

"Be like the Christmas tree; evergreen, shining, full of lights and full of gifts"  
- Gurudev Sri Sri Ravishankar



# SHRISHTI HERALDS

Shrishti Vidyashram Sr. Sec. School, Vellore 632 014, TN  
(Managed by Makhija Foundation)



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## Christmas Celebration

Shrishti Matric. Hr. Sec. School hosted a joyful Christmas Celebration on December 23, embracing the true spirit of love, peace, and goodwill through a sequence of meaningful performances and reflections.

The programme commenced with a soulful Prayer Song, "Sarva Srishtikum," which set a serene and prayerful tone for the celebration. This was followed by the Advent Illumination, a symbolic lighting ceremony signifying hope and the arrival of peace. The stage then came alive with a graceful Invocation Dance, blending devotion with artistic expression.

A reverent Bible Reading reminded everyone of the sacred significance of Christmas. This was followed by

an inspiring Christmas Message by Mrs. Hephzibah Paul (VP, CBSE) that encouraged the audience to uphold the values of love, compassion, and humanity. The atmosphere resonated with joy as students rendered melodious carols in Tamil, Hindi, English, and Telugu, reflecting cultural harmony and festive cheer. The celebration was further enriched by vibrant dance performances such as "Thanjavur Twinkle Toes" by the girls and the lively "Jingle Moves" by senior students.

The young learners added colour and excitement through the Christmas Parade, spreading cheer among the audience. A meaningful presentation titled "Heartbeats of Humanity," combined

with a beautifully enacted Nativity Scene, conveyed the message of sharing, kindness, and Sacrificial love on the cross. The celebration concluded with an energetic boys' dance, filling the auditorium with enthusiasm and applause. The programme formally ended with a Vote of Thanks by Mrs. Usha Paulson, Coscholastic Coordinator, expressing gratitude to all who contributed to the success of the event, followed by carols and Santa's Wild Ride, leaving everyone with fond festive memories.

The Christmas celebration at Shrishti Matric. Hr. Sec. School was not merely a gathering, but a heartfelt expression of unity, joy and the spirit of giving.

- Mr. John Immanuel  
(Dept. of English)



## Educational Visit to CMC Hospital, Vellore - Grade XI



The Department of Biology organised an educational visit for the Grade XI students to Christian Medical College (CMC) Hospital, Vellore on 28 November (Friday) as part of their academic exposure programme. The visit aimed to provide students with insights into modern healthcare practices, hospital management, and community health services.

The students were warmly welcomed by the Public Relations team at CMC Hospital. An informative orientation session was conducted, highlighting the hospital's rich history, core values, and its significant contribution to patient care and medical research.

As part of the visit, students were taken on a guided tour of various departments, including the Outpatient Department (OPD), Emergency and Trauma Care Unit, Diagnostic Centre (Laboratory and Radiology), General and Specialty Wards, and the Health Education Department. Medical professionals interacted with the students, explaining basic medical procedures, patient care practices, infection control measures, and the importance of hygiene in healthcare settings.

The students were particularly impressed by the advanced diagnostic technologies and the efficient patient management

system followed at the hospital. The visit helped students gain a deeper understanding of the functioning of a multi-specialty hospital and the wide range of healthcare professions.

Overall, the visit was highly informative and inspiring, motivating students to consider careers in medical and allied health sciences. The Department of Biology sincerely thanks the CMC Hospital management for their cooperation and support in making the visit a memorable learning experience.

*- Mr. Pragasam A  
Dept. of Biology*

## Community Service by Grade XI - Visit to Nambikkai Illam Orphanage



On 17 December 2025, the Grade 11 students of our school visited Nambikkai Illam, a children's orphanage located in Satuvacheri. The visit was organised with the aim of spreading joy, learning values of kindness, and understanding the importance of social responsibility. Our teachers accompanied us and shared a few moral stories with the children, focusing on values such as honesty, kindness, and generosity.

These children listened with great interest and actively interacted with us. We also spent time talking to them, which helped us understand their daily life better. The interaction created a warm and friendly atmosphere.

To make the visit more joyful, our students taught them a few simple dance steps. One of the students dressed up as Santa Claus and distributed presents, which brought smiles on their faces.

The school band also played songs using musical instruments, creating a lively and cheerful environment.

Our school also provided groceries and food items to support the orphanage. The visit was a meaningful and memorable experience for all of us. It taught us the importance of compassion, sharing, and empathy.

*- Mr. Samuel Dosson  
Dept. of Physics*

## Book Review – Grade IX



The Department of English organised a Book Review for Grade IX on 15 December 2025 at 2:00 p.m. in the Makihja Auditorium, under the guidance of Mrs. Flora, Head of the Department. The programme was efficiently compered by Ms. S. A. Chithra and Ms. Princy John. The event was honoured by the gracious presence of Mrs. Hepzibah Paul, Vice Principal; Mrs. Usha Paulson, Co-scholastic Coordinator; and Mrs. Soundarya, Secondary Coordinator, whose encouragement and support added great value to the programme.

The programme was graced by the Chief Guest and Judge, Dr. Sarika Tyagi, Professor and Associate Dean, School of Social Sciences & Languages, VIT, Vellore. She appreciated the initiative of the Department of English and commended the students for their confidence, clarity of expression, and critical understanding of literary texts.

Eight students 2 from each house Sanaa G, Nehasriya V. S., Keshika, Sanjay Khanna M. S., Shriya Vinod, Luke Dylan George, Tanishaa Devi S. A., and Sai Ananya Sree D. G. participated in it. The presented reviews from a wide range of genres, including fiction, adventure, psychological thrillers, and inspirational literature, showcasing their analytical ability and effective communication skills.

The event witnessed active participation from the audience, which made the session lively and engaging. An interactive ice-breaking activity conducted by the judge encouraged enthusiastic interaction among both participants and the audience.

Based on the overall performance, Sai Ananya Sree D. G. secured the First Place, Tanishaa Devi S. A. won the Second Place, and Sanjay Khanna M. S. was awarded the Third Place. The Event concluded with a vote of thanks delivered by Ms. Hemapriya.

Thus 'Book Review' proved to be a meaningful academic initiative that successfully promoted reading habits, critical thinking, and a deeper appreciation of literature among students.

*-Ms. Chithra  
Dept. of English*

## Historic Temple Visit Grade IX

The Grade IX students of Shrishti Vidyashram visited the Sri Lakshmi Narasimhaswamy Temple, Sholinghur, on December 1, 2025, as part of their experiential learning programme. The visit helped students relate classroom lessons to real-life history, culture, and spiritual heritage.



Students learned about the temple's ancient history, unique architecture, and the significance of the two sacred hills—Periya Malai and Chinna Malai. The visit was an enriching experience that fostered an appreciation for devotion, cultural traditions, and India's rich heritage.

*- Mrs. Nalini  
Dept. of Tamil*

## Community Service by Grade IX

Grade IX E, accompanied by three teachers, visited Sudargal Special School for mentally challenged children on 22 December 2025 as part of their community service programme. Pastor Vimal, the founder, warmly welcomed the group and led the opening prayer.

The programme featured melodious songs by our students, an enchanting dance performance by the Sudargal children, and an energetic dance by our boys, followed by a poem recitation. A joyful moment was the arrival of Santa Claus—one of our teachers in disguise—who distributed sweets to all the children.



The visit concluded with warm interactions, gratitude, and the sharing of gifts. This meaningful experience helped students realise the value of compassion and gratitude, making it a memorable and enriching visit.

*- Ms. Rejina Ruby (Dept. of English)*

## Community Service Initiative – Middle School



On 17 December 2025, the Middle School students and staff of Shrishti Vidyashram Senior Secondary School carried out a meaningful community service visit to St. Maria Theresa's Home for Children, Christianpet. The initiative was organised with the objective of nurturing values such as compassion, empathy, and social responsibility among students.

A total of 473 students and 25 teachers participated enthusiastically in the programme. The students contributed generously by donating essential

items including stationery, groceries, laundry materials, blankets, spices, oil, rice, pulses, and wheat flour. All donations were thoughtfully collected and organised in advance for the welfare of the children at the Home.

The visit was further enriched by cultural performances presented by the students, which filled the atmosphere with joy and warmth. Interactive sessions between the students, teachers, and children fostered a sense of togetherness and mutual understanding.

The experience helped students realise the significance of kindness, sharing, and gratitude. The staff of St. Maria Theresa's Home expressed their heartfelt appreciation for the school's thoughtful efforts. Overall, the visit proved to be a rewarding and memorable experience, reinforcing the school's commitment to holistic education and community engagement.

*- Ms. Naanmalar B  
Middle School Coordinator*

## World Meditation Day

World Meditation Day was celebrated on 19 December in a calm and inspiring atmosphere at our school. Students of Grades IX and XI participated in a guided meditation session led by yoga trainers Mr. Senthil and Mrs. Anitha Senthil. The programme was presided over by our Head of Schools, Mr. M. S. Saravanan.

With soft music, focused breathing, and a serene environment, students experienced deep relaxation and inner calm. The session highlighted the importance of meditation in reducing stress, improving concentration, and maintaining emotional balance. The event proved to be a meaningful initiative that promoted mindfulness and mental well-being among students.



## Class IX Celebration League Intra-School Football Match



The Class IX Celebration League, an exciting intra-school football tournament, was successfully conducted at Shrishti Vidyashram Senior Secondary School on 18 December 2025 at 3:00 p.m. The event was organised with great enthusiasm to promote sportsmanship, teamwork, and physical fitness among students.

The tournament witnessed energetic participation from four teams—Black Panthers, White Falcons, Pink Phoenix, and Sky Warriors. The matches were highly competitive, with players displaying remarkable skill, coordination, and determination on the field. The vibrant atmosphere, cheers from students, and the spirit of healthy competition

made the event truly memorable.

After a series of thrilling matches, Pink Phoenix emerged as the Winners, showcasing exceptional teamwork and strategy throughout the tournament. Black Panthers secured the Runner-up position, putting up a strong and commendable performance till the finals.

The Celebration League not only provided a platform for students to exhibit their football talents but also reinforced values such as discipline, leadership, and mutual respect. The event concluded on a joyful note, leaving participants and spectators with unforgettable memories and a renewed enthusiasm for sports.

## Visit to Krishi Vigyan Kendra - Grade IX



On 2 December 2025, the Grade IX students of Shrishti Vidyashram visited the Krishi Vigyan Kendra (KVK), Vrinjipuram as part of an educational tour to understand modern agricultural practices.

The students were warmly welcomed by the staff, and Dr. A. Gopikrishnan explained the importance of agriculture and the role of KVK in supporting farmers through scientific methods and training. He spoke about soil testing, crop rotation, organic manure, improved seeds, water conservation, and environmental concepts such as biomagnification and eutrophication. The interactive session encouraged students to ask questions and gain clarity.

Students also visited the demonstration fields, where they observed crops grown using scientific techniques, modern irrigation methods, compost preparation, and eco-friendly pest control practices.

The visit was an enriching experience that provided practical knowledge of scientific farming and helped students appreciate the vital role of agriculture and farmers in society.

- Ms. Monisha  
Dept. of Biology

## Acting Out Learning - English Through Performance



In November 2025, the Grade XI English classrooms of Shrishti Vidyashram Sr. Sec. School (CBSE) came alive as students presented dramatic enactments based on their literature lessons. The activities promoted student-centred learning, teamwork, creativity, and learner autonomy.

Students brought lessons such as The Summer of the Beautiful White Horse, Birth, Silk Road, The Adventure, The Tale of Melon City, and Mother's Day

to life through engaging performances. Each enactment reflected a strong understanding of themes, emotions, humour, and values, while encouraging collaboration and confident expression.

The initiative highlighted how learning literature through performance enriches comprehension and fosters creativity, confidence, and a joyful classroom environment.

- Mr. Mohammed Ismail R  
Dept. of English

### VIT Math Fest



Monisha and Krishitha of Grade XI A2 brought laurels to the school by participating in the VIT Math Fest and securing the Third Prize in the Poster Making competition. Their creativity, mathematical insight, and effective presentation were highly appreciated. The school congratulates them on their commendable achievement and wishes them continued success.

### IUPAC Nomenclature Activity – Grade XI A1



An interactive IUPAC Nomenclature Activity was conducted for the students of Grade XI A1 on 12 November 2025 at the CBSE Auditorium with the aim of strengthening their understanding of the systematic naming of organic compounds.

The activity focused on simplifying IUPAC rules and making organic chemistry more engaging through collaborative learning. Students

participated enthusiastically in group discussions, identifying functional groups, carbon chain lengths, and substituent positions using flashcards.

The visual and time-bound tasks created a lively and stress-free learning environment. Learners enjoyed the challenge and demonstrated improved clarity and confidence while applying nomenclature rules correctly. The

activity also promoted teamwork, communication, and analytical thinking among students. Teachers observed a noticeable improvement in students' interest and confidence in organic chemistry. Overall, the activity proved to be effective, enjoyable, and memorable, highlighting the importance of activity-based learning in enhancing conceptual understanding.

*-Mr. Manoharan  
Dept. of Chemistry*

**STAR OF THE MONTH**

**NOVEMBER**

**DHEEPAK A**  
GRADE - IX D

Best Cadet in NCC with outstanding academic excellence and patriotic spirit.  
A dedicated achiever and talented mime performer, inspiring all through active participation in every event.

*Congratulations!*

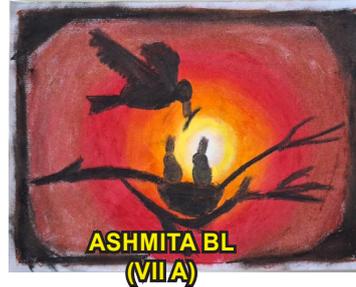
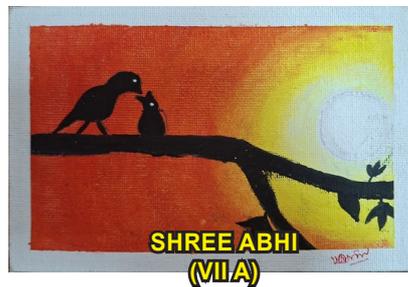
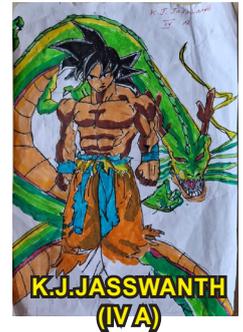


### GET IT PUBLISHED

Dear Students and Teachers,  
Send your achievements / articles / stories / art work / poems / other creative work to [shnl22@shrishti.org](mailto:shnl22@shrishti.org)

# STUDENTS

# Art Corner



## CREATIVE CORNER

### Word-O-Maze (Confusing words)

**1. Allude** - It means to refer to something indirectly or suggest something without explicitly mentioning it. It is often used when someone hints at a topic, event, or person rather than discussing it outright.

**Example :** *The author alluded to Greek mythology throughout the novel.*

**2. Elude** - It means to escape from or avoid something, often in a skillful, cunning, or clever way. It can also refer to failing to be understood by someone.

**Example :** *The thief managed to elude the police by hiding in an abandoned building.*

### Idioms

**Bite off more than you can chew** - To take on a task that is too big or difficult.

**Example :** I think I've bitten off more than I can chew by agreeing to organize two events this week.

**Hit a nerve** - To say something that upsets or hurts someone.

**Example :** Talking about her childhood seems to hit a nerve-she always changes the subject.

- Ms. Punitha (Dept. of English)

### Special Days in December

Dec  
**1**

#### World AIDS Day

Raises awareness about HIV/AIDS and promotes prevention and care.

Dec  
**9**

#### International Anti-Corruption Day

Promotes integrity and fights corruption.

Dec  
**14**

#### National Energy Conservation Day

Encourages efficient use of energy.

Dec  
**23**

#### National Farmers' Day

Honors farmers and agricultural contributions.

Dec  
**25**

#### Good Governance Day

Marks the birth anniversary of Atal Bihari Vajpayee.

# TEACHERS Corner

## Capacity Building Program

### Promoting Mental Health & Wellness

A Capacity Building Programme on the theme “Promoting Mental Health & Wellness among Students” was conducted on 06 December 2025 for the teaching fraternity from Secondary & Sr. Secondary of the school. The programme aimed to sensitise educators to the importance of students’ mental well-being and to equip them with practical strategies to support learners effectively.

The session was led by two eminent resource persons — Mr. Atul Runthala, Principal, The Indian Public School, Erode, and Mrs. Sindhu Anoop, Principal, Hosur Public School, Hosur. Both speakers shared valuable insights drawn from their rich professional experience, highlighting the role of teachers in identifying emotional challenges, creating a supportive classroom environment, and fostering positive student behaviour.



The programme was highly interactive, with engaging discussions, real-life examples, and reflective activities that encouraged active participation from the attendees. The resource persons addressed practical concerns faced by teachers and suggested simple, effective approaches to promote mental wellness in everyday school life.

Overall, the session proved to be informative, meaningful, and extremely useful, leaving participants better equipped to nurture the mental and emotional well-being of students.



## Earth at a Crossroads- Climate, Pollution & Hidden Ecosystems in 2026

Environmental science has become increasingly vital as the planet faces record-breaking temperatures, rising pollution, and newly discovered hidden ecosystems. Recent scientific findings reveal both the fragility and resilience of Earth’s systems, urging humanity to act responsibly for a sustainable future.

### A World of Rising Temperatures

Between 2023 and 2025, global average temperatures exceeded the 1.5°C threshold set by the Paris Agreement, making 2025 one of the hottest years ever recorded. This rise has resulted in frequent heatwaves, intense wildfires, stronger storms, and prolonged droughts worldwide. The main cause remains the continued increase in greenhouse gases such as carbon dioxide and methane. These changes disrupt long-established climate patterns, affecting rainfall, ocean circulation, and polar ice stability, with serious consequences for both ecosystems and human communities.

### Hidden Worlds Beneath the Earth

Some of the most fascinating discoveries have emerged from deep beneath the Earth’s surface. Scientists exploring the Arctic’s Greenland Sea recently uncovered a methane-rich ecosystem nearly 3.6 km below the seabed. This finding highlights how little we understand about deep-sea environments and their role in regulating Earth’s climate. Methane hydrates found in these regions are of particular concern, as methane is a powerful greenhouse gas that can accelerate global warming if released.

### Pollution: The Invisible Danger

Alongside climate change, chemical pollution poses a silent but severe threat. Studies show that synthetic chemicals from pesticides, pharmaceuticals, and plastics endanger nearly one-fifth of vulnerable species. Microplastics further worsen the problem by releasing chemical pollutants into water bodies, altering water quality and harming aquatic life far beyond visible plastic waste.

### Towards Sustainable Solutions

Despite these challenges, science offers hope. Advanced technologies such as satellite-based biodiversity monitoring, machine learning models, methane capture systems, regenerative desalination, and soil health innovations are paving the way toward environmental sustainability. Scientists now emphasize a “One Health” approach, recognizing the close connection between environmental health, biodiversity, and human well-being.

### A Call to Action

These findings remind us that Earth is undergoing rapid transformation. Awareness, responsible choices, and collective action are essential to protect our planet. For students and readers alike, understanding these challenges is the first step toward becoming informed and responsible global citizens.



- Mr. PRAGASAMA  
Dept. of Biology

## SHRISHTI HERALDS THE NEWSLETTER

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