athletes grouped into different heats based on the event category. From each heat, the top performers will qualify for the finals. This is not just about winning—it's about representing your house with pride, showing team spirit, and giving your best on the track.



Remember, every step you run is a step towards building your strength, focus, and confidence. Whether you're running for Ganga's flow, Kaveri's determination, Krishna's boldness and Narmada's strength, give it your full effort.

May the spirit of healthy competition guide us. Cheer for your house, support your teammates, and let your performance speak louder than words. All the best to every participant!

Let the heats begin—run for glory, run for your house!



Mr. Kamesh VM HOD of Physical Education

A Smart Way to See **Information**

Data visualization is the art of turning numbers and facts into pictures—like charts, graphs, or maps. Instead of reading long tables of data, you can look at a simple bar graph or pie chart to understand what's going on. It helps people quickly spot patterns, trends, and problems. For students, this can make learning easier and projects more interesting.

Imagine you're working on a science fair project tracking plant growth. Instead of writing out all the numbers, you create



a line graph showing height over time. Right away, your teacher and classmates can see which plant grew the fastest. That's the power of data visualization.

Why Is Data Visualization Important?

- Simplifies Complex Data: Large sets of numbers can be hard to understand. A colorful chart or graph shows the same information more clearly.
- Saves Time: Instead of going through rows of numbers, visuals give quick answers.
- **Improves Communication:** Whether it's a classroom presentation or a project report, using visuals helps others understand your work better.
- Tells a Story: Data visuals can lead viewers through a journey like showing how pollution levels increased or how sales dropped over months.

Where Is It Used in Real Life?

- Education: Teachers use graphs to show student progress.
- Healthcare: Hospitals track patient data to improve care.
- Sports: Coaches use performance charts to improve player training.
- Business: Companies monitor profits using dashboards.



- Mrs. Deepika R Dept. of Computer Science



Dear Students and Teachers, Send your achievements / articles / stories / art work / poems / other creative work to shnl22@shrishti.org

SHRISHTI HERALDS THE NEWSLETTER

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